

3 ทศวรรษ โรคเอดส์

จากอดีต สู่วันปัจจุบัน มุ่งมั่นอนาคต

ศาสตราจารย์ ดร.นายแพทย์นรินทร์ หิรัญสุทธิกุล

ภาพประกอบ: หนังสือสารานุกรมสุขภาพ ฉบับที่ 41 - สมาคมโรคติดต่อแห่งประเทศไทย

Crude Mortality Rates for All Causes, Non-Infectious Causes, and Infectious Diseases in USA 1900-1980

Armstrong GL. JAMA 1999;281:61-66.

ภาพประกอบ: หนังสือสารานุกรมสุขภาพ ฉบับที่ 41 - สมาคมโรคติดต่อแห่งประเทศไทย

Crude death rate for infectious diseases - United States, 1900 - 1996

*Per 100,000 population per year.
¹Adapted from Armstrong GL, Conn LA, Pinner RW. Trends in infectious disease mortality in the United States during the 20th century. JAMA 1999;281:61-6.
²American Water Works Association. Water chlorination principles and practices: AWWA manual M20. Denver, Colorado: American Water Works Association, 1973.

U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

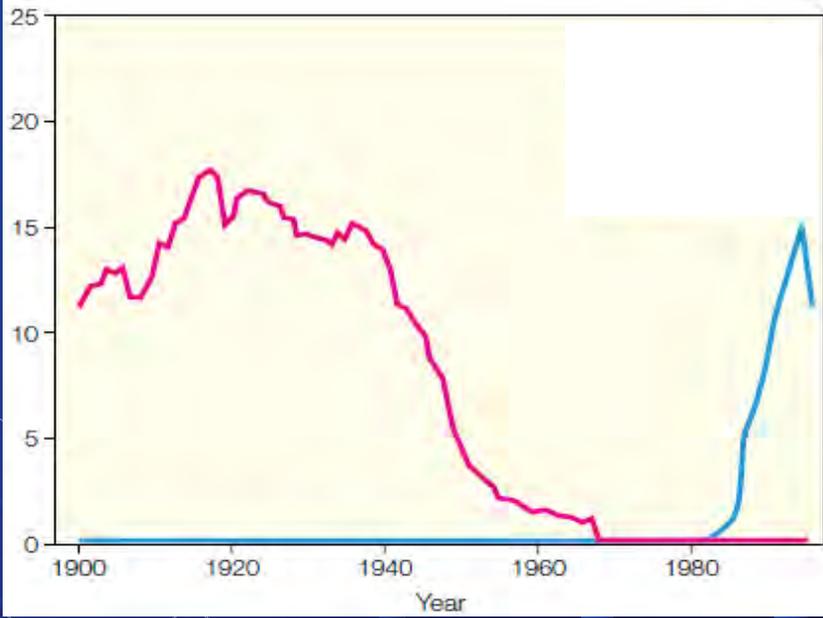




“ It’s time to close the book on infectious diseases, declare the war against pestilence won , and shift national resources to such chronic problems as cancer and heart disease.”

- US Surgeon General William H. Stewart, 1967

ภาพประกอบ: หนังสือสารานุกรมสุขภาพ ฉบับที่ 41 - สมาคมโรคติดต่อแห่งประเทศไทย

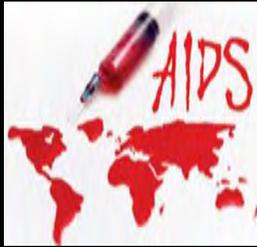


Armstrong GL. JAMA 1999;281:61-66.



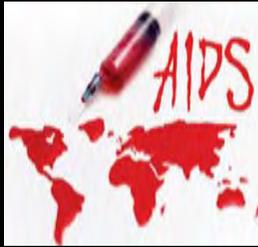
โรคเอดส์...โรคไร้พรมแดน

- ❑ เหตุการณ์และพัฒนาการที่สำคัญ
- ❑ สถานการณ์และแนวโน้ม
- ❑ ความก้าวหน้าด้านการรักษา
- ❑ การหายจากโรคเอดส์ (?)
- ❑ มุ่งสู่ทศวรรษที่4



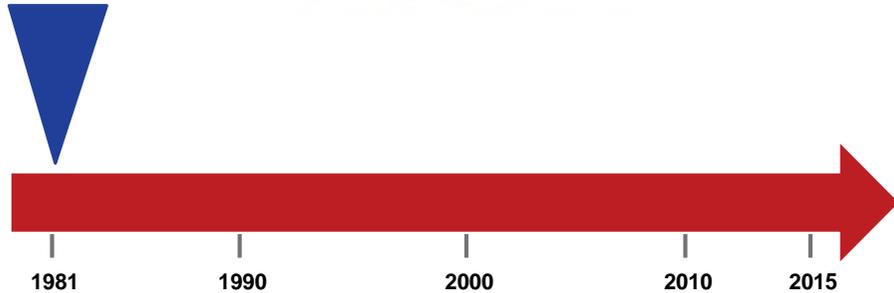
โรคเอดส์...โรคไร้พรมแดน

- ❑ เหตุการณ์และพัฒนาการที่สำคัญ



34 Years of HIV/AIDS

AIDS



การประสูติหน่วยวิชากรมประจําที่ 41 - มหาวิทยาลัยมหิดล

CONFIDENTIALITY ENDANGERED? / Halberstadt (P.9)
 NEW YORK
NATIVE
 Summer Likes It Hot
 Native Fashions
 by Chris Miller 2P.20

May 18, 1981



Lawrence D Mass
(Born 1946)

CENTERS FOR DISEASE CONTROL
MMWR
 MORBIDITY AND MORTALITY WEEKLY REPORT

June 5, 1981
Pneumocystis Pneumonia - Los Angeles
 In the period October 1980 - May 1981, 5 young men, all active homosexuals, were treated for biopsy-confirmed *Pneumocystis carinii* pneumonia at 3 different hospitals in Los Angeles, California. Two of the patients died. All 5 patients had laboratory-confirmed previous or current cytomegalovirus (CMV) infection and parotid mucosal infection. Case reports of these patients follow.

July 4, 1981
Kaposi's Sarcoma and Pneumocystis Pneumonia Among Homosexual Men - New York City and California
 During the last 30 months, Kaposi's sarcoma (KS), an uncommonly reported malignancy in the United States, has been diagnosed in 24 homosexual men (20 in New York City (NYC) and 4 in California). The 24 patients range in age from 24-51 years (mean 39 years). Eight of these patients died (7 in NYC and 1 in California) - all 8 within 24 months after KS was diagnosed.

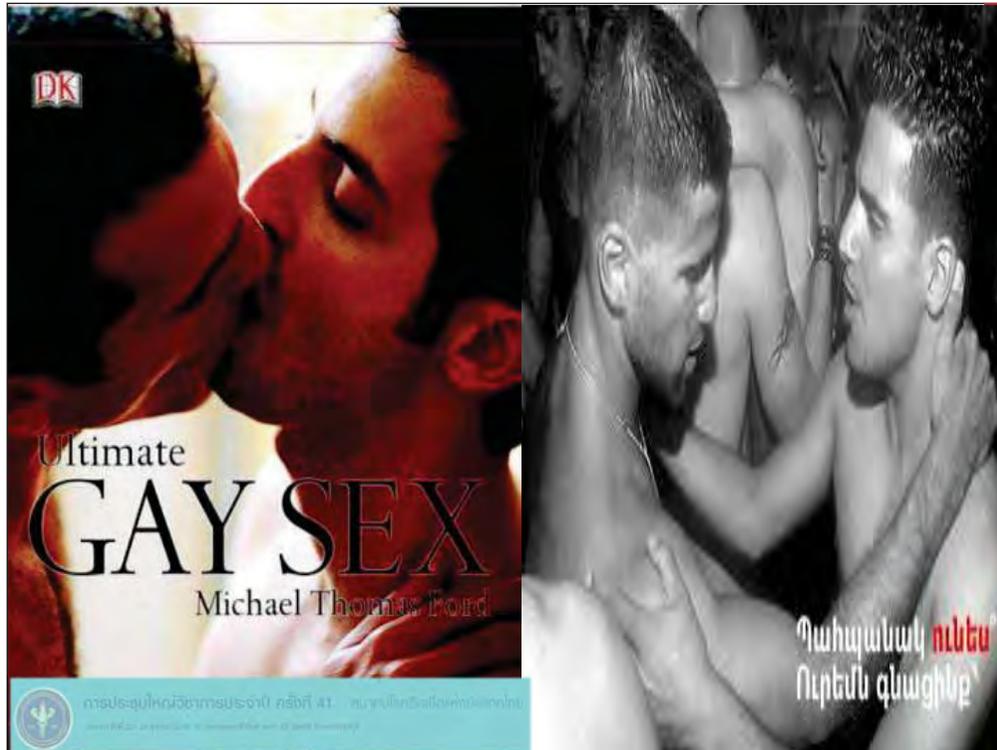
The Washington Post

August 30, 1981
2 Mysterious Diseases Killing Homosexuals

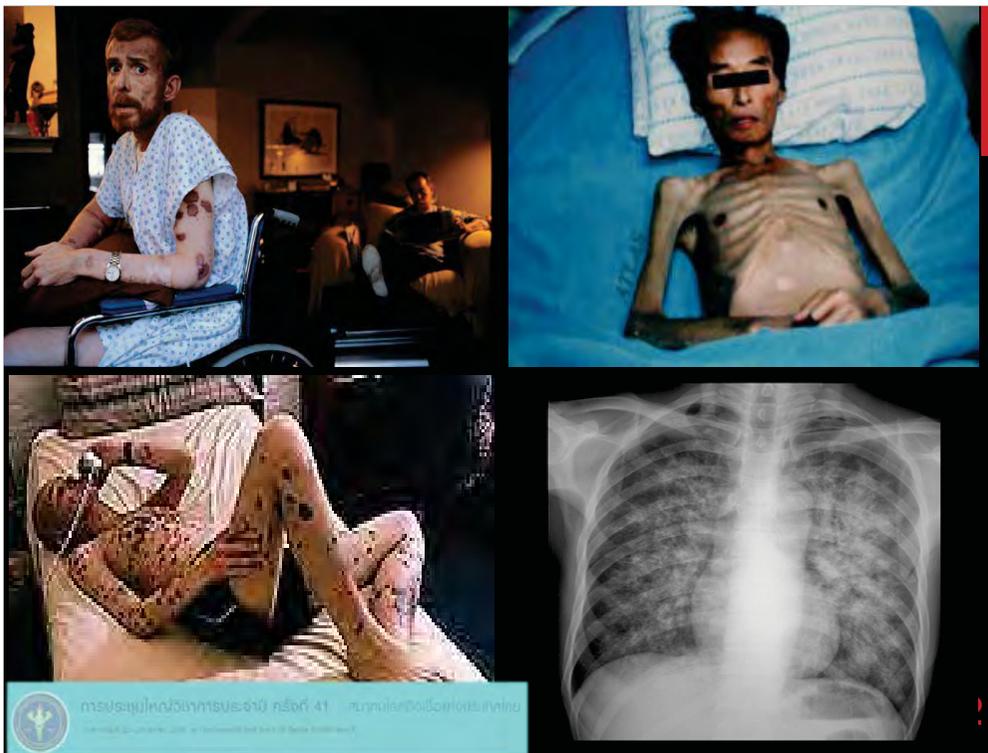
By Philip J. Hiltz
 Two rare diseases have suddenly struck more than 100 homosexual men in the United States and killed nearly half of them, in a medical mystery that appears to be on the scale of the toxic shock syndrome or Legionnaire's disease.

เดือนมิถุนายน พ.ศ.2524 ศูนย์ควบคุมโรคแห่งสหรัฐอเมริกาได้รับรายงานจากนครลอสแอนเจลิส รัฐแคลิฟอร์เนีย ว่ามีชายหนุ่มรักร่วมเพศ 5 คนป่วยเป็นปอดบวมจากเชื้อนิวโมซิสติส คาริณีไอ 1 เดือนต่อมา มีรายงานจากนิวยอร์กและแคลิฟอร์เนียว่ามี หนุ่มรักร่วมเพศอีก 26 รายป่วยเป็นมะเร็งแคโปซิซาร์โคมา

ต่อมามีผู้ป่วยอีกหลายรายเป็นโรคปอดบวม และติดเชื้อฉวยโอกาส ชายหนุ่มที่ป่วยทุกรายไม่มีโรคประจำตัวและไม่เคยได้รับการระบบภูมิคุ้มกัน ทุกราย พบว่าการทำงานของเซลล์ที่มีหน้าที่เกี่ยวข้องกับภูมิคุ้มกันบกพร่อง แม้ว่าจะได้รับการรักษาอย่างเต็มที่ ทุกรายเสียชีวิตในเวลาอันรวดเร็ว



การประสูติหน่วยวิชากรมประจําที่ 41 - มหาวิทยาลัยมหิดล



มหาวิทยาลัยมหิดลบูรพาวิทยา 41 สานักโรคติดต่อและโรคเขตร้อน

This Week's Citation Classic

CC, NUMBER 8
FEBRUARY 23, 1987

Barré-Sinoussi F, Chermann J C, Rey F, Nugeyre M T, Chamaret S, Gruest J, Dautaget C, Astier-Brisot C, Vézina-Bruot F, Roques C, Brunaud W & Montagnier L. Isolation of a T-lymphotropic retrovirus from a patient at risk for acquired immune deficiency syndrome (AIDS). *Science* 220:868-71, 1983. [Dept. Virologie, Inst. Pasteur, Lab. Cent. Virologie, Hôp. Claude Bernard, and Dèp. Santé Publique et Médecine Tropicale, Hôp. La Pitié-Salpêtrière, Paris, France]

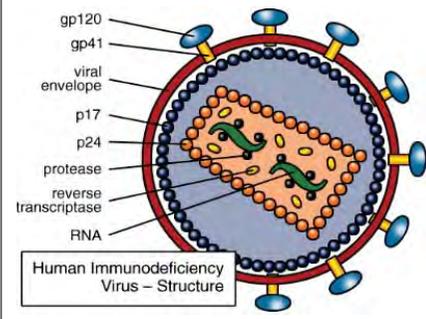
This paper describes the isolation of the lymphadenopathy AIDS virus, obtained from a homosexual male presenting with lymphadenopathy. Antibodies to this virus were found in two patients' sera. This new retrovirus, not related to HTLV-I, was T-lymphotropic and produced a decline of lymphocyte population (demonstrating a cytopathic effect). [The SCRP indicates that this paper has been cited in over 615 publications.]

Françoise Barré-Sinoussi
Jean-Claude Chermann
Luc Montagnier
Viral Oncology Unit
Institut Pasteur
75724 Paris
France

December 11, 1986

In 1983, when we published our first evidence for the role of a new retrovirus in AIDS and associated symptoms, the viral etiology of AIDS was already acknowledged by researchers in the field. However, the idea that our viral isolate was a new retrovirus that might be the cause of the disease was not very well accepted until it was confirmed one year later by other laboratories. For several years, our laboratory had been involved in researching animal retroviruses and the control of retrovirus expression. In 1982 we were studying the presence of retrovirus related to mouse mammary tumor virus or M-MTV-related sequences in lymphocytes of patients with breast cancer.¹ Thus, in January 1983, when we decided to look for a retrovirus as a possible cause of AIDS, our laboratory was technically well placed to carry out such a study. For our first attempt, we looked for a retrovirus produced by T lymphocytes, which were known to be affected by the disease. But we did not start with a preconceived idea about which retrovirus, if any, we would find. In order to be in the best situation for such an attempt and in collaboration with clinicians, we decided to study a man at risk for the disease, but who was not immunosuppressed: in such a case, the target cells for the etiologic agent should still be present. We added antihuman interferon serum to the target-cell cultures since, in earlier studies, we had shown control of retrovirus production by endogenous interferon produced by cells.² A retrovirus was detected in our T-lymphocyte cultures' supernatant as early as two weeks after the beginning of the experiment, and, surprisingly, the virus-producing cell culture was dying. At that time, we thought that this virus might be a new one, so we were very eager to propagate it and not to lose it. However, we were rapidly successful in the infection of normal T cells from a healthy donor and from cord blood. This allowed us to study this virus in more detail, to confirm its new characteristics and to develop serologic tests. Since the first discovery, this new retrovirus, named Lymphadenopathy Associated Virus (LAV) and also Human T-lymphotropic Virus type III (HTLV-III) and ARV (AIDS related virus) by others, has been recognized by the scientific community as the etiologic agent of AIDS. This virus is also called Human Immunodeficiency Virus (HIV). Thus, this paper is highly cited because it provided evidence for the role of a new human retrovirus in AIDS. It is satisfying to see researchers recognizing the contributions of our group to the field in which we continue to work.^{3,4,5}

1. Crepiti M, Lázarević R, Chermann J C, Puillart P, Magliozzi H & Montagnier L. Sequences related to mouse mammary tumor virus genome in tumor cells and lymphocytes from patients with breast cancer. *Biochem Biophys Res Commun* 118:124-31, 1984.
2. Barré-Sinoussi F, Montagnier L, Lázarević R, Simeoni J, Wood J & Chermann J C. Subinactivation of retrovirus production by anti-interferon serum. *Ann Inst Pasteur Microbiol* 138B:364-7, 1979.
3. Montagnier L, Chermann J C, Barré-Sinoussi F, Chamaret S, Gruest J, Nugeyre M T, Rey F, Dautaget C, Astier-Brisot C, Vézina-Bruot F, Roques C, Brunaud W, Gluckman J C, Rimeux P, Vignier E, Garbino C, Fover-Gaillard C, Brunet J B. A new human T-lymphotropic retrovirus: characterization and possible role in lymphadenopathy and acquired immune deficiency syndrome. *Cell* 38:21-8, 1982.
4. Chermann J C, Barré-Sinoussi F & Montagnier L. A new human retrovirus associated with acquired immunodeficiency syndrome (AIDS) or AIDS-related complex. [Dool R Y & Barker L F, eds.] *Infection, immunity, and blood transfusion: proceedings of the XVth Annual Scientific Symposium of the American Red Cross, Washington, DC, May 9-11, 1984*. New York: Liss, 1985; p. 329-42.
5. Garfield E. The most-cited 1984 life sciences articles highlight AIDS research. *Current Contents* 4(9):1-15, 8 December 1986.



Discovery of HIV

From the earliest reports of a new disease, scientists around the world focused their efforts on finding the cause of AIDS. They circulated information informally; they held meetings to exchange ideas; and they published promising findings. A pioneer in this effort was Dr. Robert Gallo of the National Cancer Institute, who only recently had discovered the first two human retroviruses, HTLV-I and HTLV-II. In 1984, research groups led by Dr. Gallo, Dr. Luc Montagnier at the Pasteur Institute in Paris, and Dr. Jay Levy at the University of California, San Francisco, all identified a retrovirus as the cause of AIDS. Each group called the virus by a different name: HTLV-III, LAV, and ARV, respectively. As has happened many times in scientific history, contention emerged about who had been first. In 1987, the president of the United States and the prime minister of France announced a joint agreement on the issue—the first time a medical research question had reached this level of political negotiation. More importantly, the identification of that virus, renamed human immunodeficiency virus, or HIV, provided a specific target for blood-screening tests and for scientists around the world conducting research to defeat AIDS.



Luc Montagnier
Researcher

Luc Antoine Montagnier is a French virologist and joint recipient with Françoise Barré-Sinoussi and Harald zur Hausen of the 2008 Nobel Prize in Physiology or Medicine for his discovery of the human immunodeficiency virus. Wikipedia

Born: August 18, 1932 (age 82), Chabris, France

Robert Gallo
Researcher

Robert Charles Gallo is an American biomedical researcher. He is best known for his role in the discovery of the human immunodeficiency virus as the infectious agent responsible for acquired immune... Wikipedia

Born: March 23, 1937 (age 77), Waterbury, Connecticut, United States



Françoise Barré-Sinoussi

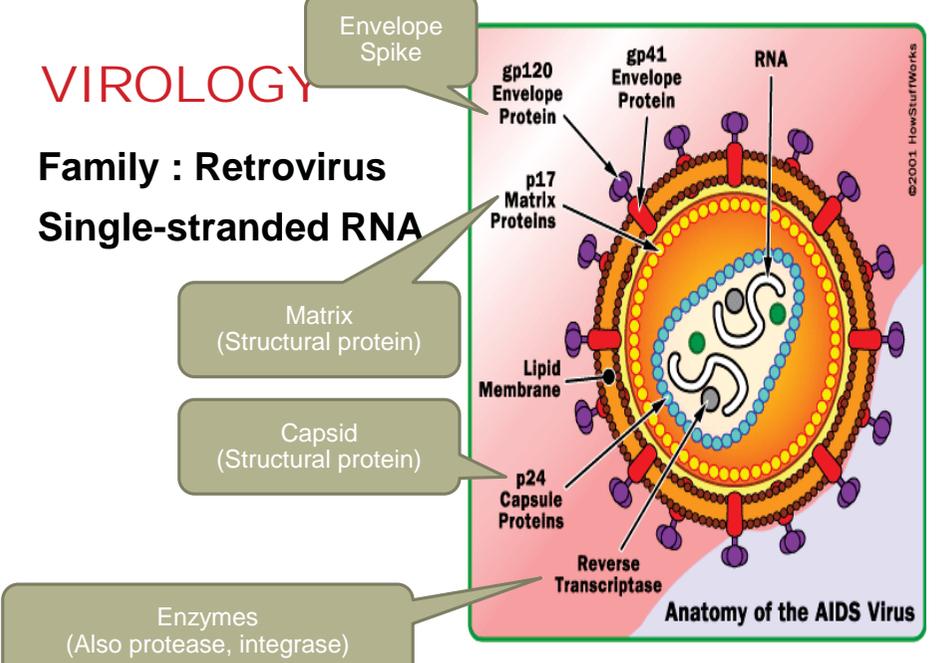
Françoise Barré-Sinoussi is a French virologist and director of the Regulation of Retroviral Infections Division at the Institut Pasteur in Paris, France. Wikipedia

Born: July 30, 1947 (age 67), Paris, France

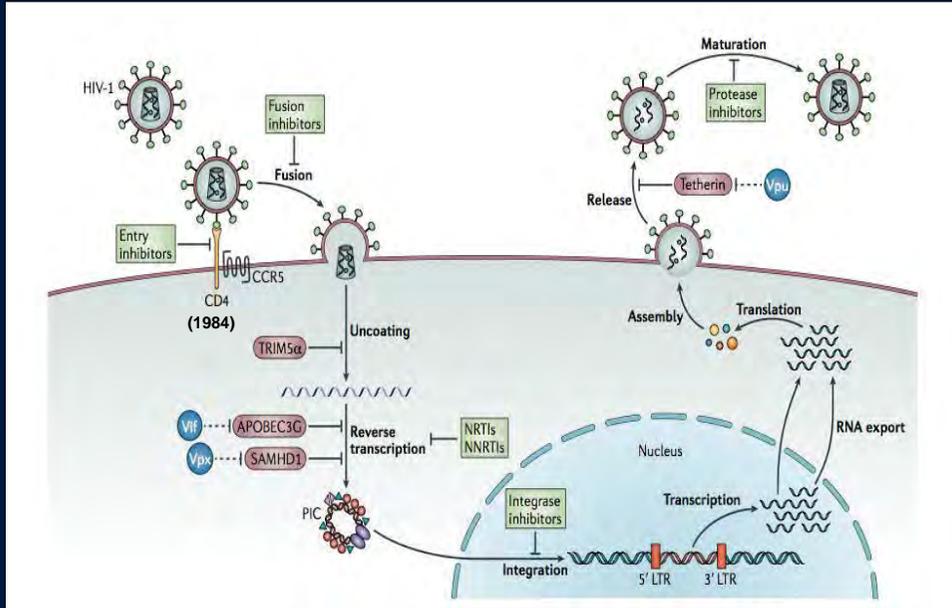
VIROLOGY

Family : Retrovirus

Single-stranded RNA

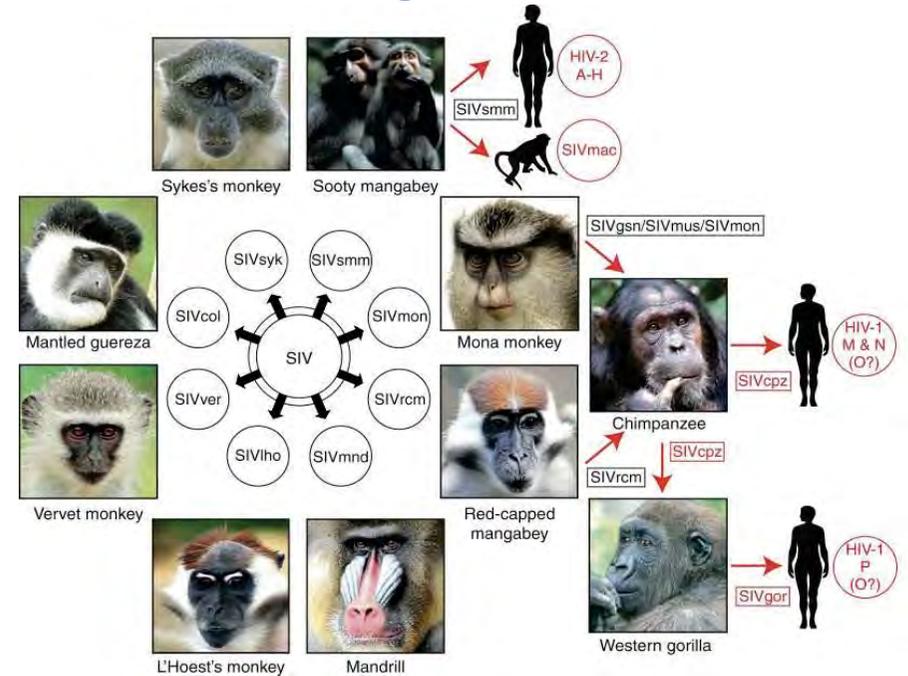


Schematic Overview of HIV Replication Cycle

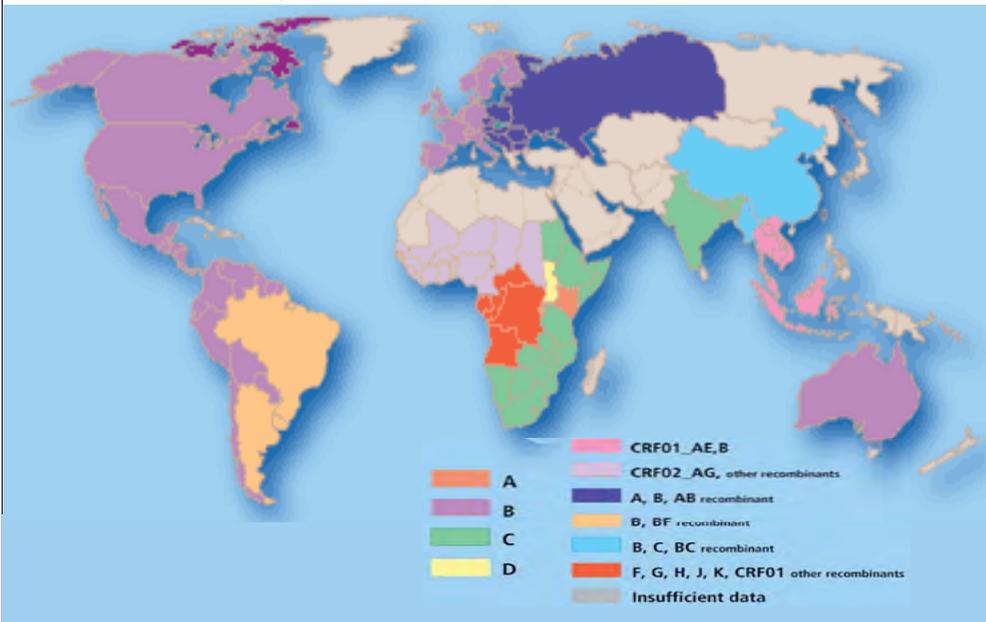


Barré-Sinoussi F, Ross AL, Delraissy JF. Nat Rev Microbiol 2013; 11:887-883.

Origin of HIV



Regional Epidemic Patterns of Subtypes and Recombinants of HIV



This collage includes a portrait of Rock Hudson, a magazine cover for Newsweek featuring 'AIDS' as the main headline, and a newspaper clipping titled 'EXCLUSIVE ROCK HUDSON: The REAL Story Shocking Reason He Hid AIDS For a Year'. The clipping includes the sub-headline 'Linda Evans & Dynasty Cast Terrified - He Kissed Her on Show' and the main headline 'Actor Rock Hudson is dead'. The text in the clipping discusses Hudson's death, his diagnosis with AIDS, and the impact of his illness on the entertainment industry.

CONFIDENTIALITY ENDANGERED? / Halberstadt (P. 9)

NEW YORK Summer Likes It Hot Native Fashions by Chris Hulse (P. 30)

AZT

AZT is not a cure for AIDS. AZT's alleged benefits are not backed up by hard data, and are not sufficient to compensate for the drug's known toxicities. Recovery from AIDS will come from strengthening the body, not poisoning it. Do not take, prescribe, or recommend AZT.

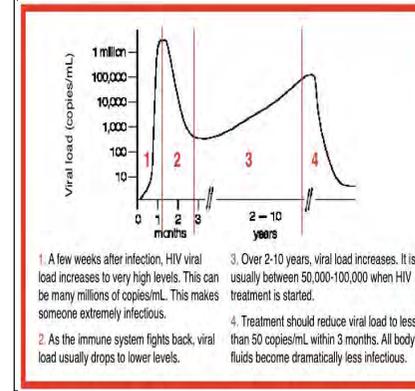
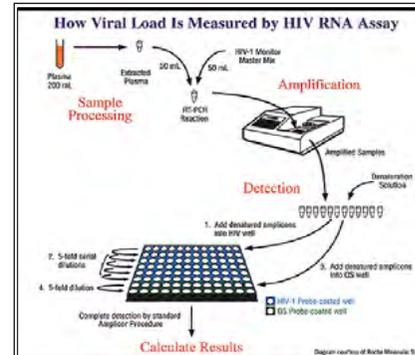
— John Lauritsen (P. 14)




The Impact of AIDS on the San Francisco Gay Men's Chorus



กรมส่งเสริมการค้าระหว่างประเทศ กระทรวงพาณิชย์ กรุงเทพฯ 41 - สำนักงานส่งเสริมการค้าระหว่างประเทศ



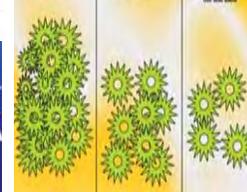
High Levels of HIV-1 in Plasma During All Stages of Infection Determined by Competitive PCR

M. Piatak, Jr., M. S. Saag, L. C. Yang, S. J. Clark, J. C. Kappes, K.-C. Luk, B. H. Hahn, G. M. Shaw, J. D. Lifson*

Quantitative competitive polymerase chain reaction (QC-PCR) methods were used to quantify virion-associated human immunodeficiency virus type-1 (HIV-1) RNA in plasma from 66 patients with Centers for Disease Control stage I to IVC1 infection. HIV-1 RNA, ranging from 100 to nearly 22,000,000 copies per milliliter of plasma (corresponding to 50 to 11,000,000 virions per milliliter), was readily quantified in all subjects, was significantly associated with disease stage and CD4+ T cell counts, and decreased by as much as 235-fold with resolution of primary infection or institution of antiretroviral therapy. Plasma virus levels determined by QC-PCR correlated with, but exceeded by an average of 60,000-fold, virus titers measured by endpoint dilution culture. Quantitation of HIV-1 in plasma by QC-PCR may be useful in assessing the efficacy of antiretroviral agents, especially in early stage disease when conventional viral markers are often negative.

Examples of viral load levels

High For example, greater than or equal to 100,000 copies/mL	Low For example, greater than or equal to 10,000 copies/mL	Undetectable For example, when less than 400 or less than 50 copies/mL, depending on the test used
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SCIENCE • VOL. 259 • 19 MARCH 1993

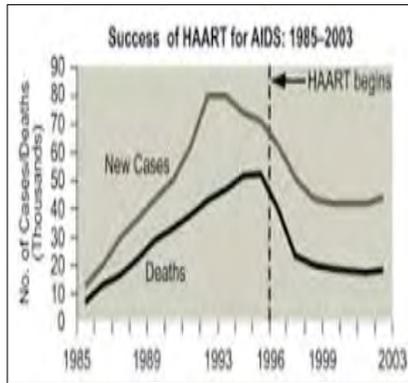


Vancouver 1996: Highly Active Antiretroviral Therapy Highlighted at IAS

Treatment with Indinavir, Zidovudine, and Lamivudine in Adults with Human Immunodeficiency Virus Infection and Prior Antiretroviral Therapy
 NN Guzik, JH Condra, et al.

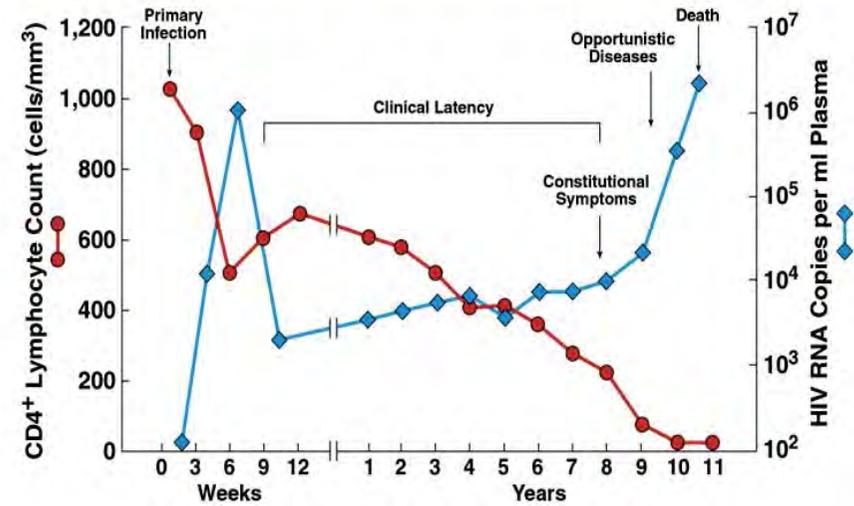
A Randomized, Double-blind Trial Comparing Combinations of Nevirapine, Didanosine, and Zidovudine for HIV-infected Patients: the INCAS Trial, Italy, The Netherlands, Canada and Australia Study
 JH Montaner, JM Lange, et al.

A Controlled Trial of Two Nucleoside Analogues plus Indinavir in Persons with Human Immunodeficiency Virus Infection and CD4 Cell Counts of 200 per Cubic Millimeter or Less
 BM Hammer, JC Cook, et al. for the AIDS Clinical Trials Group 240 Study Team



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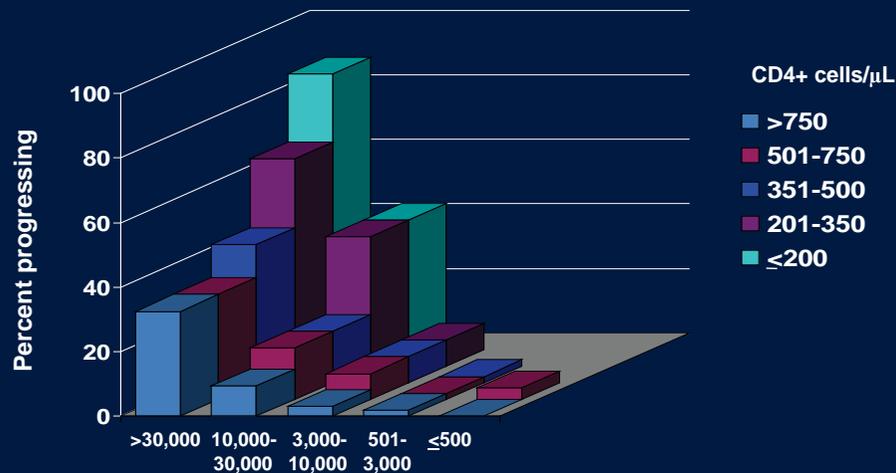
Typical Course of Untreated HIV Infection



Modified From: Fauci, A.S., et al, Ann. Intern. Med., 124:654, 1996

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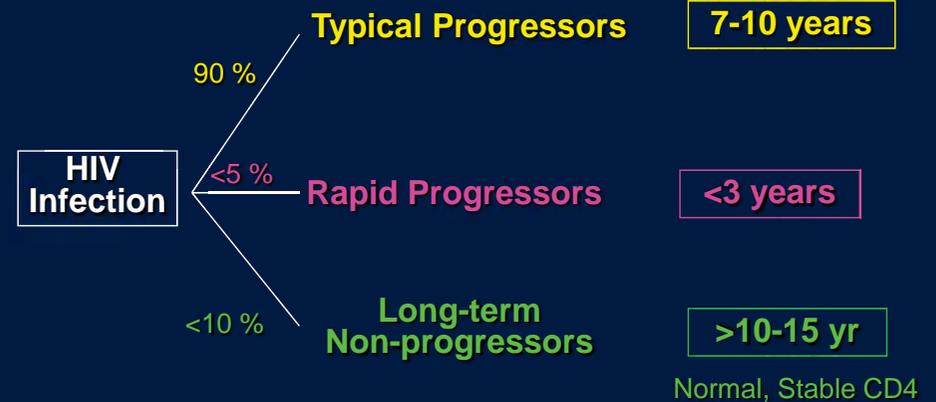
Likelihood of Developing AIDS in 3 Years



Adapted from: Mellors J et al. Ann Intern Med. 1997



Patterns of HIV Disease Progression



โรคเอดส์...โรคไร้พรมแดน

☐ เหตุการณ์และพัฒนาการที่สำคัญ

☐ สถานการณ์และแนวโน้ม



Global estimates for adults and children | 2013

People living with HIV 35.0 million [33.2 million – 37.2 million]

New HIV infections in 2013 2.1 million [1.9 million – 2.4 million]

Deaths due to AIDS in 2013 1.5 million [1.4 million – 1.7 million]

New HIV infection ~ 5,753 cases / day

~ 240 cases/ hour

~ 4 cases/ minute

Source: UNAIDS



Regional HIV and AIDS statistics and features | 2013

	Adults and children living with HIV	Adults and children newly infected with HIV	Adult prevalence (15-49) [%]	Adult & child deaths due to AIDS
Sub-Saharan Africa	24.7 million [23.5 million – 26.1 million]	1.5 million [1.3 million – 1.6 million]	4.7% [4.4% – 4.9%]	1.1 million [1.0 million – 1.3 million]
Middle East and North Africa	230 000 [160 000 – 330 000]	25 000 [14 000 – 41 000]	0.1% [<0.1% – 0.2%]	15 000 [10 000 – 21 000]
Asia and the Pacific	4.8 million [4.1 million – 5.5 million]	350 000 [250 000 – 510 000]	0.2% [0.2% – 0.2%]	250 000 [210 000 – 290 000]
Latin America	1.6 million [1.4 million – 1.8 million]	94 000 [71 000 – 170 000]	0.4% [0.4% – 0.6%]	47 000 [39 000 – 75 000]
Caribbean	250 000 [230 000 – 280 000]	12 000 [9 400 – 14 000]	1.1% [0.9% – 1.2%]	11 000 [8 300 – 14 000]
Eastern Europe and Central Asia	1.1 million [980 000 – 1.3 million]	110 000 [86 000 – 130 000]	0.6% [0.6% – 0.8%]	53 000 [43 000 – 69 000]
Western and Central Europe and North America	2 300 000 [2.0 million – 2.6 million]	88 000 [44 000 – 160 000]	0.3% [0.3% – 0.5%]	27 000 [23 000 – 34 000]
TOTAL	35.0 million [33.2 million – 37.2 million]	2.1 million [1.9 million – 2.4 million]	0.8% [0.7% - 0.8%]	1.5 million [1.4 million – 1.7 million]

The ranges around the estimates in this table define the boundaries within which the actual numbers lie, based on the best available information.

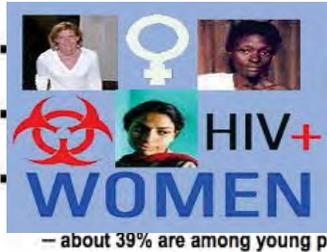
Source: UNAIDS



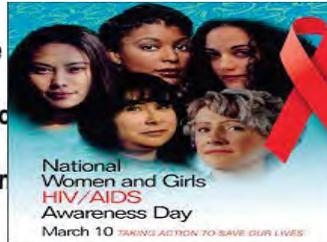
Global HIV Burden, UNAIDS 2013

	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
People living with HIV	29.8 million [28.1-31.9 million]	30.7 million [29.0-32.7 million]	31.4 million [29.7-33.3 million]	31.8 million [30.2-33.7 million]	32.1 million [30.5-34.0 million]	32.4 million [30.8-34.3 million]	32.7 million [31.2-34.6 million]	33.1 million [31.5-34.9 million]	33.4 million [31.8-35.2 million]	33.8 million [32.2-35.6 million]	34.2 million [32.5-36.2 million]	34.6 million [32.8-36.6 million]	35.0 million [33.2-37.2 million]
New HIV Infections (Total)	3.4 million [3.3-3.6 million]	3.3 million [3.1-3.5 million]	3.1 million [3.0-3.3 million]	3.0 million [2.8-3.2 million]	2.9 million [2.7-3.1 million]	2.8 million [2.6-3.0 million]	2.7 million [2.5-2.9 million]	2.6 million [2.4-2.8 million]	2.5 million [2.3-2.7 million]	2.5 million [2.3-2.7 million]	2.4 million [2.2-2.6 million]	2.2 million [2.0-2.5 million]	2.1 million [1.9-2.4 million]
New HIV Infections (adults)	2.9 million [2.7-3.0 million]	2.7 million [2.5-2.9 million]	2.6 million [2.4-2.7 million]	2.4 million [2.2-2.6 million]	2.3 million [2.1-2.5 million]	2.2 million [2.0-2.4 million]	2.2 million [2.0-2.4 million]	2.2 million [2.0-2.4 million]	2.1 million [1.9-2.3 million]	2.1 million [1.9-2.3 million]	2.1 million [1.9-2.3 million]	2.0 million [1.8-2.2 million]	1.9 million [1.7-2.1 million]
New Infections (children)	580 000 [530 000-630 000]	580 000 [540 000-620 000]	580 000 [540 000-620 000]	570 000 [520 000-620 000]	550 000 [510 000-590 000]	520 000 [480 000-560 000]	490 000 [450 000-530 000]	460 000 [420 000-500 000]	400 000 [370 000-430 000]	360 000 [330 000-390 000]	330 000 [290 000-370 000]	270 000 [240 000-300 000]	240 000 [210 000-270 000]
AIDS-related deaths	2.0 million [1.8-2.2 million]	2.1 million [2.0-2.4 million]	2.3 million [2.1-2.5 million]	2.4 million [2.2-2.6 million]	2.4 million [2.2-2.6 million]	2.3 million [2.1-2.5 million]	2.2 million [2.0-2.4 million]	2.1 million [1.9-2.3 million]	2.0 million [1.8-2.1 million]	1.9 million [1.8-2.1 million]	1.8 million [1.7-2.0 million]	1.7 million [1.5-1.8 million]	1.5 million [1.4-1.7 million]
People accessing treatment									5.2 million	7.4 million	9.0 million	10.6 million	12.9 million (37%, 24%)
Resources		US\$ 3.8 billion	US\$ 4.6 billion	US\$ 5.7 billion	US\$ 7.4 billion	US\$ 8.8 billion	US\$ 10.5 billion	US\$ 14.6 billion	US\$ 15.5 billion	US\$ 15.6 billion	US\$ 17.1 billion	US\$ 18.9 billion	US\$19.1 billion

About 6,300 new HIV infections a day in 2012



middle-income
under 15 years old
aged 15 years and over



National Women and Girls' HIV/AIDS Awareness Day
March 10 TAKING ACTION TO SAVE OUR LIVES

— about 39% are among young people (15-24)

DID YOU KNOW?

= 4.4 case / minute



Estimated number of new HIV infections in Thailand by year and changing mode of transmission MOPH Surveillance



Spouse: heterosexual transmission of HIV in cohabiting partnerships;
SW: HIV transmission through sex work
IDU: HIV transmission through injecting drug use; MTCT: mother to child transmission of HIV

Source: Thai Working Group on HIV/AIDS Projections, 2001
2004 Report on the Global AIDS Epidemic (Fig 4)

ปีพ.ศ.

2527

พบผู้ติดเชื้อเอดส์ รายแรก
เข้าใจว่า มาจากชายรักช่่วงเพศเท่านั้น

2530-2531

พบผู้ติดเชื้อเอดส์ในกลุ่มผู้ฉีดยาเสพติด
เพิ่มขึ้นอย่างรวดเร็ว โดยติดจากการใช้เข็มและ
หลอดฉีดยาร่วมกัน

2532

พบผู้ติดเชื้อเอดส์ ในกลุ่มผู้ค้าบริการทางเพศสูงขึ้น



Table 1: Key figures of HIV estimation, Thailand

UNAIDS; Thailand progress reports 2014

22-23 cases/day
~ 1 cases/hour

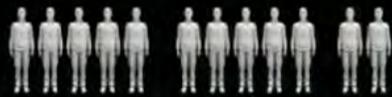
Estimated Number	2000	2005	2011	2013	
New infections in adult people *	28,241	15,266	9,503	8,134	- 71%
New infections in adult women *	15,716	7,237	2,919	2,235	- 86%
Annual AIDS mortality in adult people *	55,079	30,805	19,511	20,962	- 62%
Annual AIDS mortality in adult women *	12,036	7,153	6,133	6,282	- 48%
Adult people living with HIV *	676,005	544,743	475,638	451,258	
Adult women living with HIV *	217,860	212,351	204,767	193,965 (43%)	
New infections in children <15 years **	1,378	748	176	122	- 91%
Annual mortality among children < 15 years**	452	406	173	158	- 65%
Children < 15 years living with HIV**	7,836	11,065	9,709	8,430	
Total population (million)	60.6	63.1	64.1	64.5	

* Estimated from Asian Epidemic Model ** Estimated from Spectrum

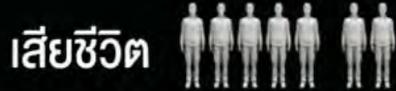
สถานการณ์ ผู้ติดเชื้อเอชไอวี ในประเทศไทย

ในรอบ 30 ปีที่ผ่านมา

ไทยมีผู้ติดเชื้อที่เป็นผู้ใหญ่สะสมทั้งหมด



1,200,000 คน



เสียชีวิต กว่า 700,000 คน



การประเมินทศวรรษข้างหน้า ปี 2010-2030 รายงานโดยศูนย์เฝ้าระวังสถานการณ์ฯ

คาดว่าในปี 2557 นี้ สถานการณ์ภาพรวมดีขึ้น
มีผู้ติดเชื้อเดิมและยังมีชีวิต ทั้งหมด



446,154 คน

ในจำนวนนี้เป็นเด็กอายุน้อยกว่า 15 ปี



7,525 คน

ผู้ติดเชื้อรายใหม่ เฉลี่ยวันละ 22 คน



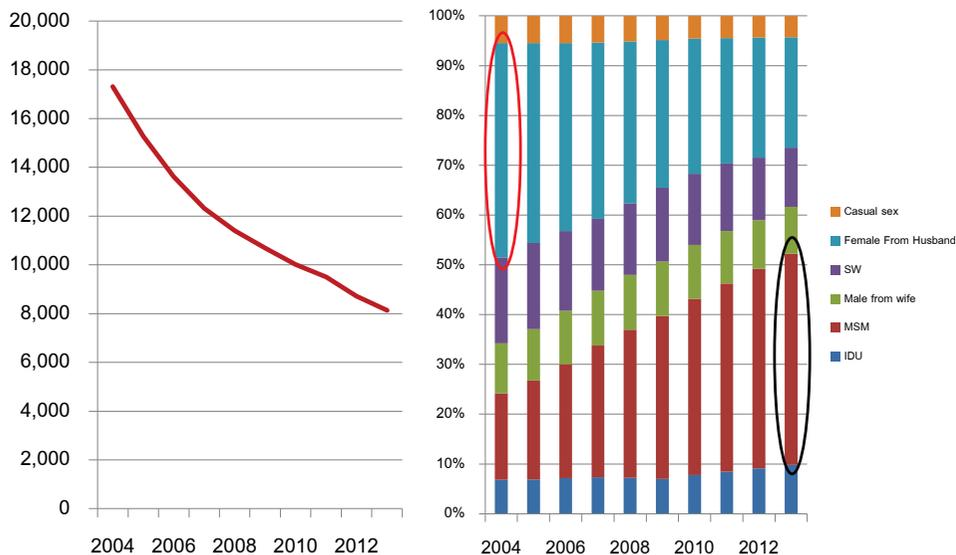
98% เป็นผู้ใหญ่

เด็ก 104 คน

ผู้เสียชีวิตมีประมาณวันละ 56 คน

ถือเป็นสัญญาณโรคที่ตัวอัตราการเพิ่มของผู้ติดเชื้อได้ลดลงแล้ว

การคาดประมาณจำนวนผู้ติดเชื้อเอชไอวีรายใหม่



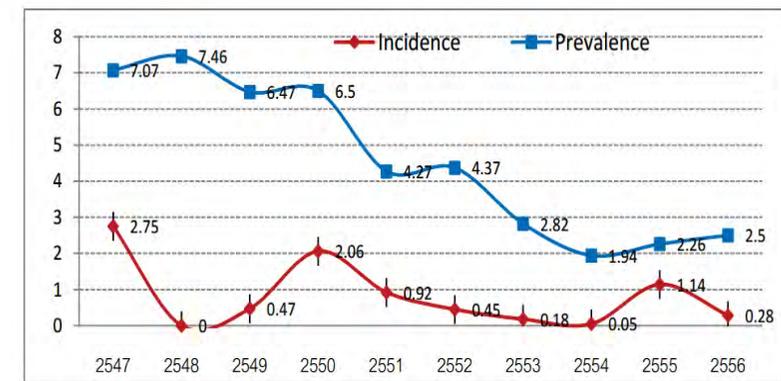
ที่มา: Summary Result 2010-2030 Projection for HIV/AIDS in Thailand, BOE. DDC. MOPH.

แนวโน้มการระบาดของในผู้ที่มีพฤติกรรมเสี่ยงสูง

รูปที่ 3 ความชุกของการติดเชื้อเอชไอวี และอุบัติการณ์การติดเชื้อเอชไอวี กลุ่มพนักงานบริการหญิงตรง ประเทศไทย

พ.ศ. 2547 - 2556

ร้อยละ



ที่มา : การเฝ้าระวังการติดเชื้อเอชไอวี พ.ศ. 2547 - 2556 สำนักระบาดวิทยา กรมควบคุมโรค

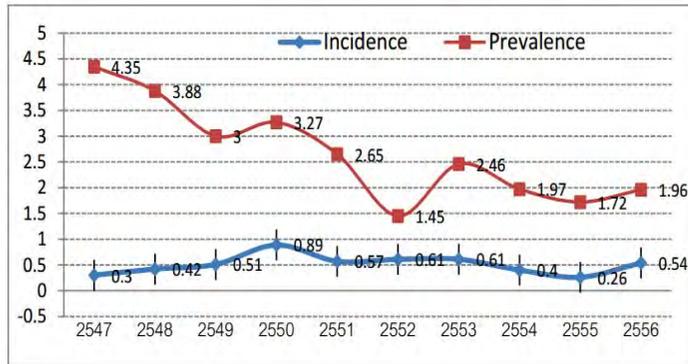
ภาพรวมสถานการณ์การระบาดของ HIV ประเทศไทย พ.ศ. 2556 สำนักระบาดวิทยา กรมควบคุมโรค

แนวโน้มการระบาดในผู้ที่มีพฤติกรรมเสี่ยงสูง

รูปที่ 4 ความชุกของการติดเชื้อเอชไอวี และอุบัติการณ์การติดเชื้อเอชไอวีในกลุ่มพนักงานบริการหญิงแห่งประเทศไทย

พ.ศ. 2547 - 2556

ร้อยละ



ที่มา : การเฝ้าระวังการติดเชื้อเอชไอวี พ.ศ. 2547 - 2556 สำนักระบาดวิทยา กรมควบคุมโรค

ภาพรวมสถานการณ์การระบาดของการติดเชื้อเอชไอวี ประเทศไทย พ.ศ. 2556 สำนักระบาดวิทยา กรมควบคุมโรค

แนวโน้มการระบาดในผู้ที่มีพฤติกรรมเสี่ยงสูง

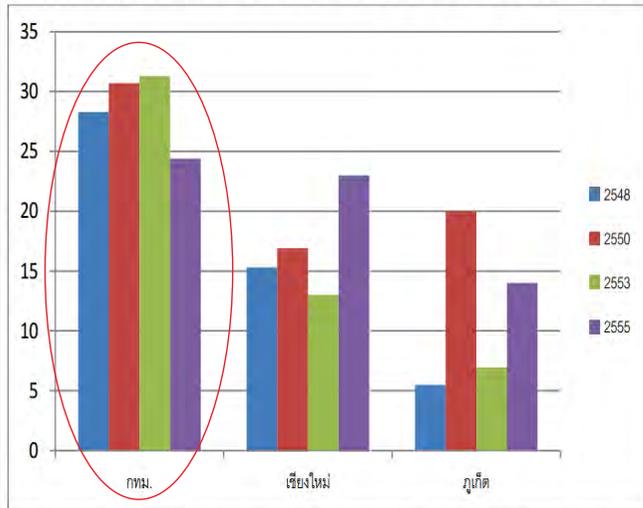
ตารางที่ 3 อัตราความชุกการติดเชื้อของพนักงานบริการหญิงที่ทำงานนอกสถานบริการและ ในสถานบริการพ.ศ. 2550 และ 2554

ประเภทของพนักงานบริการ	พ.ศ. 2550		พ.ศ. 2554		
	กทม.	เชียงใหม่	เชียงใหม่	ภูเก็ต	ชลบุรี
พนักงานบริการทำงานนอกสถานบริการ (จำนวน)	20.0% (519)	10.0% (87)	5.0% (287)	1.4% (285)	1.2% (284)
พนักงานบริการทำงานในสถานบริการตรง (จำนวน)	4.6% (264)	6.9% (72)	3.1% (128)	2.8% (284)	-
พนักงานบริการทำงานในสถานบริการแฝง (จำนวน)	1.6% (314)	1.2% (573)	0.98% (205)	2.61% (274)	-

ภาพรวมสถานการณ์การระบาดของการติดเชื้อเอชไอวี ประเทศไทย พ.ศ. 2556 สำนักระบาดวิทยา กรมควบคุมโรค

แนวโน้มการระบาดในผู้ที่มีพฤติกรรมเสี่ยงสูง

รูปที่ 6 ความชุกการติดเชื้อเอชไอวี ในกลุ่มชายมีเพศสัมพันธ์กับชาย ในกรุงเทพฯ เชียงใหม่และภูเก็ต พ.ศ.2548 - 2555



แหล่งที่มา : การสำรวจ IBBS ในกลุ่มชายมีเพศสัมพันธ์กับชาย พ.ศ. 2548 - 2555, สำนักระบาดวิทยา และศูนย์ความร่วมมือไทย-สหรัฐอเมริกา สาธารณสุข

ภาพรวมสถานการณ์การระบาดของการติดเชื้อเอชไอวี ประเทศไทย พ.ศ. 2556 สำนักระบาดวิทยา กรมควบคุมโรค

SEXUAL TRANSMISSION

Type of exposure	Risk per 10,000 exposure
Receptive anal intercourse	138
Insertive anal intercourse	11
Receptive penile-vaginal intercourse	8
Insertive penile vaginal intercourse	4
Receptive oral intercourse	Low
Insertive oral intercourse	Low



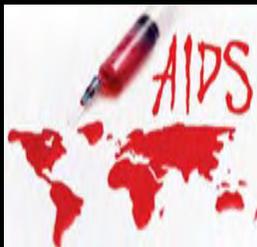
การประจักษ์แผนยุทธศาสตร์ระดับ 41 แผนปฏิบัติการระดับนโยบาย
พ.ศ. 2552 - 2556



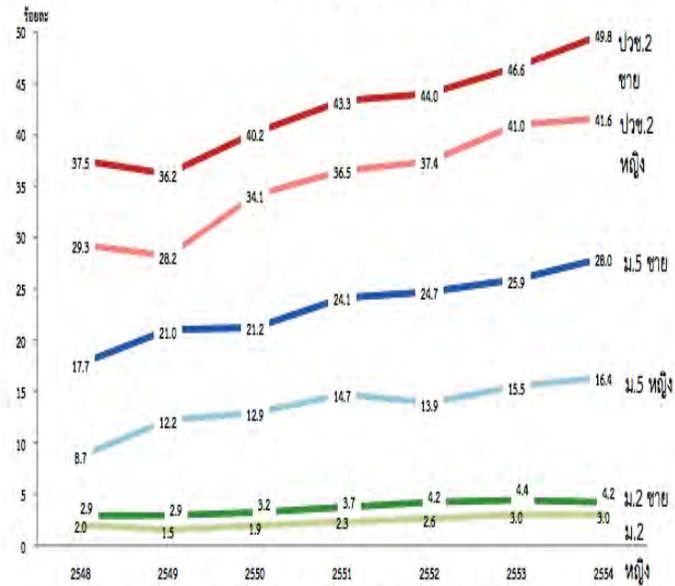


โรคเอดส์...โรคไร้พรมแดน

- ☐ เหตุการณ์และพัฒนาการที่สำคัญ
- ☐ สถานการณ์และแนวโน้ม
- ☐ ความก้าวหน้าด้านการรักษา



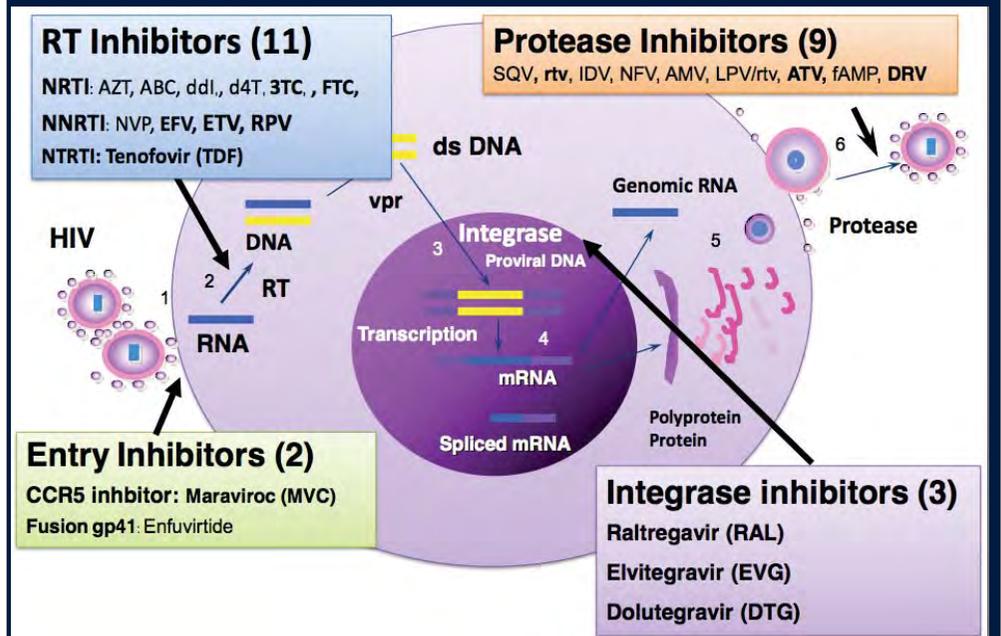
ร้อยละของนักเรียนเคยมีเพศสัมพันธ์



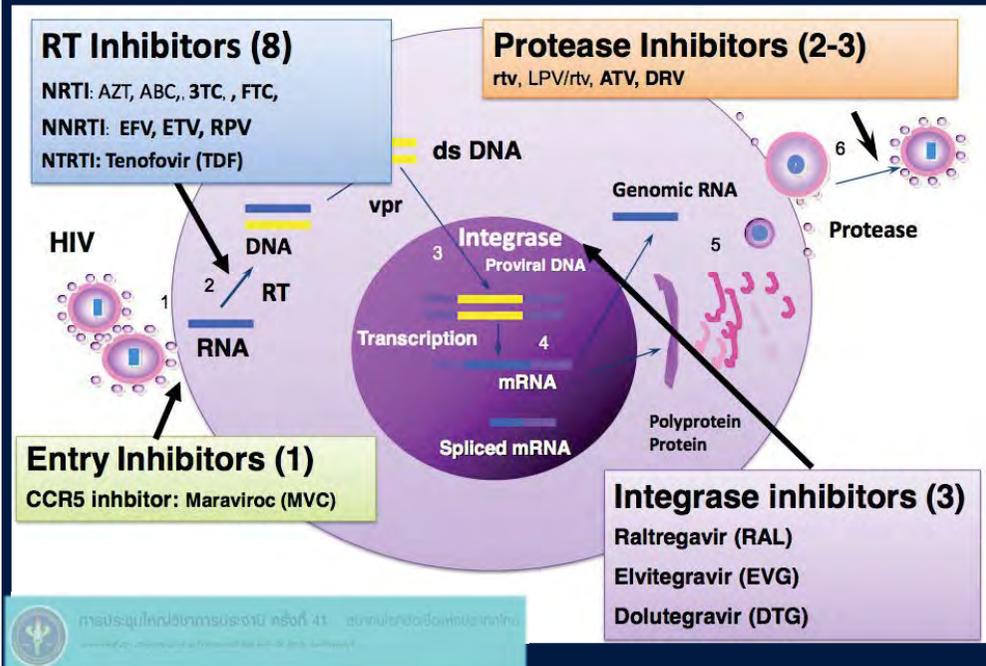
ที่มา : ผลการเฝ้าระวังพฤติกรรมที่สัมพันธ์กับการติดเชื้อเอชไอวี กลุ่มนักเรียนประเทศไทย 2554, สำนักระบาดวิทยา กรมควบคุมโรค



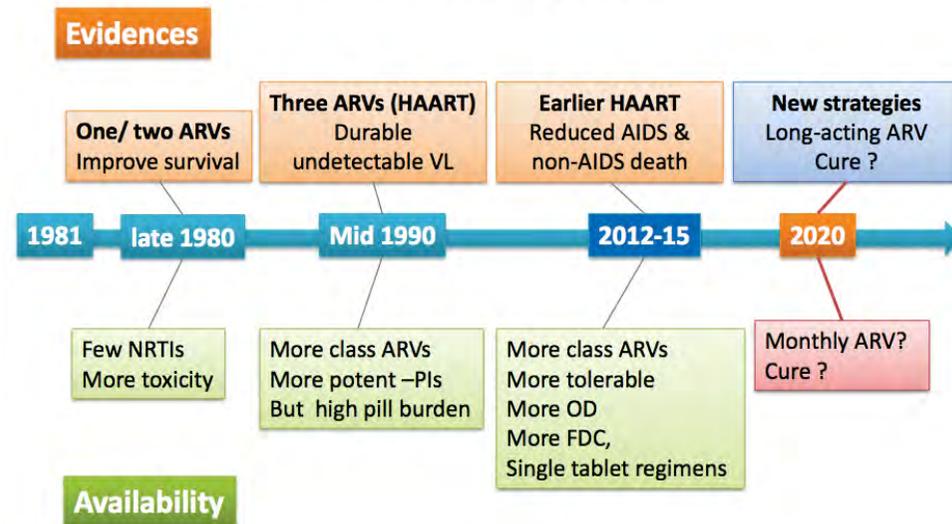
Antiretroviral Agents



Current Antiretroviral Agents

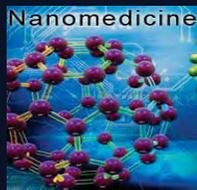


Three Decades of Learning and the Future

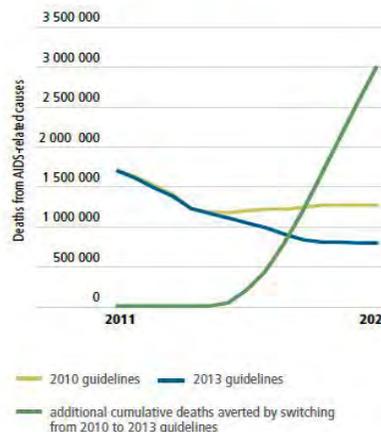


Treatment Simplification for PLWHIV

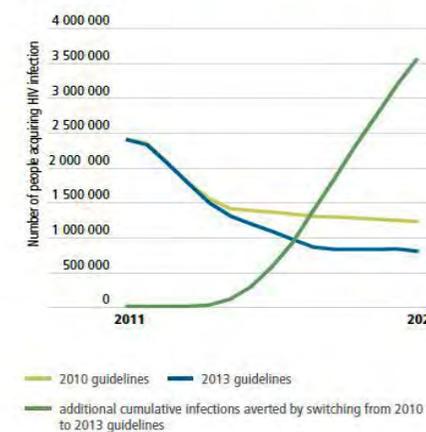
- Since the HAART era, treatment of HIV infection has become more potent and increased survival of PLWHIV
- Current HAART are more effective, more convenient, and less toxic than regimens used in the early HAART
- **Treatment Simplification** is an option for many patients currently being treated with HAART



Projected annual number of people dying from AIDS-related causes in low- and middle-income countries based on the 2010 WHO treatment guidelines and the 2013 WHO ARV guidelines and cumulative deaths averted by switching from 2010 to 2013 guidelines, 2011–2025



Projected annual number of people acquiring HIV infection in low- and middle-income countries based on the 2010 WHO treatment guidelines and on the 2013 WHO ARV guidelines and additional cumulative number of people avoiding HIV infection by switching from 2010 to 2013 guidelines, 2011–2025



Impact on life expectancy of HIV-1 positive individuals of CD4⁺ cell count and viral load response to antiretroviral therapy

Margaret T. May¹, Mark Gompels², Valerie Delpech³, Kholoud Porte⁴, Chloe Orkin⁵, Stephen Kegg⁶, Phillip Hay⁷, Margaret Johnson⁸, Adrian Palfreeman⁹, Richard Gilson¹, David Chadwick⁸, Fabiola Martin¹, Teresa Hill¹⁰, John Walsh¹¹, Frank Post¹², Martin Fisher¹³, Jonathan Ainsworth¹⁴, Sophie Jose¹⁵, Clifford Leen¹⁶, Mark Nelson¹⁷, Jane Anderson¹⁸, Caroline Sabin¹⁹, for the UK Collaborative HIV Cohort (UK CHIC) Study

AIDS 2014, 28:1193-1202

Keywords: antiretroviral therapy, CD4⁺ cell count, HIV, HIV-1 RNA, life expectancy, viral load

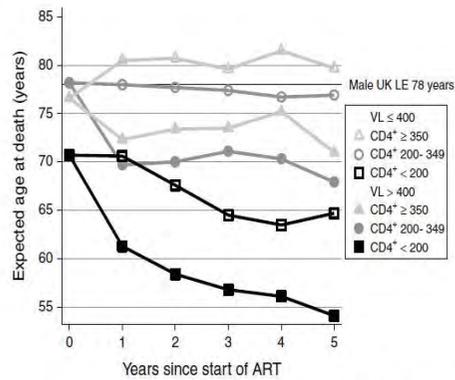


Fig. 1. Expected age at death of men aged 35 years at different durations of antiretroviral therapy according to current CD4⁺ cell count and viral suppression compared with the general population.

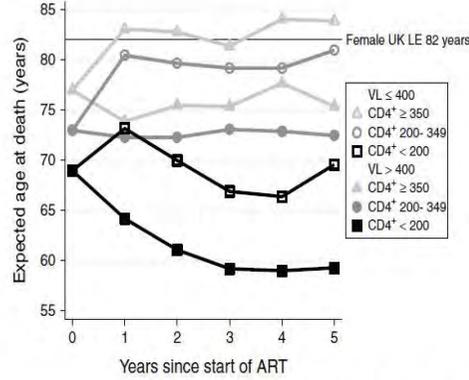
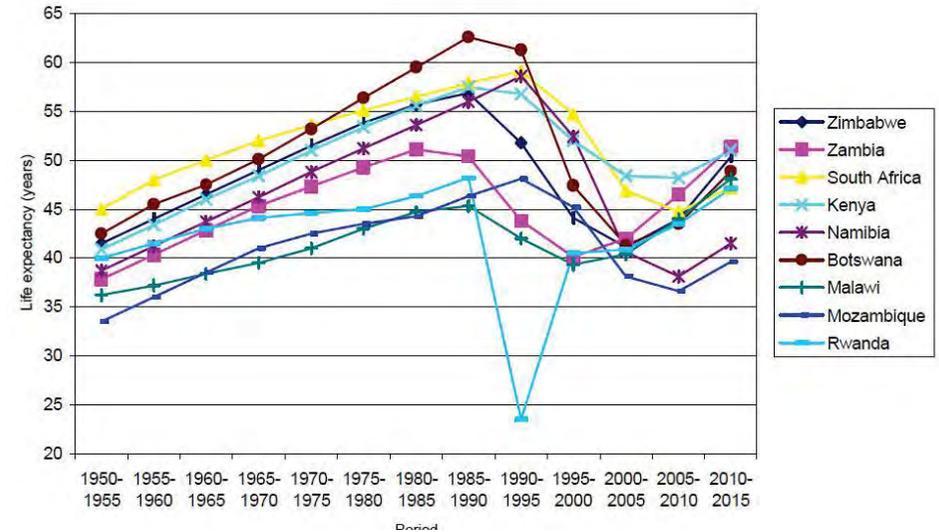


Fig. 2. Expected age at death of women aged 35 years at different durations of antiretroviral therapy according to current CD4⁺ cell count and viral suppression compared with the general population.

LIFE EXPECTANCY AT BIRTH WITH AND WITHOUT AIDS, THE 9 COUNTRIES WITH THE HIGHEST PREVALENCE, 1950-1955 TO 2010-2015



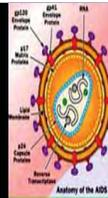
HIV/AIDS

During past 30 years
HIV/AIDS has been transformed from

An almost fatal illness



A chronic manageable disease



The 11th International Congress on AIDS in Asia and the Pacific
Queen Sirikit National Convention Center (QSNCC)
18-22 November 2013 • Bangkok, Thailand

Low CD4 level at ART initiation

Year	CD4 cell counts >200 cells/mm ³	CD4 cell counts <200 cells/mm ³
<2007	273	170
2007	249.5	158
2008	267	112
2009	266	134
>2009	270	136

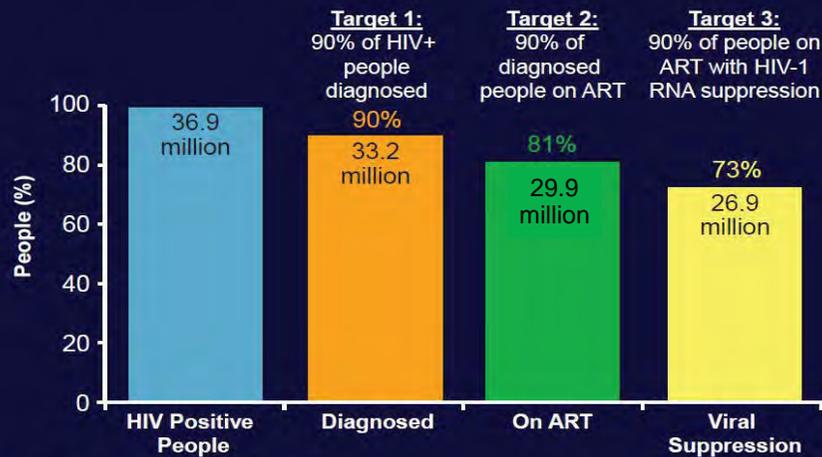
P for trend: 0.890 (green), <0.001 (blue), 0.268 (red)

Low coverage of ART

Country	ART Coverage (%)
Indonesia	18%
Bangladesh	28%
Nepal	32%
Sri Lanka	35%
Malaysia	42%
Maldives	45%
Myanmar	48%
India	50%
ASIA	51%
Viet Nam	60%
Philippines	72%
Thailand	75%
Papua New Guinea	78%
Cambodia	82%

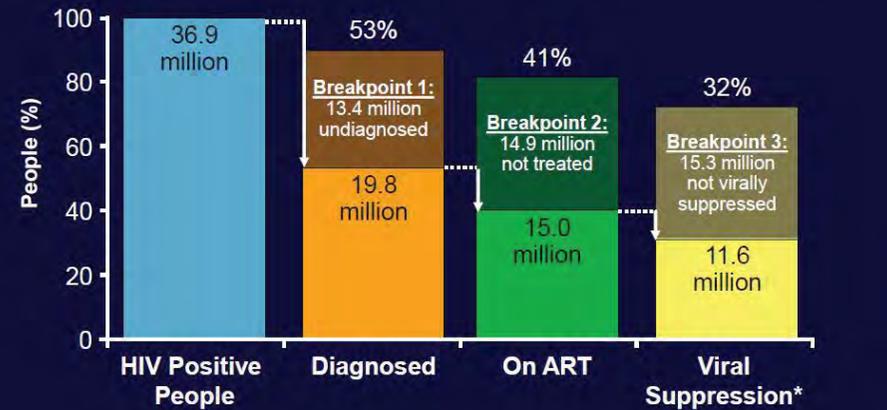
ICAAP 11
18-22 November 2013
Bangkok, Thailand

UNAIDS: 90-90-90 Treatment Targets



Levi J, et al. IAS 2015. Abstract MOAD0102.

UNAIDS: 90-90-90 Global Estimated Gaps



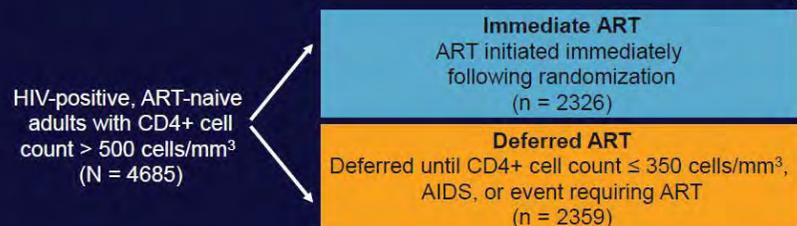
Levi J, et al. IAS 2015. Abstract MOAD0102.

*HIV-1 RNA < 1000 copies/mL.

START: Immediate vs Deferred Therapy for Asymptomatic, ART-Naive Pts

- International, randomized trial

Study closed by DSMB following interim analysis



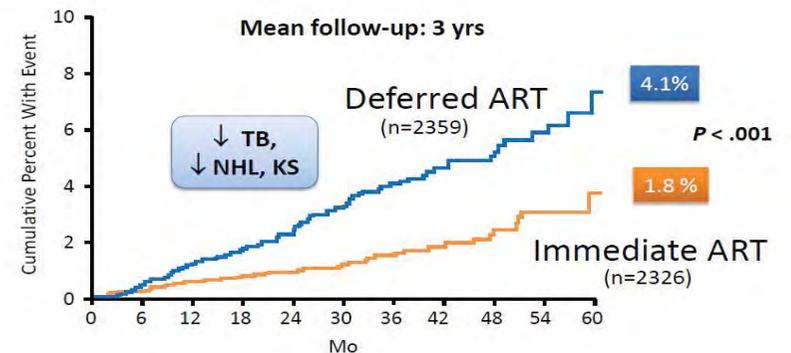
- Composite primary endpoint: any serious AIDS-related (AIDS-related death or AIDS-defining event) or non-AIDS-related event (non-AIDS-related death, CVD, end-stage renal disease, decompensated liver disease, non-AIDS-defining cancer)
- Mean follow-up: 3 yrs; median baseline CD4+ cell count: 651 cells/mm³; median baseline HIV-1 RNA: 12,759 copies/mL
- Median CD4+ cell count at initiation of ART for deferred group: 408 cells/mm³

INSIGHT START Study Group. N Engl J Med. 2015;[Epub ahead of print]. Lundgren J, et al. IAS 2015. Abstract MOSY0302.

START Study

57% Reduced Risk of Serious Events or Death with Immediate ART

- 4.1% vs 1.8% in deferred vs immediate arms experienced serious AIDS or non-AIDS-related event or death (HR: 0.43; 95% CI: 0.30-0.62; $P < .001$)



INSIGHT START Study Group. N Engl J Med. 2015;; Lundgren J, et al. IAS 2015. Abstract MOSY0302.

When to start ART by guidelines

Guidelines	CD4	Note
U.S. DHHS 2015	All	When the patient is ready and committed to treatment
WHO 2015	All	All adults with HIV regardless of WHO clinical stage and at any CD4 cell count if the patient is ready and committed
Thailand 2014	All	When the patient is ready and committed to treatment

โรคเอดส์...โรคไร้พรมแดน

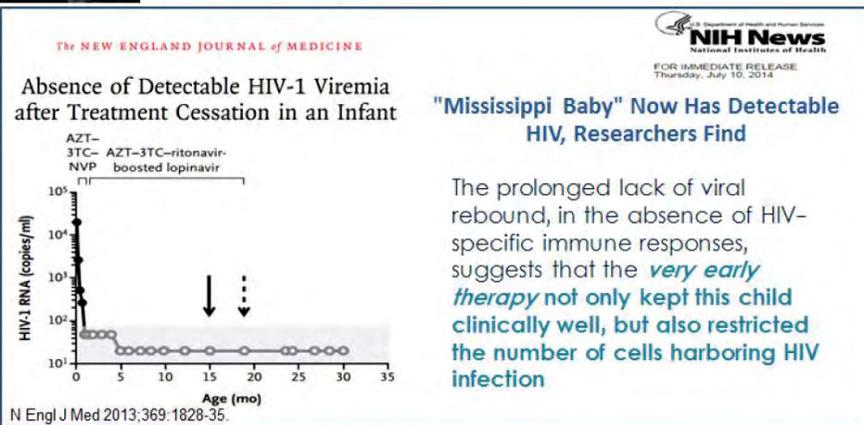
- ❑ เหตุการณ์และพัฒนาการที่สำคัญ
- ❑ สถานการณ์และแนวโน้ม
- ❑ ความก้าวหน้าด้านการรักษา
- ❑ การหายจากโรคเอดส์ (?)



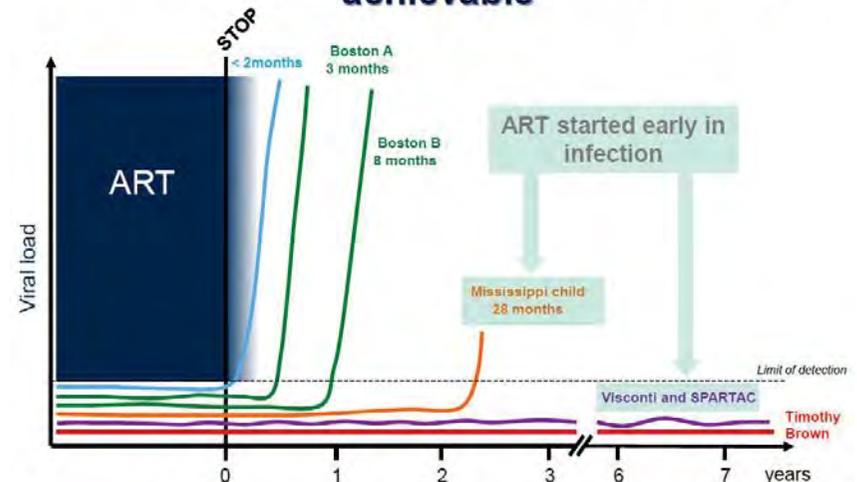
The road was bumpy for HIV cure in 2014



- HIV with acute myeloid leukemia
- Myeloablative therapy
- Bone marrow transplantation X2 times from CCR5Δ donor
- Free from HIV



Sustained remission off ART is rare but achievable



G. Hütter et al. NEJM 2009; D. Persaud et al. NEJM 2013; K. Luzunaga et al. NEJM 2015; T. Henrich et al. JID 2013; T. Henrich et al. Ann Intern Med 2014; W. Stöhr et al. Plos One 2013; L. Hocqueloux et al. AIDS 2010; A. Saez-Cirion et al. Plos Path 2013; Adapted from J. Cohen, Science 2015.

Long-term "remission" in an infected adolescent without ART.

HIV-1 virological remission for more than 11 years after interruption of ★ early initiated antiretroviral therapy in a perinatally-infected child

Presented by Asier Saez-Cirion

P. Frange^{1,2,3}, A. Faye^{4,5}, V. Avettand-Fenoel^{1,2}, E. Bellaton⁶, D. Deschamps^{7,8}, M. Angin⁹, S. Caillat-Zucman^{10,11}, G. Peytavin^{12,13}, J. Le Chenadec^{14,15}, J. Warszawski^{14,15}, C. Rouzioux^{1,2}, A. Saez-Cirion⁹, ANRS EPF-CO10 Pediatric Cohort

One infant born from a woman with uncontrolled HIV-1 viremia received AZT based prophylaxis during 6 weeks. HIV-RNA and DNA were not detected 3 and 14 days after birth. HIV-DNA was detected at 4 weeks of age. VL reached a peak of 2.1x10⁶ copies/ml at 3 months of age when cART (zidovudine, lamivudine, didanosine, ritonavir) was initiated. VL was undetectable one month later and remained below assay-detection limits while on cART, except at 15 and 21 months of age. Between 5.8 and 6.8 years of age cART was discontinued by the family.

VL was undetectable at 6.8 years of age and cART was not resumed. VL has remained < 50 copies/ml through 18.3 years of age, except for one blip (515 copies/ml). CD4+ T-cell counts remained stable.

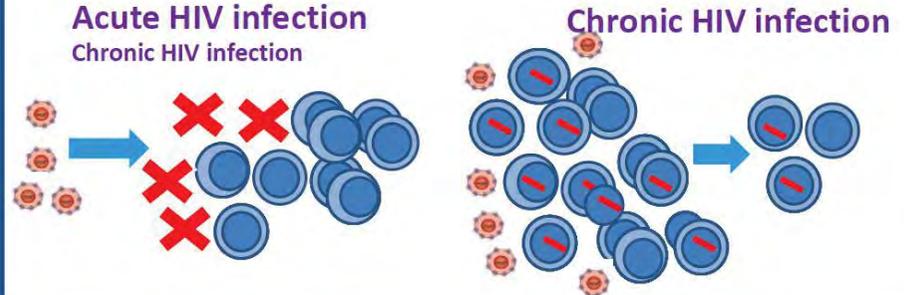


"This is not the end of the story but the beginning of a new chapter."

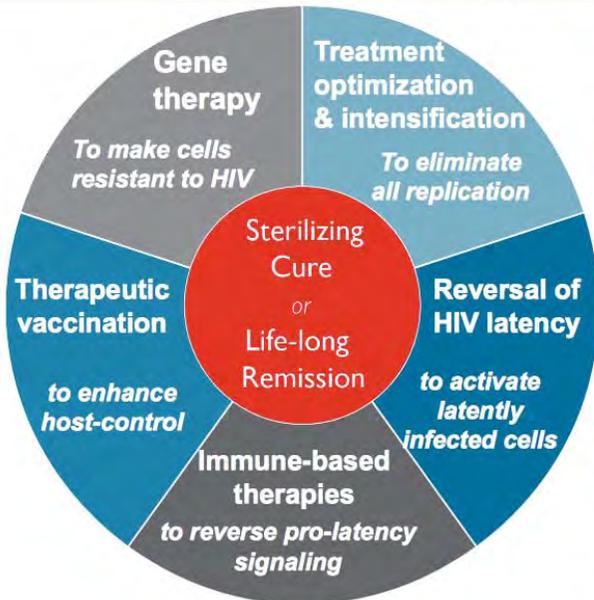
Current aims

A. Preventing the formation of the pool

B. Reducing the size of pool of latently infected cells



Future HIV Cure Strategies? A combined approach...



Others ongoing or planned studies

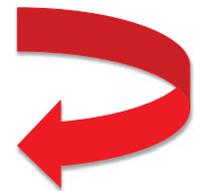
1. **Very early therapy to prevent spread and preserve host responses**
2. **Direct acting anti-latency drugs**
3. **Anti-inflammatory drugs**
4. **Therapeutic vaccination**
5. **Immune based therapy**
6. **Cell therapy**



Building Partnerships Towards A Cure.



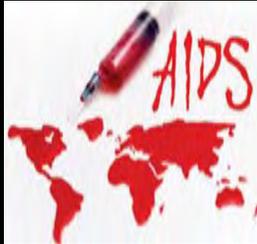
towards an
HIV
cure
people focused
science driven



??????

โรคเอดส์...โรคไร้พรมแดน

- เหตุการณ์และพัฒนาการที่สำคัญ
- สถานการณ์และแนวโน้ม
- ความก้าวหน้าด้านการรักษา
- การหายจากโรคเอดส์ (?)
- มุ่งสู่ทศวรรษที่ 4

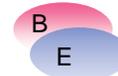
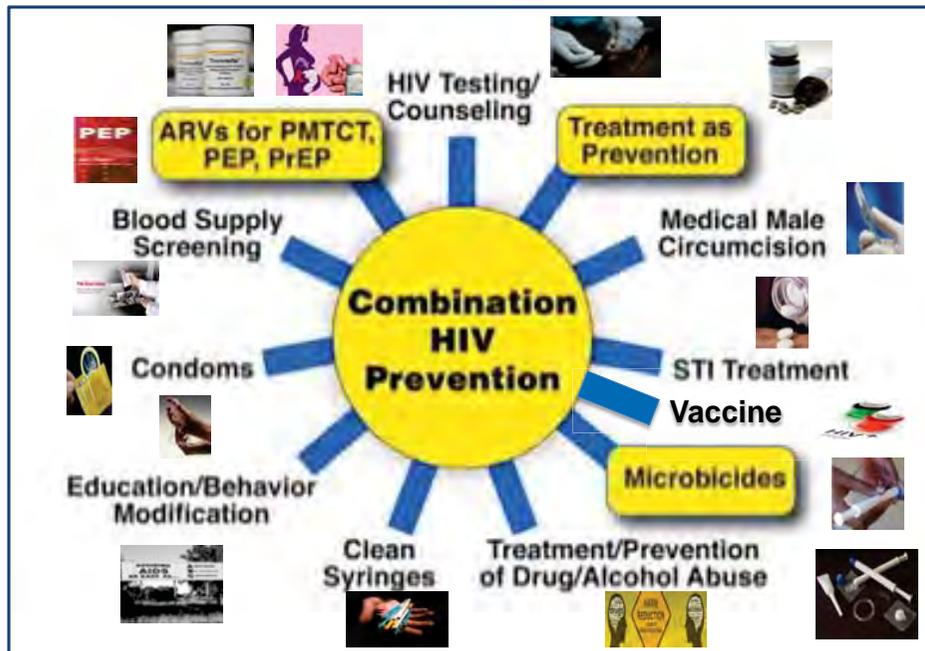


1 December 2012 World AIDS Day 2012: Getting to Zero

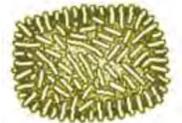


27 November 2012 -- Getting to Zero: Zero new HIV infections. Zero deaths from AIDS-related illness. Zero discrimination is the theme of World AIDS Day 2012. Given the spread of the epidemic today, getting to zero may sound difficult but significant progress is underway.

In 2011, 2.5 million people were newly infected with HIV. An estimated 1.7 million people died. That is 700 000 fewer new infections worldwide than ten years ago, and 600 000 fewer deaths than in 2005.



Thai Prime-Boost Study



N = 16,000 volunteers ages 20-30

Sponsors: Thai Government, Aventis Pasteur, VaxGen, US Military

Study Design:

Prominent clade in Thailand is CRF01_AE

VaxGen's AIDS-VAX rgp120 from clades B and E

Prime @ 0, 1, 3 & 6 months with ALVAC canarypox vaccine (vCP1521, Aventis Pasteur); contains HIV genes *gag*, *pol*, and *nef*, clade B

Co-administer AIDS-VAX B/E at 3 and 6 months

Started in 2003, 6 year study

Endpoints:

Prevention of HIV Infection

Reduction in Viral Load

Maintenance of CD4+ T cells

RV-144: Evidence that an AIDS Vaccine Can Prevent HIV-1 Infection in Humans

The NEW ENGLAND JOURNAL of MEDICINE

Vaccination with ALVAC and AIDSVAX to Prevent HIV-1 Infection in Thailand

Supachai Reks-Ngarm, M.D., Punnee Pitisuttithum, M.D., D.T.M.H., . . . Prayura Kunasol, M.D., and Jerome H. Kim, M.D., for the MOPH-TAVEG Investigators.

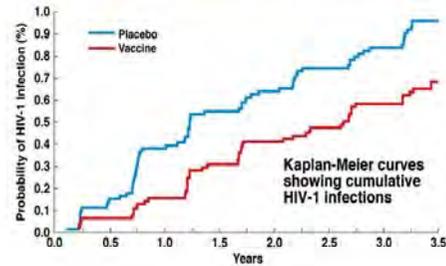
N Engl J Med., 2009 Dec 3;361(23):2209-20.

ABSTRACT

Background: The AIDS Vaccine and AIDSVAX 856 vaccine regimen may reduce the risk of HIV infection in a community-based population with largely heterosexual risk. Vaccination did not affect the degree of exposure to the CD4⁺ T-cell count in subjects in whom HIV-1 infection was subsequently diagnosed.

Conclusions: The AIDS Vaccine and AIDSVAX 856 vaccine regimen may reduce the risk of HIV infection in a community-based population with largely heterosexual risk. Vaccination did not affect the degree of exposure to the CD4⁺ T-cell count in subjects in whom HIV-1 infection was subsequently diagnosed.

Cumulative Infection Rates in RV144 ("Thai Trial") – modified ITT Analysis



- Modest 31% reduction in infection
- limited duration

Proof of concept for a protective vaccine

ARV-BASED BIOMEDICAL HIV PREVENTION

- Global effort to scale up access to ART have largely focused on the life-saving benefits of treatment
- More recently, increased attention has been given to the use of ART to prevent HIV infection: 4 interventions.

1. PMTCT

2. TasP

3. PrEP

4. PEP

ARV given to HIV-infected individual

ARV-Based Biomedical Prevention

ARV given to HIV-uninfected individual

WHO strongly recommended as part of a comprehensive HIV prevention package of evidence-based interventions

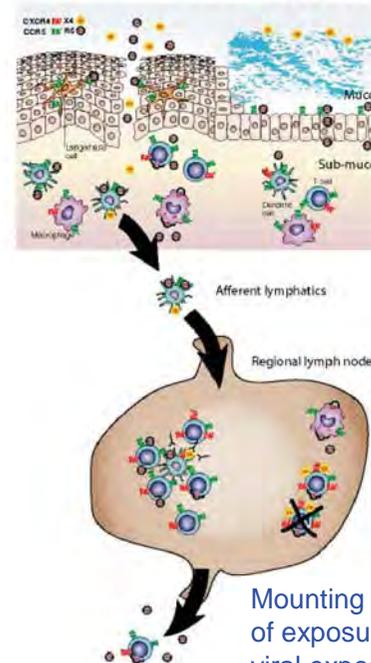
Opportunities for HIV Biomedical Interventions



- Male circumcision
- Oral pre exposure prophylaxis (intermittent PrEP)
- Topical PrEP (daily gels or intra-vaginal rings (microbicides)
- Preventive Vaccines
- Oral pre exposure prophylaxis (daily PrEP)
- Coitally dependent topical PrEP (microbicides)
- Oral post exposure prophylaxis (PEP)
- Anti-retroviral therapy
- Immediate treatment of positive partners in discordant couples (TasP)
- Treatment for prevention in all who test positive for HIV (T4P)

All have a behavioral and structural components

The time to act is short !



Exposure: 30-60 mins

DC-T cell transfer 1-4 hours (virological synapse)

Localized infection: 16-72 hours

Dissemination to draining LN: 24-72 hours (virological synapse)

Induction of memory responses: 3-5 days

Mounting a protective immune response within hours of exposure is a biological challenge, particularly if viral exposure is high

HIV

Post-Exposure Prophylaxis (PEP)

Occupational exposure PEP (oPEP)

- ◆ Percutaneous exposure → *needle stick*
- ◆ Mucous membrane exposure
- ◆ Non-intact skin exposure

Non-occupational exposure PEP (nPEP)

- ◆ Sexual exposure
 - Consensual
 - Sexual assault (rape)
- ◆ Others - IVDU, Bite, Needle stick, blood Tx

Global epidemiology of sharp injuries

- Among **100** millions of **health-care workers** in **developed** regions, there were **10** **millions** **workers** exposed to at least **one** percutaneous injury with a sharp object contaminated with **blood**, **body fluids**, and **drugs**
- The annual incidence rate of sharp injuries was **10** **per** **1000** **year**

*Estimation of the global burden of disease attributable to contaminated sharps injuries among health-care workers :
Am J Ind Med. 2005 Dec;48(6):482-90.*

HCWs with HIV Infection after Occupational Exposure in USA

Occupation	Occupational HIV Infection	
	Documented (n = 57) (%)	Possible (n = 138) (%)
Nurse	24 (42)	35 (25)
Clinical LAB technician	16 (28)	17 (12)
Physician, non surgical	6 (11)	12 (9)
Non clinical LAB technician	3 (5)	0
House keeper	2 (4)	13 (9)
Surgical technician	2 (4)	2 (1)
Embalmer	1 (2)	2 (1)
Nurse Assistant	1 (2)	15 (11)

Healthcare Workforce National Surveillance for occupationally Acquired HIV Infection as of December 2008

HCWs with HIV Infection after Occupational Exposure in USA

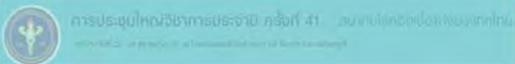
Occupation	Occupational HIV Infection	
	Documented (n = 57)	Possible (n = 140)
Respiratory therapist	1 (2)	2 (1)
HD technician	1 (2)	3 (2)
Dental Personnel	-	6 (4)
ER Personnel	-	12 (9)
Surgeon	-	6 (4)
Other technicians	-	9 (7)
Other HCWs	-	6 (4)

Healthcare Workforce National Surveillance for occupationally Acquired HIV Infection as of December 2008

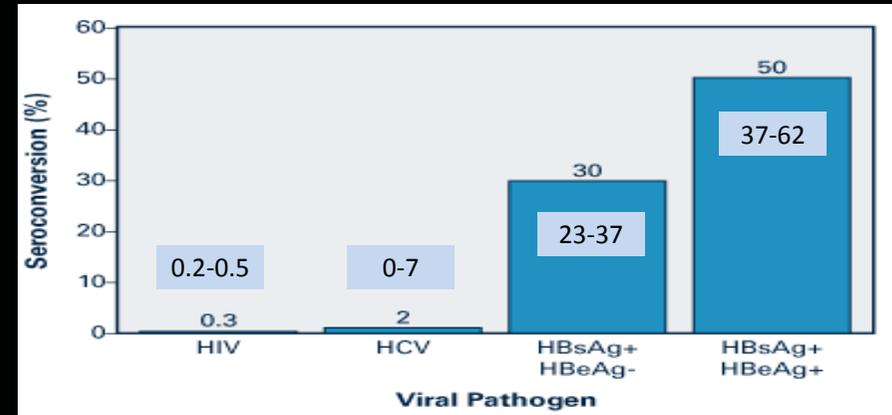
Occupational Exposures to HIV

- The global number of infections among health care workers attributable to sharps injuries has been estimated to be , cases range, , per year

<http://wwwnc.cdc.gov/travel/yellowbook> chapter the pre travel consultation occupational exposure to hiv



Estimated Pathogen-Specific Seroconversion Rate Per Exposure for Occupational Needlestick Injury



Occupational Infection Risk
 HBV : HCV : HIV ~ 30 : 3 : 0.3 or ~ **100 : 10 : 1**

1. MMWR. 2005; 54 (No. RR-09): 1-24. 2. MMWR. 2001; 50 (No. RR-11): 1-42.
 3. Gerberding J. N Engl J Med 2003;348:826-33 4. Henderson D. Clin Microbiol Rev 2003;16:546-68.

2013 USPHS Occupational PEP Guidelines Recommendations for Arv Regimens

Recommended Antiretroviral Regimens for oPEP (28-Day Duration)		
Preferred Regimen		
ISI	RI	Ill Burden
Raltegravir (<i>Isentress</i>) 400 mg twice daily or Dolutagravir (<i>Tivicay</i>) 50 mg once daily	Tenofovir emtricitabine <i>Truvada</i> 1 pill daily	

Source: Kuhar DT, et al. Infect Control Hosp Epidemiol. 2013;34:875-92.

ALTERNATIVE REGIMENS

From one drug or drug pair from left column it
 RI pair from right column

ategravir arunavir ritonavir travirine ilpivirine Ata anavir ritonavir opinavir ritonavir	enofovir emtricitabine enofovir lamivudine idovudine lamivudine idovudine emtricitabine
lvitegravir cobicistat tenofovir emtricitabine tribild	

Source: Kuhar DT, et al. Infect Control Hosp Epidemiol.

HIV PRE-EXPOSURE PROPHYLAXIS

PrEP



ประสิทธิผลของ PrEP จากการศึกษาในกลุ่มประชากรต่าง ๆ แสดงตาม adherence ในการกินยา

การศึกษา	กลุ่มประชากร	ยา PrEP ที่ใช้	ประสิทธิผลโดยรวม	Adherence ในการศึกษา	ประสิทธิผลเมื่อมี adherence สูง
Partners PrEP	Serodiscordant heterosexual couples	FTC/TDF	75%	81%	90%
		TDF	67%		86%
TDF2	Heterosexual men and women	FTC/TDF	63%	79%	78%
iPrEX	Men who have sex with men	FTC/TDF	44%	51%	92%
Bangkok TDF	People who use drugs	TDF	49%	84%	74%
FEM-PrEP	Women	FTC/TDF	6%	35-38%	No protection
VOICE	Women	FTC/TDF	-4%	<30%	No protection
		TDF	-49%		No protection



Pragmatic Open-Label Randomised Trial of Pre-Exposure Prophylaxis: the PROUD study

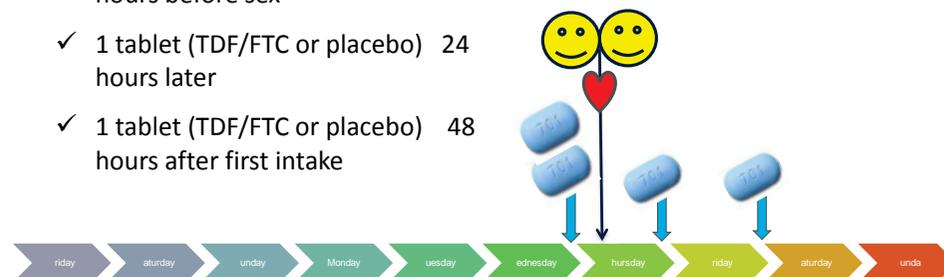
Re exposure Option for reducing in the U immediate or eferred

- To determine whether PrEP worked as well as iPrEx in this setting (44% reduction in HIV)
- Possibility that effectiveness might be less in real world



Ipergay : Event-Driven iPrEP

- ✓ 2 tablets (TDF/FTC or placebo) 2-24 hours before sex
- ✓ 1 tablet (TDF/FTC or placebo) 24 hours later
- ✓ 1 tablet (TDF/FTC or placebo) 48 hours after first intake



ARV-BASED BIOMEDICAL HIV PREVENTION

ral ARVs could reduce the risk of infection among high risk MSM by up to 86%, when used with a daily dosing strategy or intermittently before and after intercourse in a cohort study



องค์ประกอบของกลยุทธ์ตรวจเลือดและรักษาทันที “Test and Treat”

การตรวจเลือด

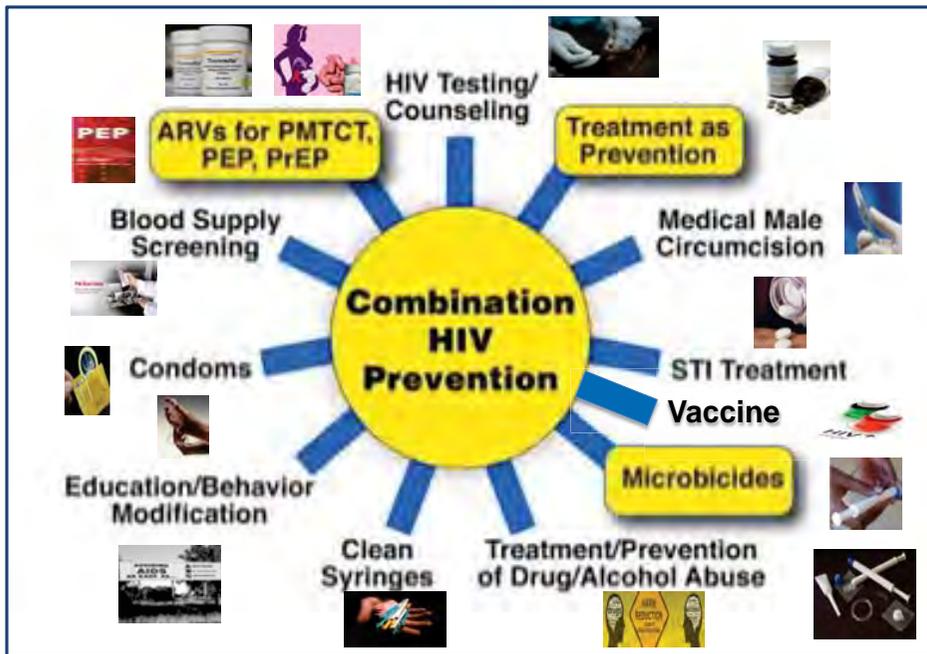
ตรวจแต่เนิ่นๆ และตรวจเป็นประจำ เพื่อรู้สถานะการติดเชื้อของตนเองให้เร็วที่สุด

การรู้สถานะการติดเชื้อ เพื่อลดโอกาสถ่ายทอดเชื้อไปให้คนอื่นโดยไม่ตั้งใจ

การรักษา

การรักษาด้วยยาต้านไวรัส เพื่อลดปริมาณเชื้อไวรัสในเลือดและสารคัดหลั่ง ปริมาณเชื้อไวรัสในเลือดและสารคัดหลั่ง เป็นตัวชี้วัดสำคัญถึงโอกาสที่จะถ่ายทอดเชื้อให้คนอื่น การกินยาต้านไวรัสจนกดเชื้อได้เต็มที่ → ลดโอกาสถ่ายทอดเชื้อให้คนอื่น

ประโยชน์ของยาต้านไวรัส จึงมีทั้งกับผู้ติดเชื้อเอง (โดยเฉพาะผู้ที่ภูมิคุ้มกันต่ำแล้ว) และกับชุมชน



Years of HIV Science A Good Example of Translational Research

