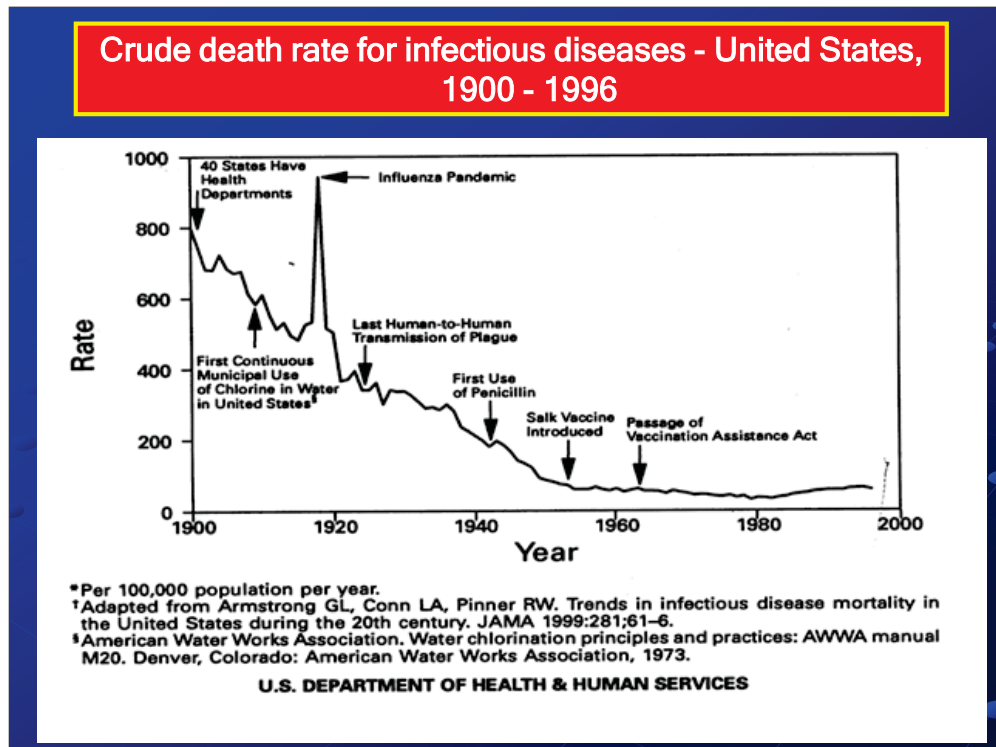
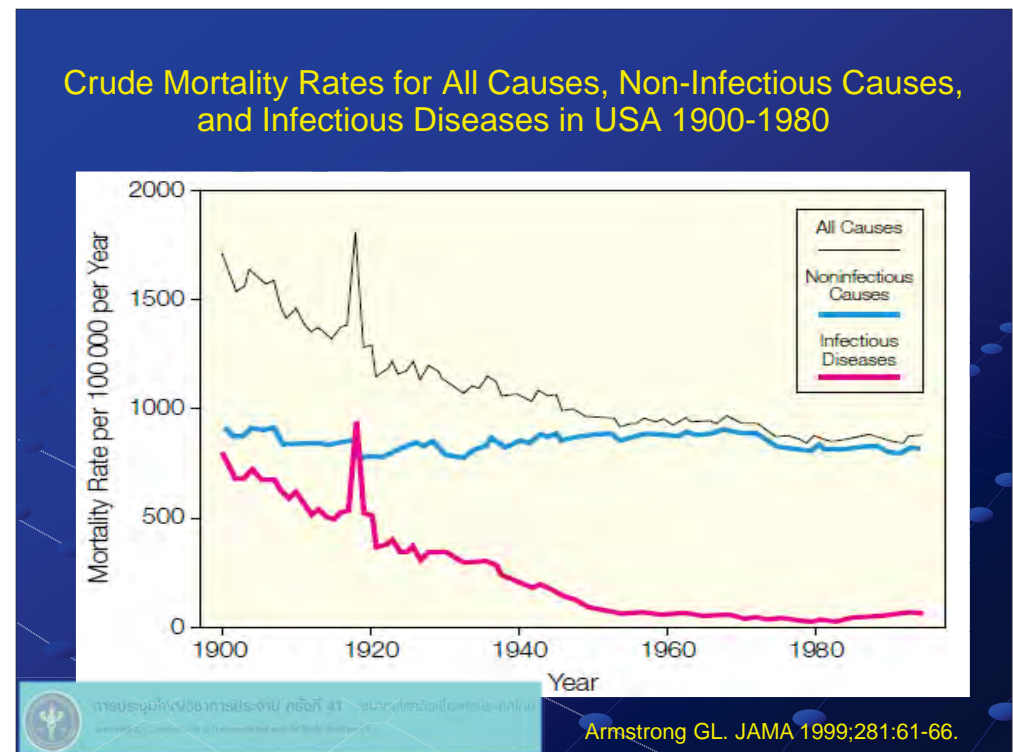


3 ทศวรรษ โรคเอดส์

จากอดีตสู่ปัจจุบัน มุ่งมั่นอนาคต

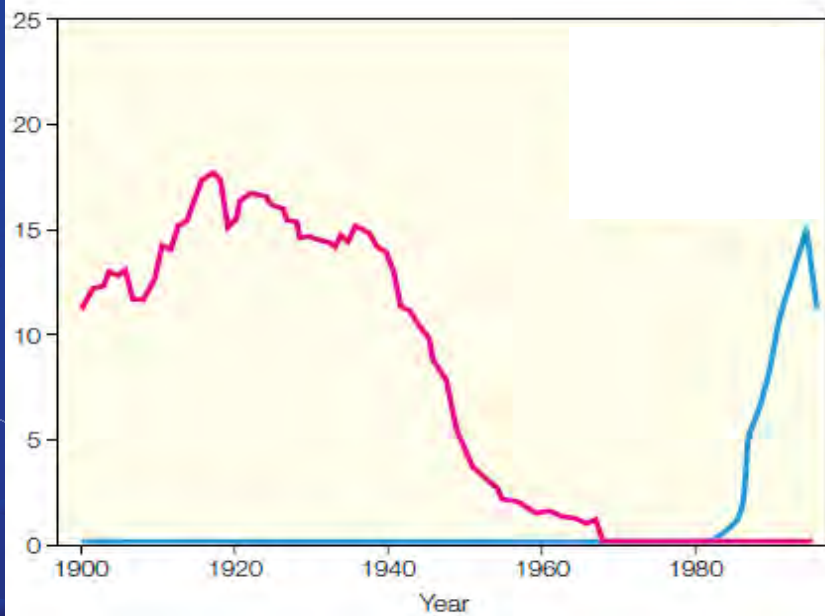
ศาสตราจารย์ ดร.นายแพทย์นรินทร์ หิรัญสุทธิกุล

การบรรยายพิเศษวิชาการประจำปี ครั้งที่ 41 - สมาคมแพทยเวชระเบียนแห่งประเทศไทย



“ It’s time to close the book on infectious diseases, declare the war against pestilence won , and shift national resources to such chronic problems as cancer and heart disease.”

- US Surgeon General William H. Stewart, 1967



โรคเอดส์...โรคไร้พรมแดน

- ❑ เหตุการณ์และพัฒนาการที่สำคัญ
- ❑ สถานการณ์และแนวโน้ม
- ❑ ความก้าวหน้าด้านการรักษา
- ❑ การหายจากโรคเอดส์ (?)
- ❑ มุ่งสู่ทศวรรษที่4



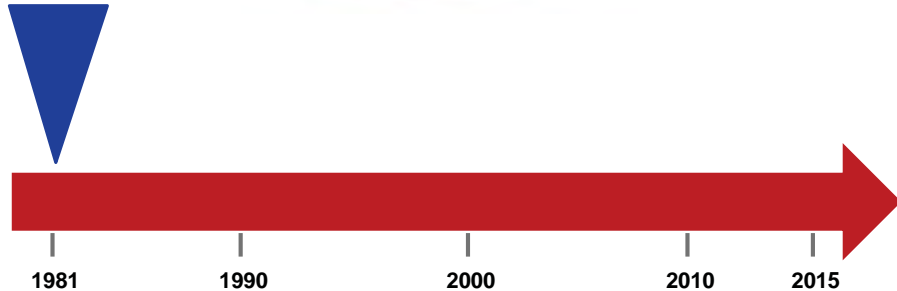
โรคเอดส์...โรคไร้พรมแดน

- ❑ เหตุการณ์และพัฒนาการที่สำคัญ



34 Years of HIV/AIDS

AIDS



การประเสริฐโพธิ์วิทยาการระบาด รหัสที่ 41 - แผนภาพแสดงแนวโน้มการระบาดของโรค

9

CONFIDENTIALITY ENDANGERED? / Halberstadt (P. 9)
NEW YORK Summer
NATIVE Likes It Hot
Native Fashions
By Chris Miller 27 28



May 18, 1981



Lawrence D Mass
(Born 1946)

10

CENTERS FOR DISEASE CONTROL
MMWR
MORBIDITY AND MORTALITY WEEKLY REPORT

June 5, 1981

Pneumocystis Pneumonia - Los Angeles

In the period October 1980 - May 1981, 5 young men, all active homosexuals, were treated for biopsy confirmed *Pneumocystis carinii* pneumonia at 3 different hospitals in Los Angeles, California. Two of the patients died. All 5 patients had laboratory confirmed previous or current cytomegalovirus (CMV) infection and candidal mucosal infection. Case reports of these patients follow.

July 4, 1981

Kaposi's Sarcoma and Pneumocystis Pneumonia Among Homosexual Men - New York City and California

During the last 36 months, Kaposi's sarcoma (KS), an uncommonly reported malignancy in the United States, has been diagnosed in 26 homosexual men (25 in New York City (NYC), 1 in California). The 25 patients range in age from 24-51 years (mean 35 years). Eight of these patients died (7 in NYC, 1 in California) - all 8 within 24 months after KS was diagnosed.

เดือนมิถุนายน พ.ศ.2524 ศูนย์ควบคุมโรคแห่งสหรัฐอเมริกาได้รับรายงานจากนครลอสแอนเจลิส รัฐแคลิฟอร์เนีย ว่ามีชายหนุ่มรักร่วมเพศ 5 คนป่วยเป็นปอดบวมจากเชื้อนิวโมซิสติส คารินิไอ 1 เดือนต่อมา มีรายงานจากนิวยอร์กและแคลิฟอร์เนียว่ามีหนุ่มรักร่วมเพศอีก 26 รายป่วยเป็นมะเร็งแคโปซิซาร์โคมา

The Washington Post

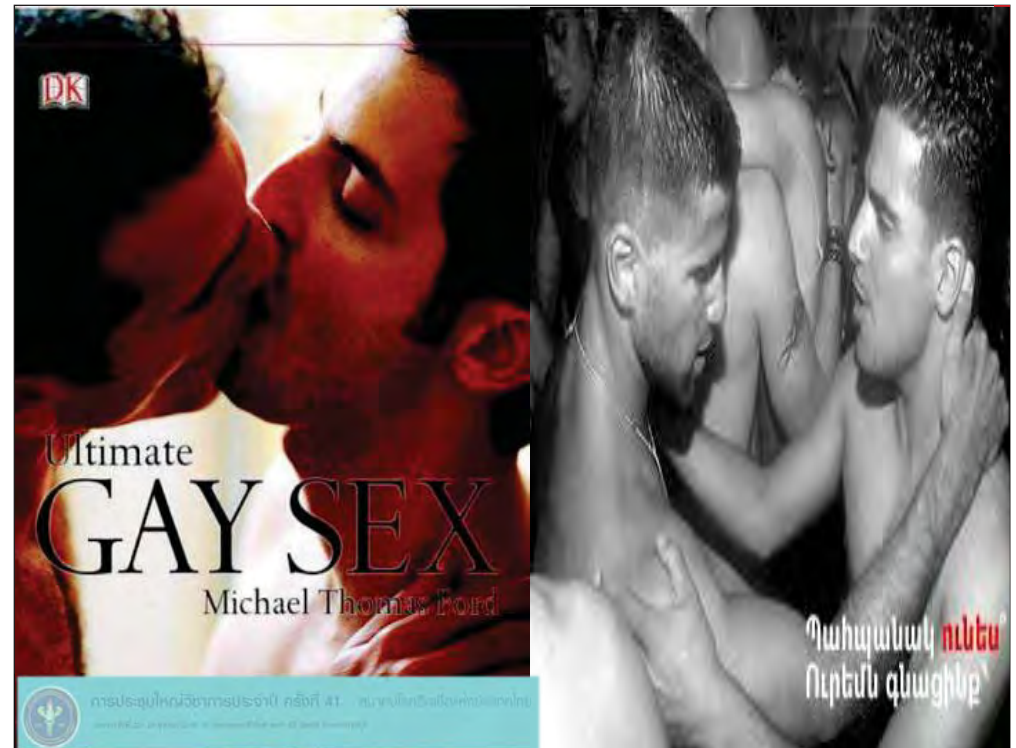
August 30, 1981

2 Mysterious Diseases Killing Homosexuals

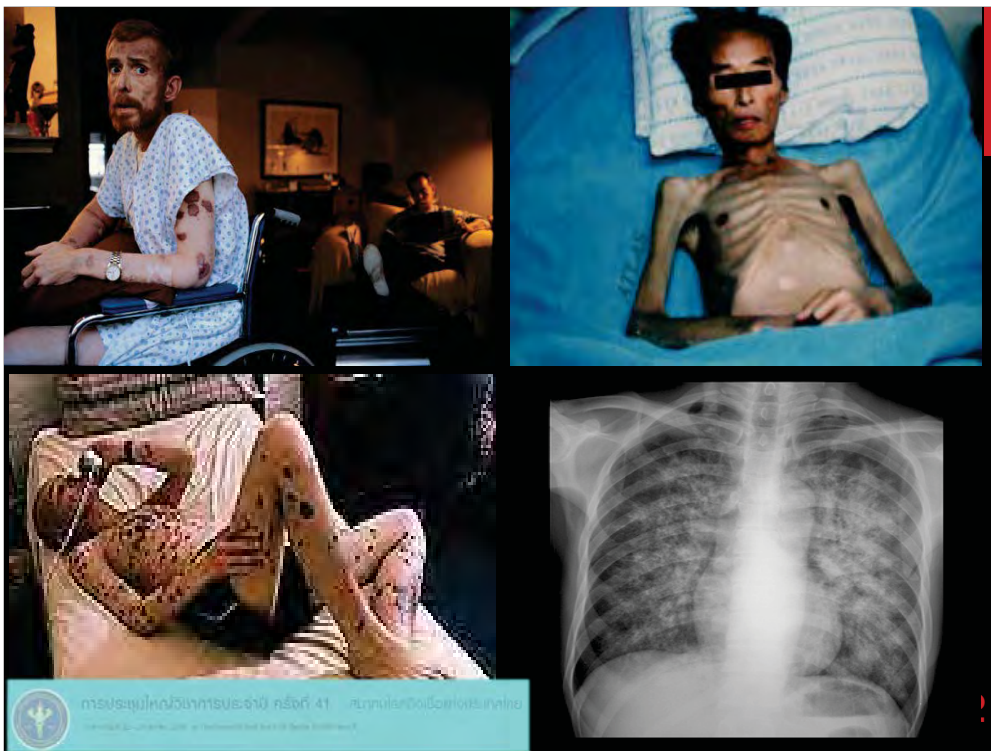
By Philip J. Hilt

Two rare diseases have suddenly struck more than 100 homosexual men in the United States and killed nearly half of them, in a medical mystery that appears to be on the scale of the toxic shock syndrome or Legionnaire's disease.

ต่อมามีผู้ป่วยอีกหลายรายเป็นโรคปอดบวม และติดเชื้อฉวยโอกาส ชายหนุ่มที่ป่วยทุกรายไม่มีโรคประจำตัวและไม่เคยได้รับการกดระบบภูมิคุ้มกัน ทุกราย พบว่าการทำงานของเซลล์ที่มีหน้าที่เกี่ยวข้องกับภูมิคุ้มกันบกพร่อง แม้ว่าจะได้รับการรักษาอย่างเต็มที่ ทุกรายเสียชีวิตในเวลาอันรวดเร็ว



การประเสริฐโพธิ์วิทยาการระบาด รหัสที่ 41 - แผนภาพแสดงแนวโน้มการระบาดของโรค



Discovery of HIV

From the earliest reports of a new disease, scientists around the world focused their efforts on finding the cause of AIDS. They circulated information informally; they held meetings to exchange ideas; and they published promising findings. A pioneer in this effort was Dr. Robert Gallo of the National Cancer Institute, who only recently had discovered the first two human retroviruses, HTLV-I and HTLV-II. In 1984, research groups led by Dr. Gallo, Dr. Luc Montagnier at the Pasteur Institute in Paris, and Dr. Jay Levy at the University of California, San Francisco, all identified a retrovirus as the cause of AIDS. Each group called the virus by a different name: HTLV-III, LAV, and ARV, respectively. As has happened many times in scientific history, contention emerged about who had been first. In 1987, the president of the United States and the prime minister of France announced a joint agreement on the issue—the first time a medical research question had reached this level of political negotiation. More importantly, the identification of that virus, renamed human immunodeficiency virus, or HIV, provided a specific target for blood-screening tests and for scientists around the world conducting research to defeat AIDS.



The virus that causes AIDS is shown budding out of a human immune cell, which the virus infects and uses to replicate

Luc
Montagnier

Researcher



Luc Antoine Montagnier is a French virologist and joint recipient with Françoise Barré-Sinoussi and Harald zur Hausen of the 2008 Nobel Prize in Physiology or Medicine for his discovery of the human immunodeficiency virus. [Wikipedia](#)

Born: August 18, 1932 (age 82), Chabris, France

Robert
Cello

Researcher



Robert Charles Gallo is an American biomedical researcher. He is best known for his role in the discovery of the human immunodeficiency virus as the infectious agent responsible for acquired immune ...
[Wikipedia](#)

Born: March 23, 1937 (age 77).
Waterbury, Connecticut, United States



Françoise Barré-Sinoussi

Françoise Barré-Sinoussi is a French virologist and director of the Regulation of Retroviral Infections Division at the Institut Pasteur in Paris, France. [Wikipedia](#)

Born: July 30, 1947 (age 67), Paris, France

—This Week's Citation Classic®

CC/NUMBER 8
FEBRUARY 23, 1987

Barre-Sinoussi F, Chermann J C, Rey F, Nugeyre M T, Chamaret S, Gruest J, Dautoguet C, Axler-Blin C, Vézinet-Brun F, Rouzioux C, Rozenbaum W & Montagnier L. Isolation of a T-lymphotropic retrovirus from a patient at risk for acquired immune deficiency syndrome (AIDS). *Science* 220:868-71, 1983.

[Dépt. Virologie, Inst. Pasteur; Lab. Cent.-Virologie, Hôp. Claude Bernard, and Dépt. Santé Publique et Médecine Tropicale, Hôp. La Pitié-Salpêtrière, Paris, France]

This paper describes the isolation of the lymphadenopathy AIDS virus, obtained from a homosexual male presenting with lymphadenopathy. Antibodies to this virus were found in two patients' sera. This new retrovirus, not related to HTLV I, was T lymphotropic and produced a decline of lymphocyte proliferation (demonstrating a cytopathic effect). [The SC⁹ indicates that this paper has been cited in over 835 publications.]

ratory was technically well placed to carry out such a study.

For our first attempt, we looked for a retrovirus produced by T lymphocytes, which were known to be affected by the disease. However, we did not start with a preconceived idea about which retrovirus, if any, we would find. In order to avoid any bias, we chose to follow a blind attempt and in collaboration with clinicians, we decided to study a man at risk for the disease. In order to avoid any bias, we chose to study a case, the target cells for the etiological agent should still be present. We added antihuman immunodeficiency virus (HIV) antibody since, in earlier studies, we had shown control of retrovirus production by endogenous HIV [10]. In this case, the supernatant of the T-lymphocyte cultures was detected in our T-lymphocyte cultures' supernatant as early as two weeks after the onset of the disease. However, when we tested the supernatant of the virus-producing cell culture was dying. At that time, we thought that this virus might be a defective virus, which would not be able to propagate it and not to lose it. However, we were able to propagate the virus in normal T-lymphocytes and in normal cells from a healthy donor and from umbilical cord blood. This allowed us to study this virus in a more controlled manner, to develop serologic tests and to develop serologic tests.

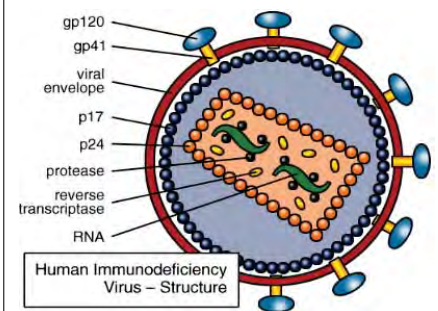
Since the first discovery, this new retrovirus, named Lymphadenopathy Associated Virus (LAV) and also Human T-Lymphotropic Virus type III (HTLV III) and ARV (AIDS related virus) by others, has been recognized by the scientific community as the etiological agent of AIDS. This virus is also called Human Immune Deficiency Virus (HIV).

1982 we were studying the presence of retrovirus related to mouse mammary tumor virus or MMTV-related sequences in lymphocytes of patients with breast cancer.¹ Thus, in January 1983, when we decided to look for a retrovirus as a possible cause of AIDS, our labo-

[illegible]

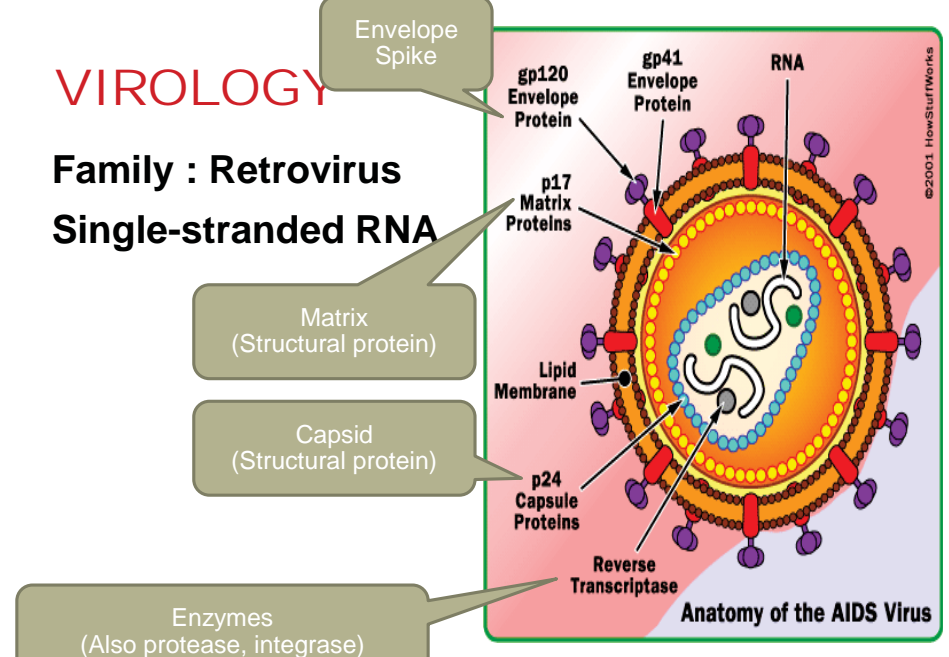
18

©1987 by ISI® CURRENT CONTENTS®

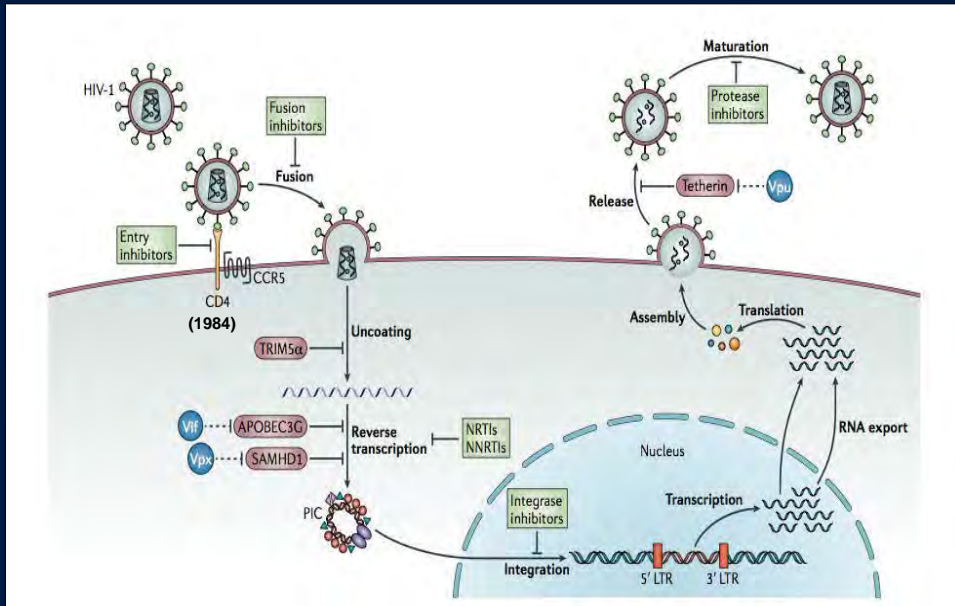


VIROLOGY

Family : Retrovirus
Single-stranded RNA

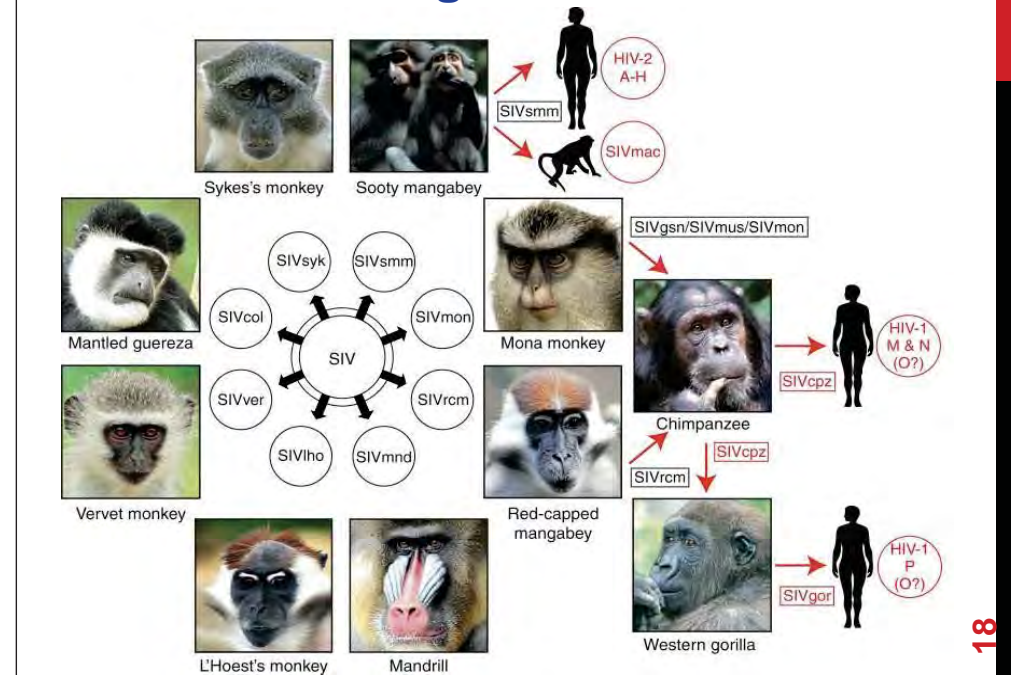


Schematic Overview of HIV Replication Cycle

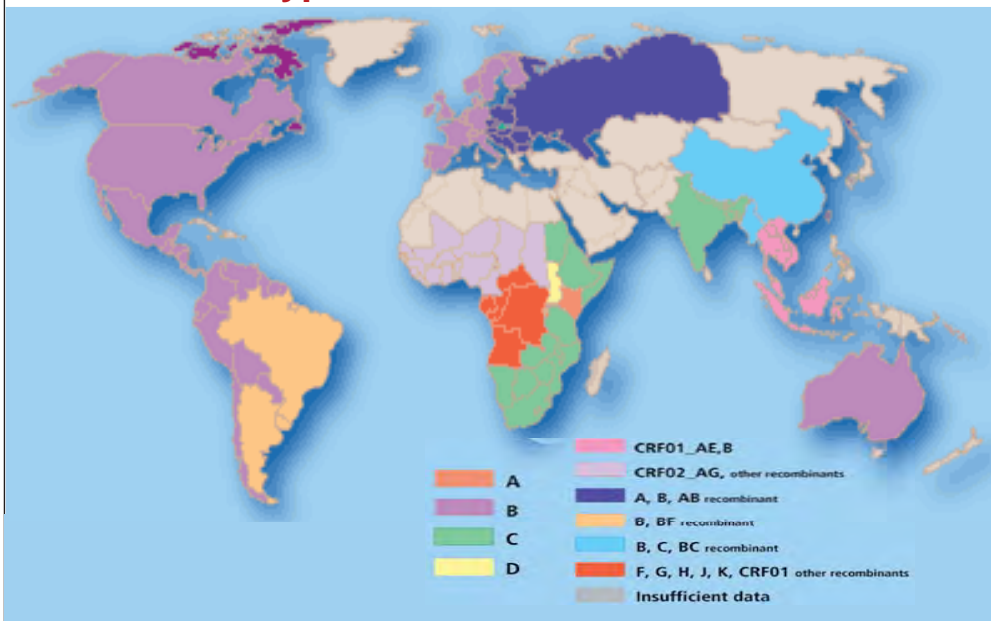


Barré-Sinoussi F, Ross AL, Delfraissy JF. Nat Rev Microbiol 2013; 11:887-883.

Origin of HIV



Regional Epidemic Patterns of Subtypes and Recombinants of HIV



The collage includes a portrait of Rock Hudson, a newspaper clipping from Newsweek titled "Actor Rock Hudson is dead", and a magazine cover from Delta 191: Death in Dallas. The Newsweek article discusses Hudson's death and the impact of AIDS on the entertainment industry. The Delta 191 article discusses the death of Rock Hudson and the impact of AIDS on the entertainment industry. The magazine cover features a headline about Rock Hudson's death and a sub-headline about the "Shocking Reason He Hid AIDS For a Year".

CONFIDENTIALITY ENDANGERED? / Halberstadt (P. 9)

NEW YORK Summer Likes It Hot Native Fashions by Cynthia Miller (P. 30)

NATIVE

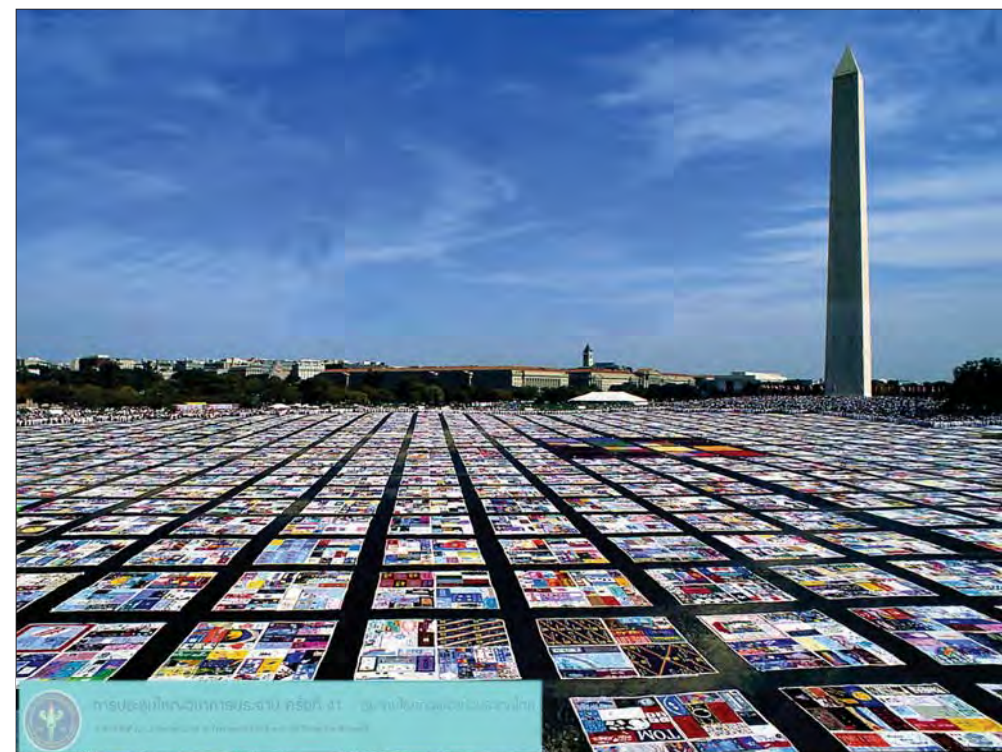
AZT

AZT is not a cure for AIDS. AZT's alleged benefits are not backed up by hard data, and are not sufficient to compensate for the drug's known toxicities. Recovery from AIDS will come from strengthening the body, not poisoning it. Do not take, prescribe, or recommend AZT.

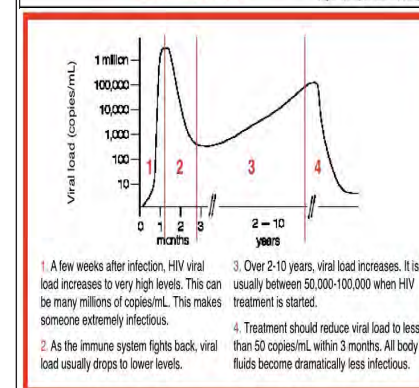
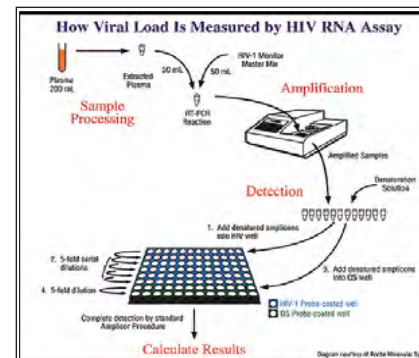
— John Lauritsen (P. 14)



21



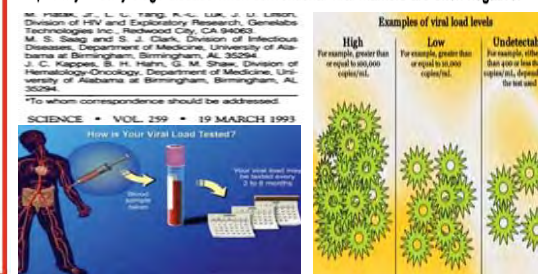
The Impact of AIDS on the San Francisco Gay Men's Chorus



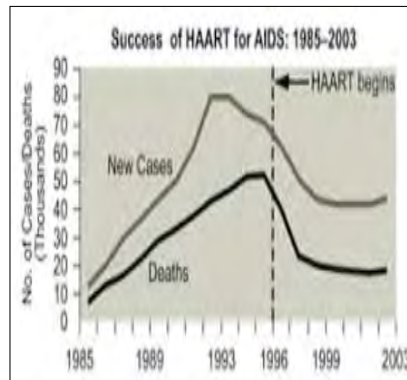
High Levels of HIV-1 in Plasma During All Stages of Infection Determined by Competitive PCR

M. Piatak, Jr., M. S. Saag, L. C. Yang, S. J. Clark, J. C. Kappes, K.-C. Luk, B. H. Hahn, G. M. Shaw, J. D. Lifson*

Quantitative competitive polymerase chain reaction (QC-PCR) methods were used to quantify virion-associated human immunodeficiency virus type-1 (HIV-1) RNA in plasma from 66 patients with Centers for Disease Control stage I to IVC1 infection. HIV-1 RNA, ranging from 100 to nearly 22,000,000 copies per milliliter of plasma (corresponding to 50 to 11,000,000 virions per milliliter), was readily quantified in all subjects, was significantly associated with disease stage and CD4⁺ T cell counts, and decreased by as much as 235-fold with resolution of primary infection or institution of antiretroviral therapy. Plasma virus levels determined by QC-PCR correlated with, but exceeded by an average of 60,000-fold, virus titers measured by endpoint dilution culture. Quantitation of HIV-1 in plasma by QC-PCR may be useful in assessing the efficacy of antiretroviral agents, especially in early stage disease when conventional viral markers are often negative.

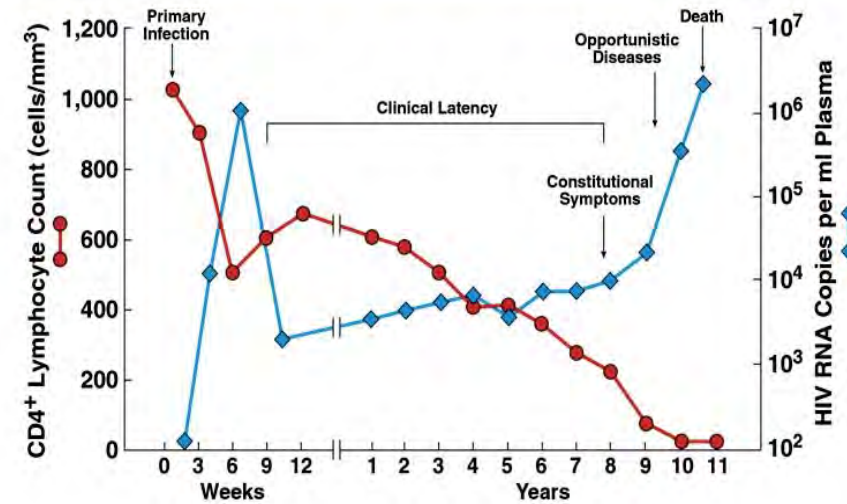


Vancouver 1996: Highly Active Antiretroviral Therapy Highlighted at IAS



25

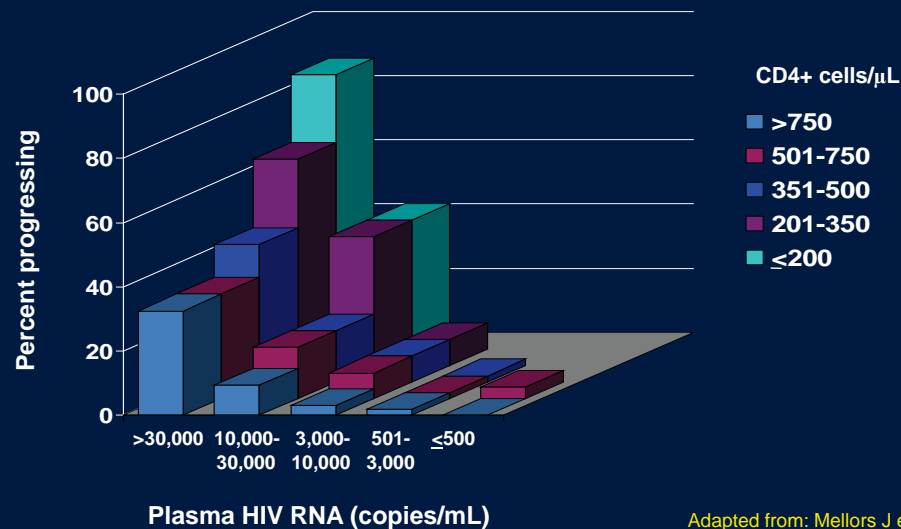
Typical Course of Untreated HIV Infection



Modified From: Fauci, A.S., et al, Ann. Intern. Med., 124:654, 1996

26

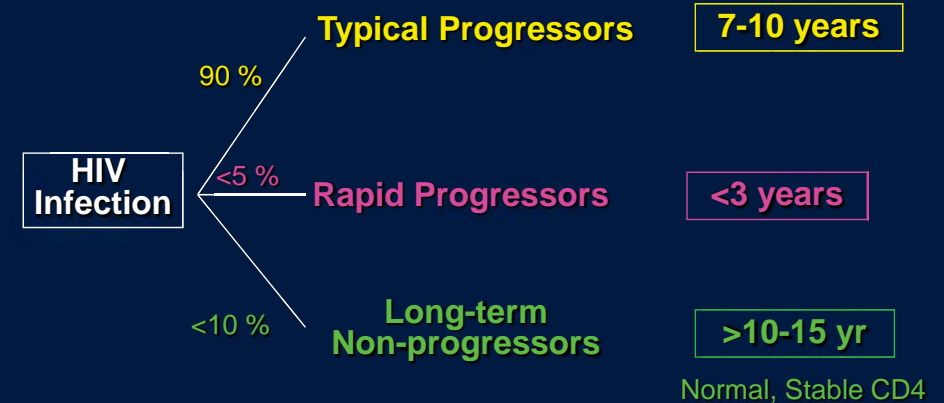
Likelihood of Developing AIDS in 3 Years



Adapted from: Mellors J et al.
Ann Intern Med. 1997



Patterns of HIV Disease Progression



โรคเอดส์...โรคไร้พรมแดน

□ เหตุการณ์และพัฒนาการที่สำคัญ

□ สถานการณ์และแนวโน้ม



Global estimates for adults and children | 2013

People living with HIV 35.0 million [33.2 million – 37.2 million]

New HIV infections in 2013 2.1 million [1.9 million – 2.4 million]

Deaths due to AIDS in 2013 1.5 million [1.4 million – 1.7 million]

New HIV infection ~ 5,753 cases / day

~ 240 cases/ hour

~ 4 cases/ minute

Source: UNAIDS



Regional HIV and AIDS statistics and features | 2013

	Adults and children living with HIV	Adults and children newly infected with HIV	Adult prevalence (15–49) [%]	Adult & child deaths due to AIDS
Sub-Saharan Africa	24.7 million [23.5 million – 26.1 million]	1.5 million [1.3 million – 1.6 million]	4.7% [4.4% – 4.9%]	1.1 million [1.0 million – 1.3 million]
Middle East and North Africa	230 000 [160 000 – 330 000]	25 000 [14 000 – 41 000]	0.1% [<0.1% – 0.2%]	15 000 [10 000 – 21 000]
Asia and the Pacific	4.8 million [4.1 million – 5.5 million]	350 000 [250 000 – 510 000]	0.2% [0.2% – 0.2%]	250 000 [210 000 – 290 000]
Latin America	1.6 million [1.4 million – 1.8 million]	94 000 [71 000 – 170 000]	0.4% [0.4% – 0.6%]	47 000 [39 000 – 75 000]
Caribbean	250 000 [230 000 – 280 000]	12 000 [9 400 – 14 000]	1.1% [0.9% – 1.2%]	11 000 [8 300 – 14 000]
Eastern Europe and Central Asia	1.1 million [980 000 – 1.3 million]	110 000 [86 000 – 130 000]	0.6% [0.6% – 0.8%]	53 000 [43 000 – 69 000]
Western and Central Europe and North America	2 300 000 [2.0 million – 2.6 million]	88 000 [44 000 – 160 000]	0.3% [0.3% – 0.5%]	27 000 [23 000 – 34 000]
TOTAL	35.0 million [33.2 million – 37.2 million]	2.1 million [1.9 million – 2.4 million]	0.8% [0.7% – 0.8%]	1.5 million [1.4 million – 1.7 million]

The ranges around the estimates in this table define the boundaries within which the actual numbers lie, based on the best available information.

Source: UNAIDS



Global HIV Burden, UNAIDS 2013

	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
People living with HIV	29.8 million [28.1-31.9 million]	30.7 million [29.0-32.7 million]	31.4 million [29.7-33.3 million]	31.8 million [30.2-33.7 million]	32.1 million [30.5-34.0 million]	32.4 million [30.8-34.3 million]	32.7 million [31.2-34.6 million]	33.1 million [31.5-34.9 million]	33.4 million [31.8-35.2 million]	33.8 million [32.2-35.6 million]	34.2 million [32.5-36.2 million]	34.6 million [32.8-36.6 million]	35.0 million [33.2-37.2 million]
New HIV Infections (Total)	3.4 million [3.3-3.6 million]	3.3 million [3.1-3.5 million]	3.1 million [3.0-3.3 million]	3.0 million [2.8-3.2 million]	2.9 million [2.7-3.1 million]	2.8 million [2.6-3.0 million]	2.7 million [2.5-2.9 million]	2.6 million [2.4-2.8 million]	2.5 million [2.3-2.7 million]	2.5 million [2.3-2.7 million]	2.4 million [2.2-2.6 million]	2.2 million [2.0-2.5 million]	2.1 million [1.9-2.4 million]
New HIV Infections (adults)	2.9 million [2.7-3.0 million]	2.7 million [2.5-2.9 million]	2.6 million [2.4-2.7 million]	2.4 million [2.2-2.6 million]	2.3 million [2.1-2.5 million]	2.2 million [2.0-2.4 million]	2.2 million [2.0-2.4 million]	2.2 million [2.0-2.4 million]	2.1 million [1.9-2.3 million]	2.1 million [1.9-2.3 million]	2.1 million [1.9-2.3 million]	2.0 million [1.8-2.2 million]	1.9 million [1.7-2.1 million]
New Infections (children)	580 000 [530 000-630 000]	580 000 [540 000-620 000]	580 000 [540 000-620 000]	570 000 [520 000-620 000]	550 000 [510 000-590 000]	520 000 [480 000-560 000]	490 000 [450 000-530 000]	460 000 [420 000-500 000]	400 000 [370 000-430 000]	360 000 [330 000-390 000]	330 000 [290 000-370 000]	270 000 [240 000-300 000]	240 000 [210 000-270 000]
AIDS-related deaths	2.0 million [1.8-2.2 million]	2.1 million [1.9-2.4 million]	2.3 million [2.1-2.5 million]	2.4 million [2.2-2.6 million]	2.4 million [2.2-2.6 million]	2.3 million [2.1-2.5 million]	2.2 million [2.0-2.4 million]	2.1 million [1.9-2.3 million]	2.0 million [1.8-2.1 million]	1.9 million [1.7-2.1 million]	1.8 million [1.7-2.0 million]	1.7 million [1.5-1.8 million]	1.5 million [1.4-1.7 million]
People accessing treatment									5.2 million	7.4 million	9.0 million	10.6 million	12.9 million (37% (38%, 24%))
Resources		US\$ 3.8 billion	US\$ 4.6 billion	US\$ 5.7 billion	US\$ 7.4 billion	US\$ 8.8 billion	US\$ 10.5 billion	US\$ 14.6 billion	US\$ 15.5 billion	US\$ 15.6 billion	US\$ 17.1 billion	US\$ 18.9 billion	US\$ 19.1 billion

About 6,300 new HIV infections a day in 2012

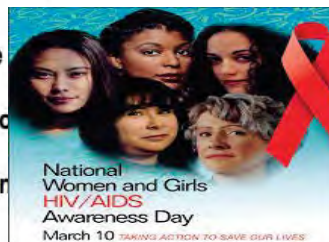


middle-income

under 15 years old

aged 15 years and over

— about 39% are among young people (15-24)



DID YOU KNOW?

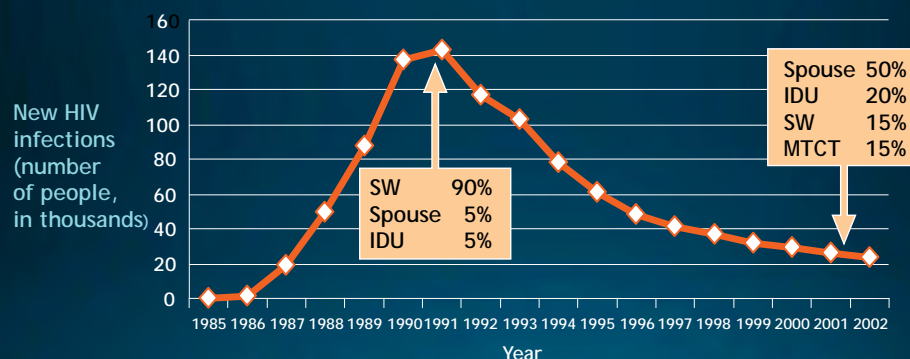
= 4.4 case / minute

1 IN 4
1 in 4
NEW HIV INFECTIONS
occur in youth
between the
ages 13 to 24.

#BEINTHEKNOW



Estimated number of new HIV infections in Thailand by year and changing mode of transmission MOPH Surveillance



Spouse: heterosexual transmission of HIV in cohabiting partnerships;
SW: HIV transmission through sex work
IDU: HIV transmission through injecting drug use; MTCT: mother to child transmission of HIV

Source: Thai Working Group on HIV/AIDS Projections, 2001
2004 Report on the Global AIDS Epidemic (Fig 4)

ปี พ.ศ.

2527

พบผู้ติดเชื้อเอดส์ รายแรก
เข้าใจว่า มาจากชายรักร่วมเพศเท่านั้น

2530-2531

พบผู้ติดเชื้อเอดส์ในกลุ่มผู้ฉีดยาเสพติด
เพิ่มขึ้นอย่างรวดเร็ว โดยติดจากการใช้เข็มและ
หลอดฉีดยาร่วมกัน

2532

พบผู้ติดเชื้อเอดส์ ในกลุ่มผู้ค้าบริการทางเพศสูงขึ้น



Table 1: Key figures of HIV estimation, Thailand

UNAIDS; Thailand progress reports 2014

22-23 cases/day
~ 1 cases/hour

Estimated Number	2000	2005	2011	2013	
New infections in adult people *	28,241	15,266	9,503	8,134	- 71%
New infections in adult women *	15,716	7,237	2,919	2,235	- 86%
Annual AIDS mortality in adult people *	55,079	30,805	19,511	20,962	- 62%
Annual AIDS mortality in adult women *	12,036	7,153	6,133	6,282	- 48%
Adult people living with HIV *	676,005	544,743	475,638	451,258	
Adult women living with HIV *	217,860	212,351	204,767	193,965 (43%)	
New infections in children <15 years **	1,378	748	176	122	- 91%
Annual mortality among children < 15 years**	452	406	173	158	- 65%
Children < 15 years living with HIV**	7,836	11,065	9,709	8,430	
Total population (million)	60.6	63.1	64.1	64.5	

* Estimated from Asian Epidemic Model ** Estimated from Spectrum

สถานการณ์ ผู้ติดเชื้อเอดส์ ในประเทศไทย

ในรอบ 30 ปีที่ผ่านมา

ไทยมีผู้ติดเชื้อที่เป็นผู้ใหญ่สะสมทั้งหมด

1,200,000 คน

เสียชีวิต กว่า 700,000 คน



การประเมินผลกระทบประจำปี ครั้งที่ 41 - รายงานผลการเฝ้าระวังโรคเอดส์
ประเทศไทย 2556 - 2557

37

คาดว่าในปี 2557 นี้ สถานการณ์ภาพรวมดีขึ้น

มีผู้ติดเชื้อเอดส์และยังมีชีวิต ทั้งหมด

446,154 คน

ในจำนวนนี้เป็นเด็กอายุน้อยกว่า 15 ปี

7,525 คน

ผู้ติดเชื้อรายใหม่ เฉลี่ยวันละ 22 คน

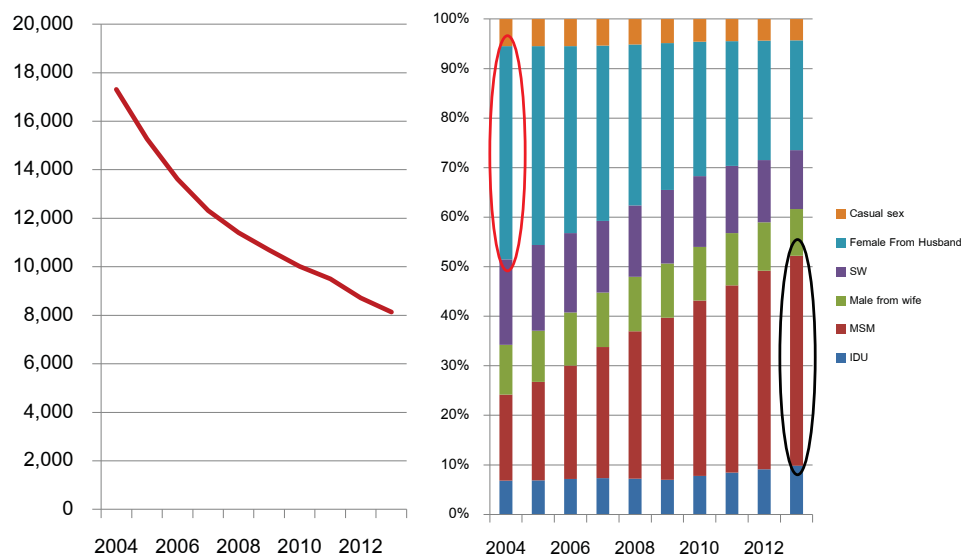
98% เป็นผู้ใหญ่

เด็ก 104 คน

ผู้เสียชีวิตมีประมาณวันละ 56 คน

ถือเป็นสัญญาณโรคที่ตัวอัตราการเพิ่มของผู้ติดเชื้อได้ลดลงแล้ว

การคาดประมาณจำนวนผู้ติดเชื้อเอชไอวีรายใหม่



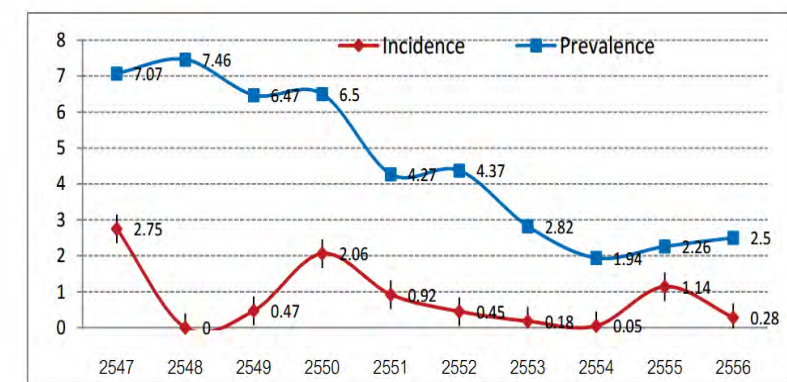
ที่มา: Summary Result 2010-2030 Projection for HIV/AIDS in Thailand, BOE. DDC. MOPH.

แนวโน้มการระบาดของในผู้ที่มีพฤติกรรมเสี่ยงสูง

รูปที่ 3 ความชุกของการติดเชื้อเอชไอวี และอุบัติการณ์การติดเชื้อเอชไอวี กลุ่มพนักงานบริการหญิงตรง ประเทศไทย

พ.ศ. 2547 - 2556

ร้อยละ



ที่มา : การเฝ้าระวังการติดเชื้อเอชไอวี พ.ศ. 2547 - 2556 สำนักระบาดวิทยา กรมควบคุมโรค

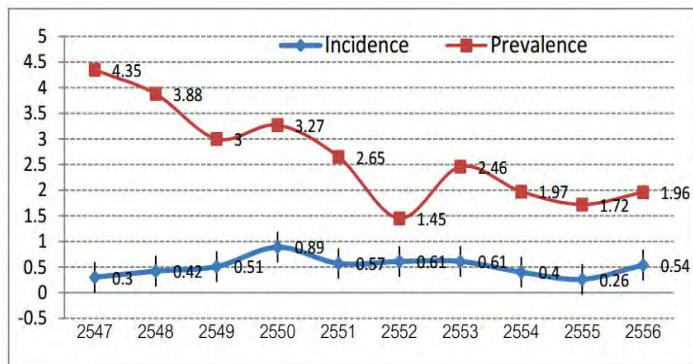
ภาพรวมสถานการณ์การระบาดของโรคติดเชื้อเอชไอวี ประเทศไทย พ.ศ. 2556 สำนักระบาดวิทยา กรมควบคุมโรค

แนวโน้มการระบาดในผู้ที่มีพฤติกรรมเสี่ยงสูง

รูปที่ 4 ความชุกของการติดเชื้อเอชไอวี และอุบัติการณ์การติดเชื้อเอชไอวีในกลุ่มพนักงานบริการหญิงแห่งประเทศไทย

พ.ศ. 2547 - 2556

ร้อยละ



ที่มา : การเฝ้าระวังการติดเชื้อเอชไอวี พ.ศ. 2547 - 2556 สำนักโรคติดต่อทางเพศสัมพันธ์ กรมควบคุมโรค

ภาพรวมสถานการณ์การระบาดของ การติดเชื้อเอชไอวี ประเทศไทย พ.ศ. 2556 สำนักโรคติดต่อทางเพศสัมพันธ์ กรมควบคุมโรค

แนวโน้มการระบาดในผู้ที่มีพฤติกรรมเสี่ยงสูง

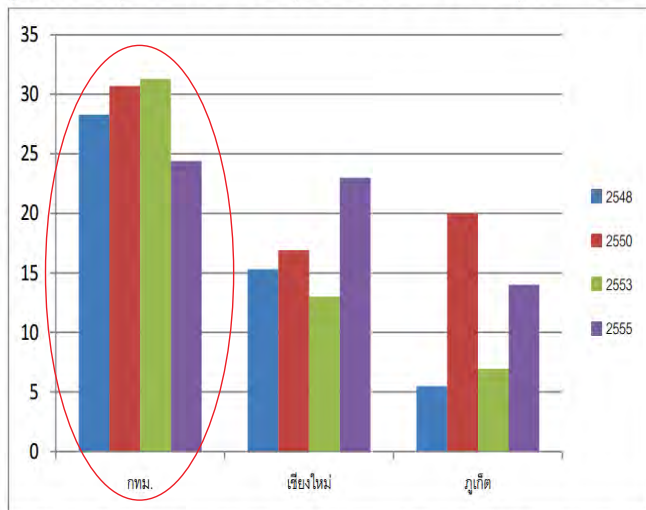
ตารางที่ 3 อัตราความชุกการติดเชื้อของพนักงานบริการหญิงที่ทำงานนอกสถานบริการและ ในสถานบริการพ.ศ. 2550 และ 2554

ประเภทของพนักงานบริการ	พ.ศ. 2550		พ.ศ. 2554		
	กทม.	เชียงใหม่	เชียงใหม่	ภูเก็ต	ชลบุรี
พนักงานบริการทำงานนอกสถานบริการ (จำนวน)	20.0% (519)	10.0% (87)	5.0% (287)	1.4% (285)	1.2% (284)
พนักงานบริการทำงานในสถานบริการตรง (จำนวน)	4.6% (264)	6.9% (72)	3.1% (128)	2.8% (284)	-
พนักงานบริการทำงานในสถานบริการแฝง (จำนวน)	1.6% (314)	1.2% (573)	0.98% (205)	2.61% (274)	-

ภาพรวมสถานการณ์การระบาดของ การติดเชื้อเอชไอวี ประเทศไทย พ.ศ. 2556 สำนักโรคติดต่อทางเพศสัมพันธ์ กรมควบคุมโรค

แนวโน้มการระบาดในผู้ที่มีพฤติกรรมเสี่ยงสูง

รูปที่ 6 : ความชุกการติดเชื้อเอชไอวี ในกลุ่มชายมีเพศสัมพันธ์กับชาย ในกรุงเทพฯ เชียงใหม่และภูเก็ต พ.ศ.2548 – 2555



แหล่งที่มา : การสำรวจ IBBS ในกลุ่มชายมีเพศสัมพันธ์กับชาย พ.ศ. 2548 – 2555, สำนักโรคติดต่อทางเพศสัมพันธ์ และศูนย์ความร่วมมือไทย-สหรัฐด้านสาธารณสุข

ภาพรวมสถานการณ์การระบาดของ การติดเชื้อเอชไอวี ประเทศไทย พ.ศ. 2556 สำนักโรคติดต่อทางเพศสัมพันธ์ กรมควบคุมโรค

SEXUAL TRANSMISSION

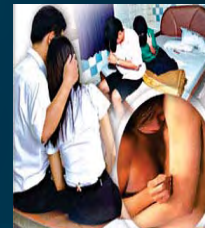
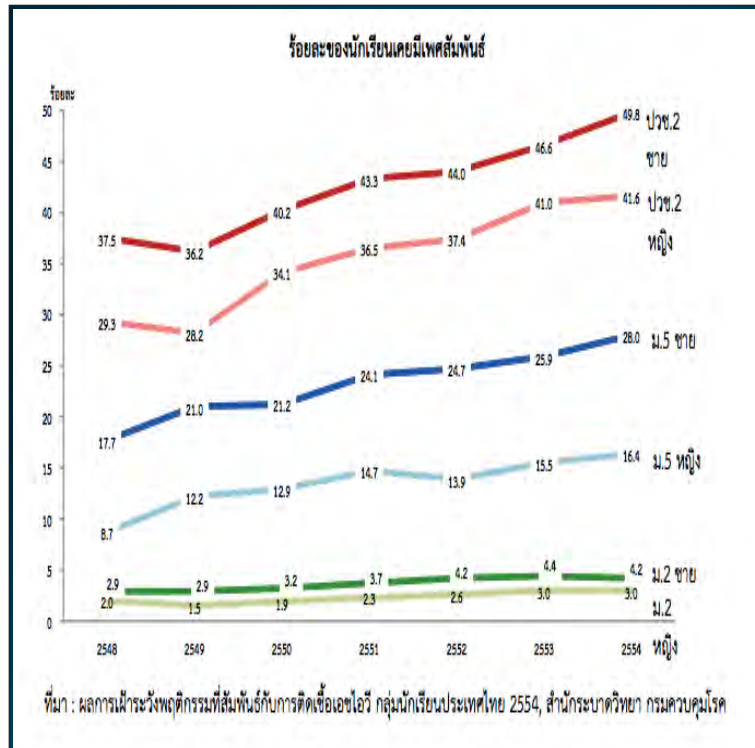
Type of exposure	Risk per 10,000 exposure
Receptive anal intercourse	138
Insertive anal intercourse	11
Receptive penile-vaginal intercourse	8
Insertive penile vaginal intercourse	4
Receptive oral intercourse	Low
Insertive oral intercourse	Low



การประเมินความเสี่ยงต่อการติดเชื้อเอชไอวี ครั้งที่ 41 - ศูนย์โรคติดต่อทางเพศสัมพันธ์

พฤษภาคม 2556 - 2557 (ข้อมูลปี 2555) (ข้อมูลปี 2554) (ข้อมูลปี 2553) (ข้อมูลปี 2552)



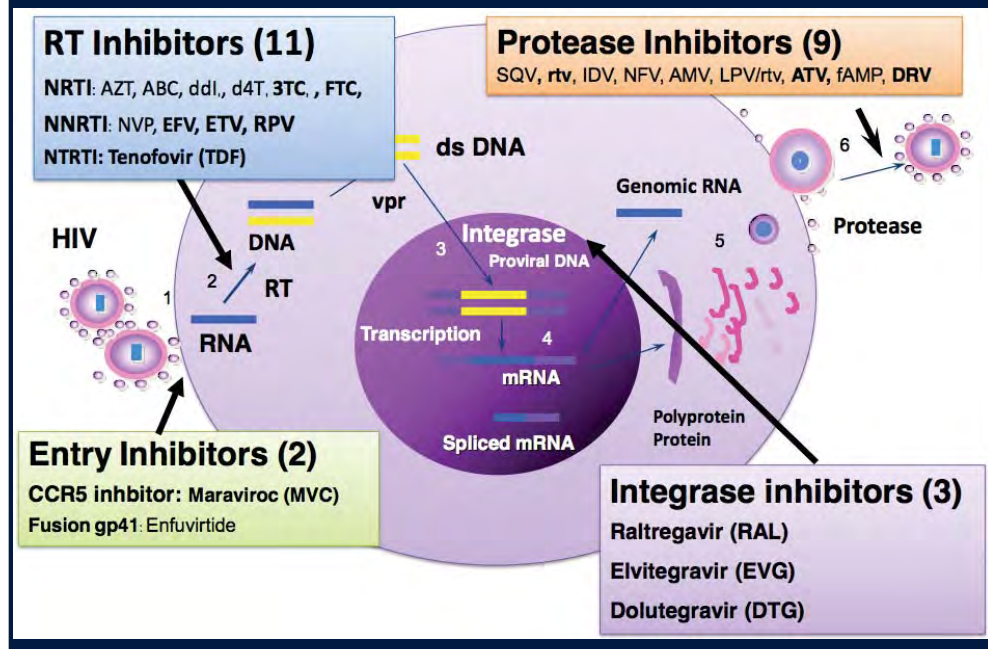


โรคเอดส์...โรคไร้พรมแดน

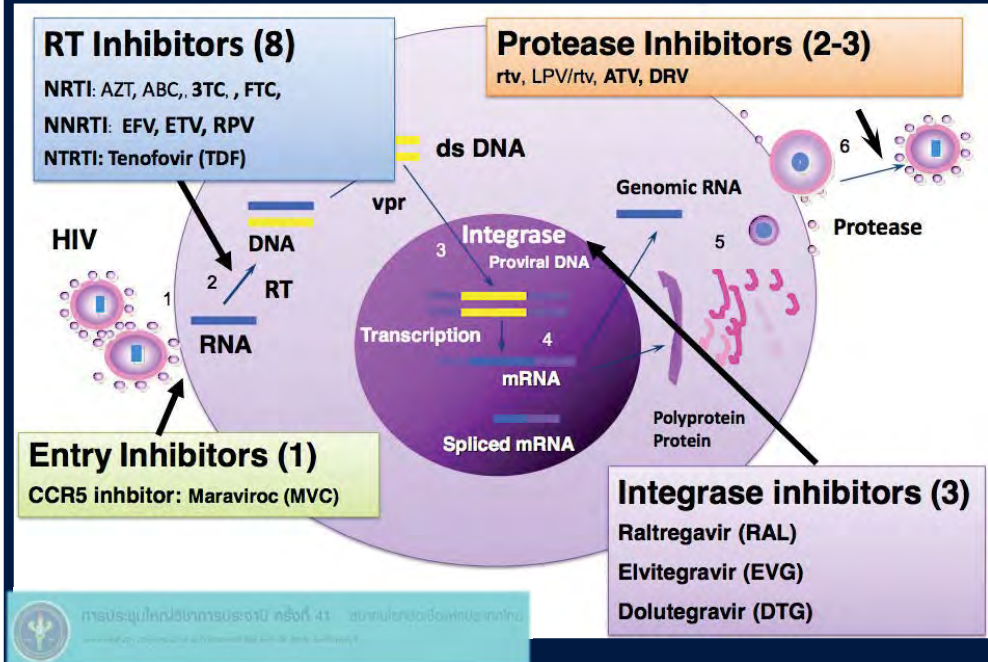
- ❑ เหตุการณ์และพัฒนาการที่สำคัญ
- ❑ สถานการณ์และแนวโน้ม
- ❑ ความก้าวหน้าด้านการรักษา



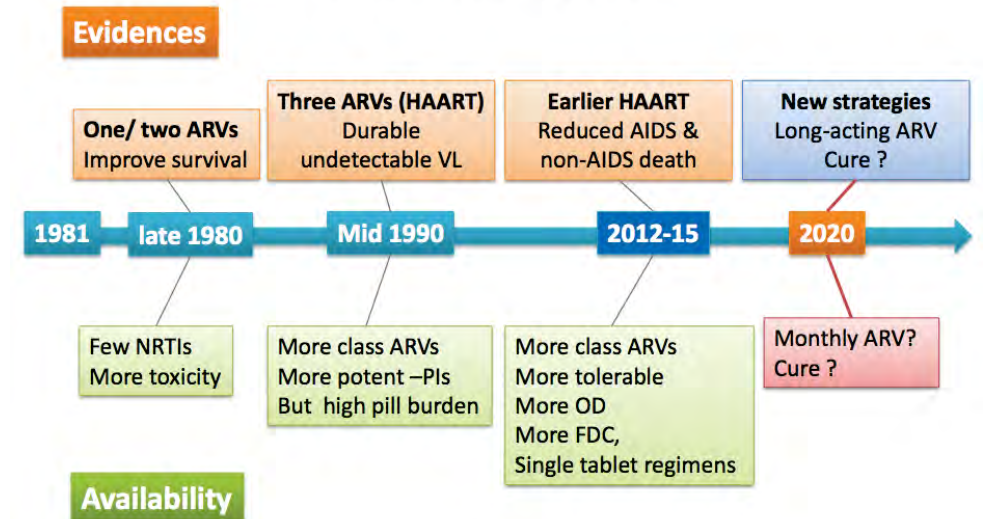
Antiretroviral Agents



Current Antiretroviral Agents

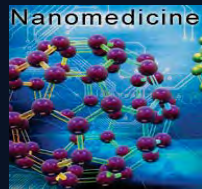


Three Decades of Learning and the Future

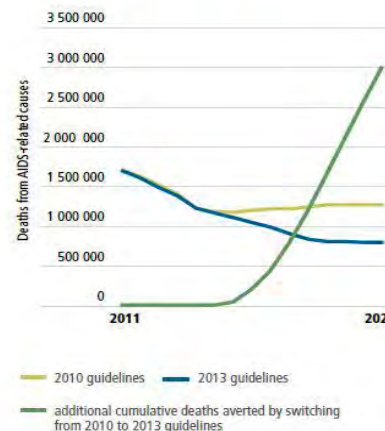


Treatment Simplification for PLWHIV

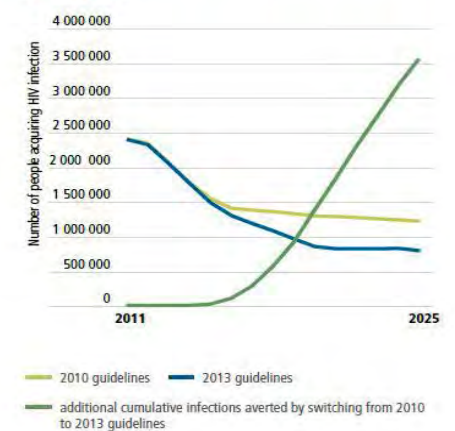
- Since the HAART era, treatment of HIV infection has become more potent and increased survival of PLWHIV
- Current HAART are more effective, more convenient, and less toxic than regimens used in the early HAART
- **Treatment Simplification** is an option for many patients currently being treated with HAART



Projected annual number of people dying from AIDS-related causes in low- and middle-income countries based on the 2010 WHO treatment guidelines and the 2013 WHO ARV guidelines and cumulative deaths averted by switching from 2010 to 2013 guidelines, 2011–2025



Projected annual number of people acquiring HIV infection in low- and middle-income countries based on the 2010 WHO treatment guidelines and the 2013 WHO ARV guidelines and additional cumulative number of people avoiding HIV infection by switching from 2010 to 2013 guidelines, 2011–2025



Impact on life expectancy of HIV-1 positive individuals of CD4⁺ cell count and viral load response to antiretroviral therapy

Margaret T. May^a, Mark Gompels^b, Valerie Delphech^c, Kholoud Porte^d, Chloe Orkin^e, Stephen Kegg^f, Phillip Hay^g, Margaret Johnson^h, Adrian Palfreemanⁱ, Richard Gilson^j, David Chadwick^k, Fabiola Martin^l, Teresa Hill^m, John Walshⁿ, Frank Post^o, Martin Fisher^p, Jonathan Ainsworth^q, Sophie Jose^r, Clifford Leen^s, Mark Nelson^t, Jane Anderson^u, Caroline Sabin^v, for the UK Collaborative HIV Cohort (UK CHIC) Study

AIDS 2014, 28:1193-1202

Keywords: antiretroviral therapy, CD4⁺ cell count, HIV, HIV-1 RNA, life expectancy, viral load

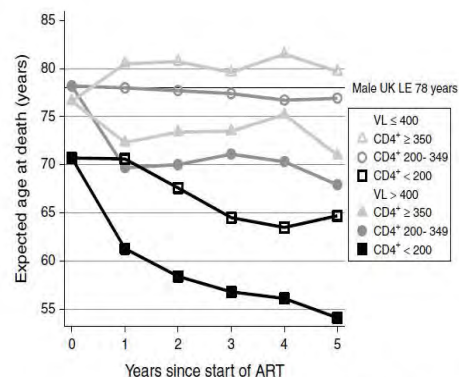


Fig. 1. Expected age at death of men aged 35 years at different durations of antiretroviral therapy according to current CD4⁺ cell count and viral suppression compared with the general population.

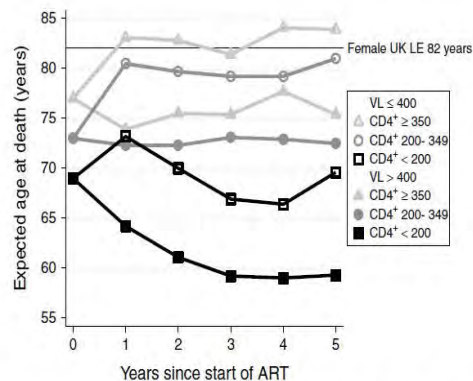
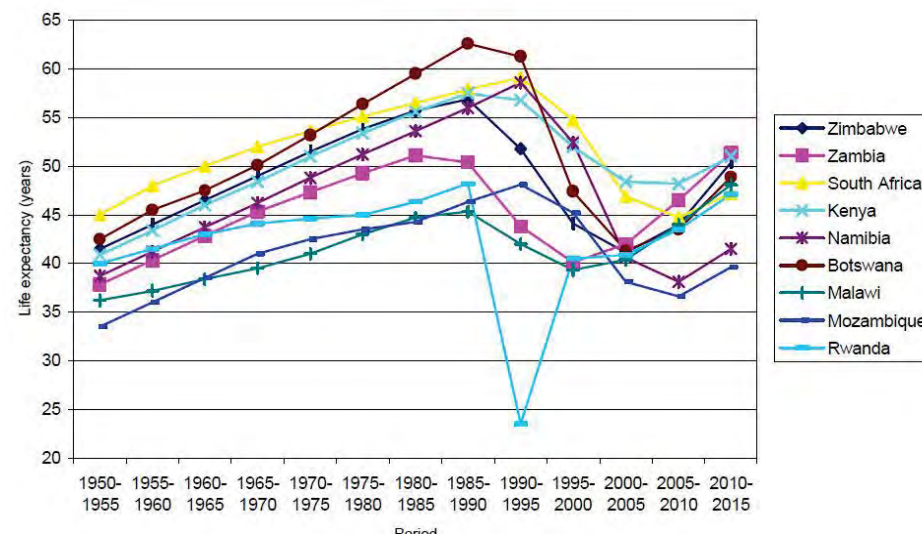


Fig. 2. Expected age at death of women aged 35 years at different durations of antiretroviral therapy according to current CD4⁺ cell count and viral suppression compared with the general population.

LIFE EXPECTANCY AT BIRTH WITH AND WITHOUT AIDS, THE 9 COUNTRIES WITH THE HIGHEST PREVALENCE, 1950-1955 TO 2010-2015



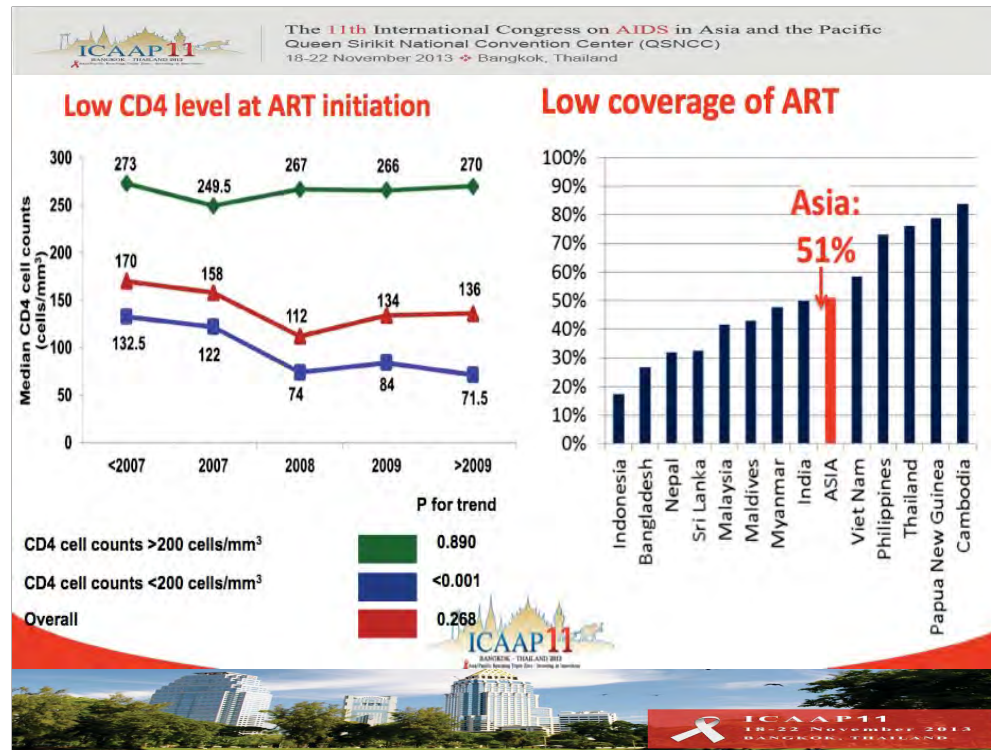
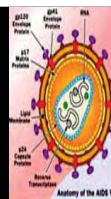
HIV/AIDS

During past 30 years
HIV/AIDS has been transformed from

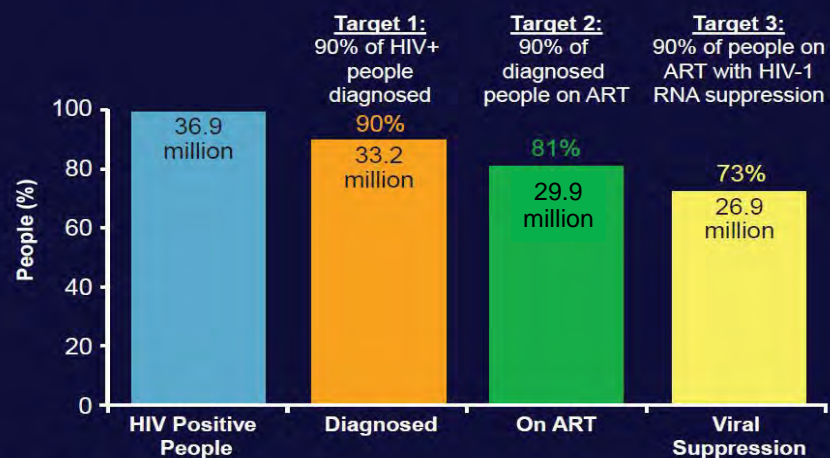
An almost fatal
illness



A chronic manageable
disease

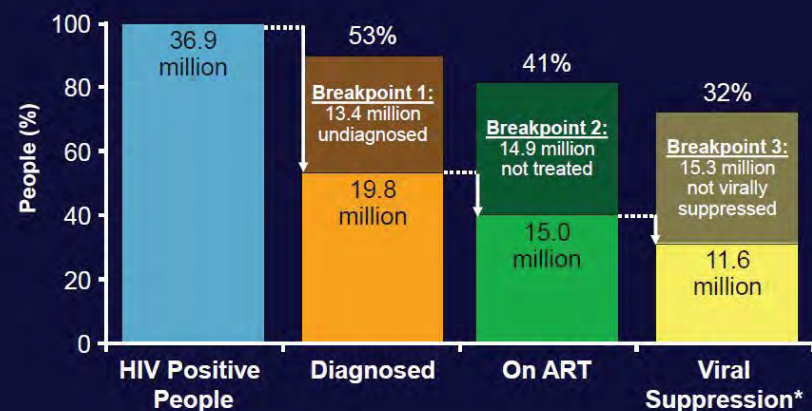


UNAIDS: 90-90-90 Treatment Targets



Levi J, et al. IAS 2015. Abstract MOAD0102.

UNAIDS: 90-90-90 Global Estimated Gaps



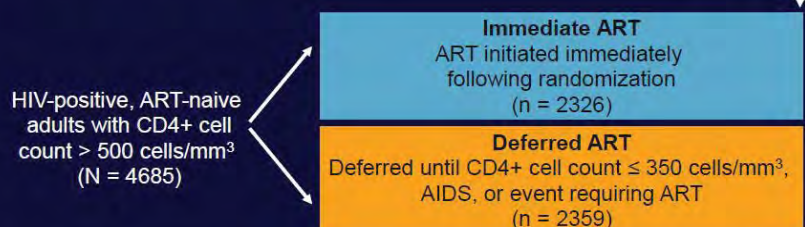
*HIV-1 RNA < 1000 copies/mL.

Levi J, et al. IAS 2015. Abstract MOAD0102.

START: Immediate vs Deferred Therapy for Asymptomatic, ART-Naïve Pts

- International, randomized trial

Study closed by DSMB following interim analysis



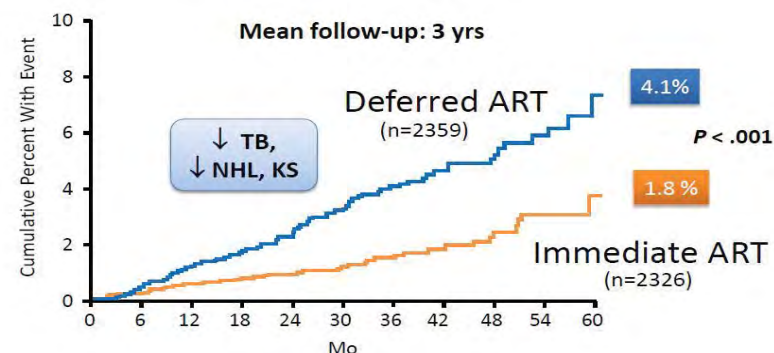
- Composite primary endpoint: any serious AIDS-related (AIDS-related death or AIDS-defining event) or non-AIDS-related event (non-AIDS-related death, CVD, end-stage renal disease, decompensated liver disease, non-AIDS-defining cancer)
- Mean follow-up: 3 yrs; median baseline CD4+ cell count: 651 cells/mm³; median baseline HIV-1 RNA: 12,759 copies/mL
- Median CD4+ cell count at initiation of ART for deferred group: 408 cells/mm³

INSIGHT START Study Group. N Engl J Med. 2015;[Epub ahead of print]. Lundgren J, et al. IAS 2015. Abstract MOSY0302.

START Study

57% Reduced Risk of Serious Events or Death with Immediate ART

- 4.1% vs 1.8% in deferred vs immediate arms experienced serious AIDS or non-AIDS-related event or death (HR: 0.43; 95% CI: 0.30-0.62; $P < .001$)



INSIGHT START Study Group. N Engl J Med. 2015;; Lundgren J, et al. IAS 2015. Abstract MOSY0302.

When to start ART by guidelines

Guidelines	CD4	Note
U.S. DHHS 2015	All	When the patient is ready and committed to treatment
WHO 2015	All	All adults with HIV regardless of WHO clinical stage and at any CD4 cell count if the patient is ready and committed
Thailand 2014	All	When the patient is ready and committed to treatment

โรคเอดส์...โรคไร้พรมแดน

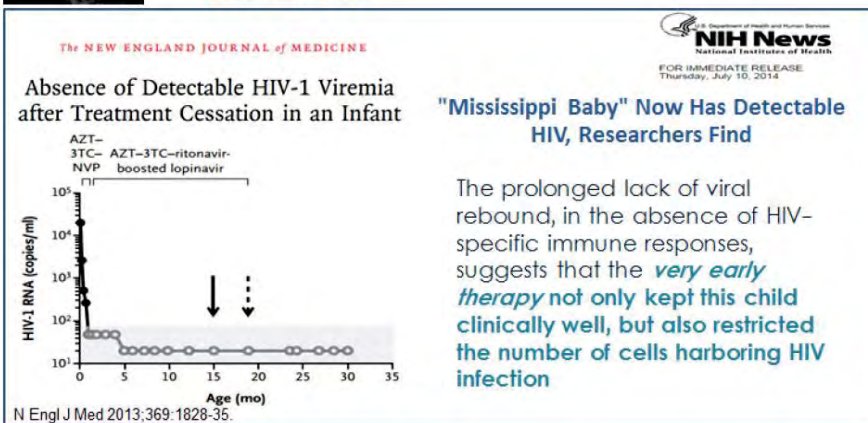
- ❑ เหตุการณ์และพัฒนาการที่สำคัญ
- ❑ สถานการณ์และแนวโน้ม
- ❑ ความก้าวหน้าด้านการรักษา
- ❑ การหายจากโรคเอดส์ (?)



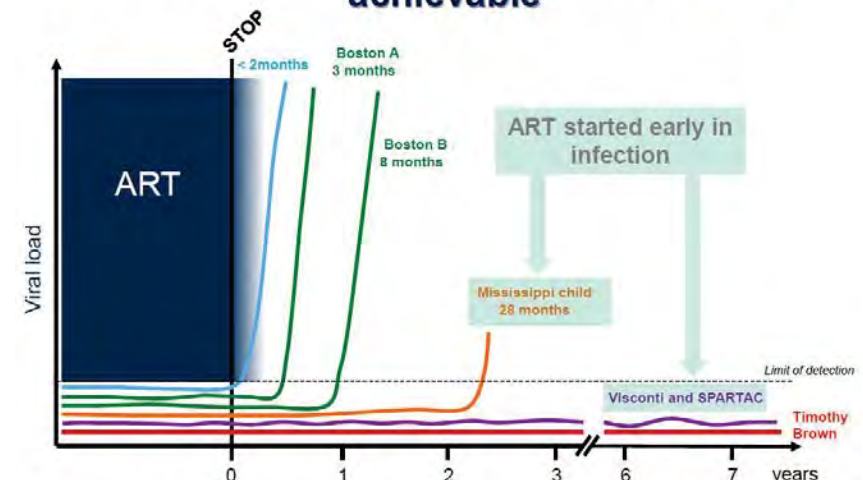
The road was bumpy for HIV cure in 2014



- HIV with acute myeloid leukemia
- Myeloablative therapy
- Bone marrow transplantation X2 times from CCR5Δ donor
- Free from HIV



Sustained remission off ART is rare but achievable



G. Hütter et al. NEJM 2009; D. Persaud et al. NEJM 2013; K. Luzunaga et al. NEJM 2015; T. Henrich et al. JID 2013; T. Henrich et al. Ann Intern Med 2014; W. Stöhr et al. Plos One 2013; L. Hocqueloux et al. AIDS 2010; A. Saez Cirion et al. Plos Path 2013; Adapted from J. Cohen, Science 2015.

Long-term "remission" in an infected adolescent without ART.

HIV-1 virological remission for more than 11 years after interruption of ★
early initiated antiretroviral therapy in a perinatally-infected child

Presented by Asier Saez-Cirion

P. Frange^{1,2,3}, A. Faye^{4,5}, V. Avettand-Fenoel^{1,2}, E. Bellaton⁶, D. Deschamps^{7,8}, M. Angin⁹, S. Caillat-Zucman^{10,11}, G. Peytavin^{12,13}, J. Le Chenadec^{14,15}, J. Warszawski^{14,15}, C. Rouzioux¹², A. Saez-Cirion⁹, ANRS EPF-CO10 Pediatric Cohort

One infant born from a woman with uncontrolled HIV-1 viremia received AZT based prophylaxis during 6 weeks. HIV-RNA and DNA were not detected 3 and 14 days after birth. HIV-DNA was detected at 4 weeks of age. VL reached a peak of 2.1×10^6 copies/ml at 3 months of age when cART (zidovudine, lamivudine, didanosine, ritonavir) was initiated. VL was undetectable one month later and remained below assay-detection limits while on cART, except at 15 and 21 months of age. Between 5.8 and 6.8 years of age cART was discontinued by the family.

VL was undetectable at 6.8 years of age and cART was not resumed. VL has remained < 50 copies/ml through 18.3 years of age, except for one blip (515 copies/ml). CD4+ T-cell counts remained stable.



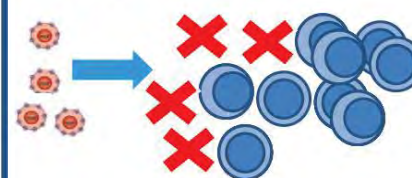
"This is not the end of the story but the beginning of a new chapter."

Current aims

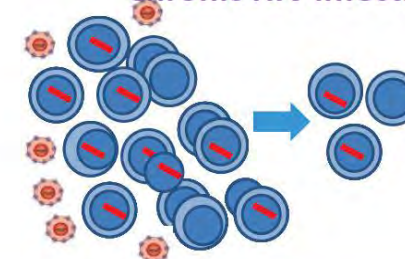
A. Preventing the formation of the pool

B. Reducing the size of pool of latently infected cells

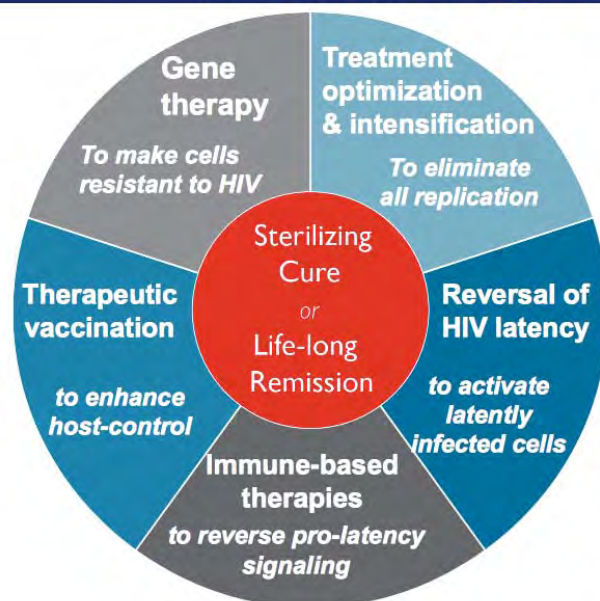
Acute HIV infection
Chronic HIV infection



Chronic HIV infection

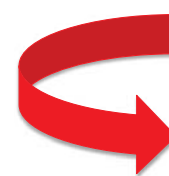
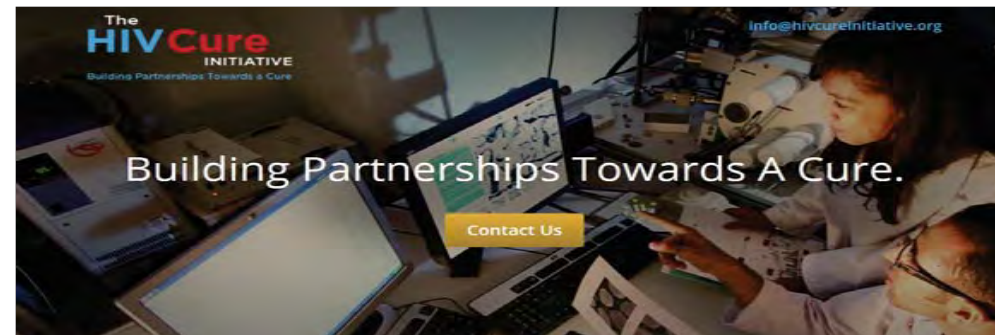


Future HIV Cure Strategies? A combined approach...

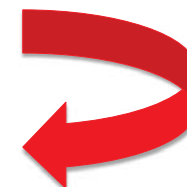


Others ongoing or planned studies

1. Very early therapy to prevent spread and preserve host responses
2. Direct acting anti-latency drugs
3. Anti-inflammatory drugs
4. Therapeutic vaccination
5. Immune based therapy
6. Cell therapy



towards an
HIV
cure
people focused
science driven



??????

โรคเอดส์...โรคไร้พรมแดน

- ❑ เหตุการณ์และพัฒนาการที่สำคัญ
- ❑ สถานการณ์และแนวโน้ม
- ❑ ความก้าวหน้าด้านการรักษา
- ❑ การหายจากโรคเอดส์ (?)
- ❑ มุ่งสู่ทศวรรษที่4



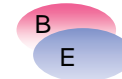
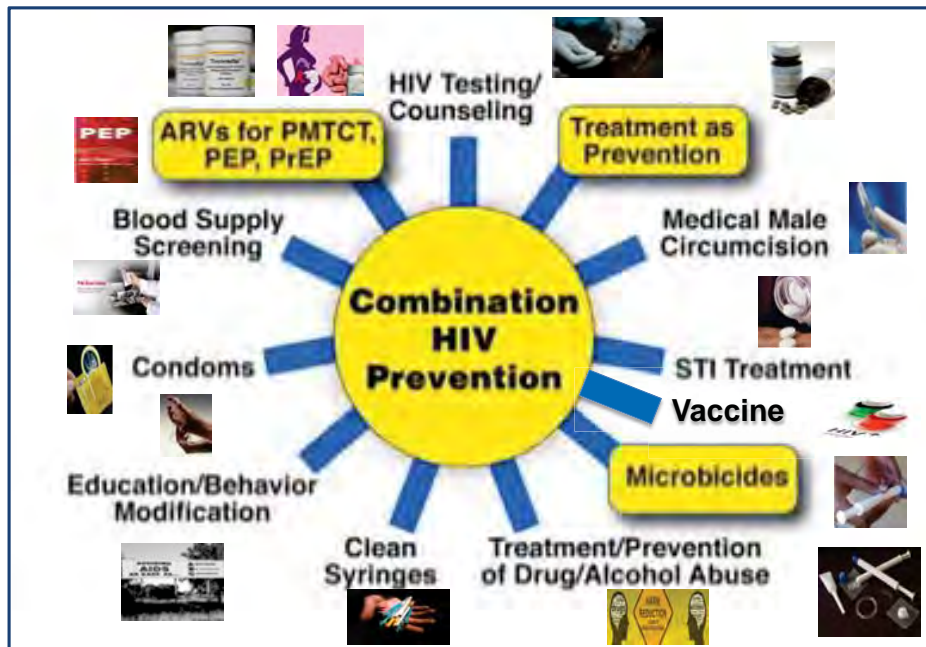
1 December 2012

World AIDS Day 2012: Getting to Zero



27 November 2012 -- **Getting to Zero:** Zero new HIV infections. Zero deaths from AIDS-related illness. Zero discrimination is the theme of World AIDS Day 2012. Given the spread of the epidemic today, getting to zero may sound difficult but significant progress is underway.

In 2011, 2.5 million people were newly infected with HIV. An estimated 1.7 million people died. That is 700 000 fewer new infections worldwide than ten years ago, and 600 000 fewer deaths than in 2005.



Thai Prime-Boost Study



N = 16,000 volunteers ages 20-30

Sponsors: Thai Government, Aventis Pasteur, VaxGen, US Military

Study Design:

Prominent clade in Thailand is CRF01_AE

VaxGen's AIDSVAX rgp120 from clades B and E

Prime @ 0, 1, 3 & 6 months with ALVAC canarypox vaccine (vCP1521, Aventis Pasteur); contains HIV genes *gag*, *pol*, and *nef*, clade B

Co-administer AIDSVAX B/E at 3 and 6 months

Started in 2003, 6 year study

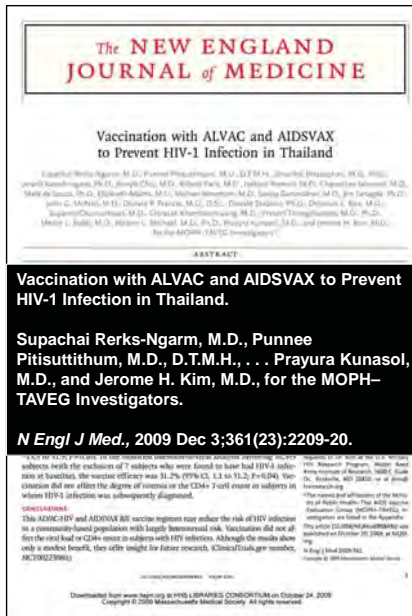
Endpoints:

Prevention of HIV Infection

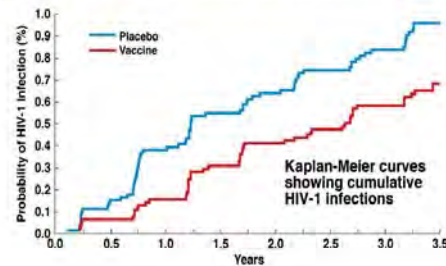
Reduction in Viral Load

Maintenance of CD4+ T cells

RV-144: Evidence that an AIDS Vaccine Can Prevent HIV-1 Infection in Humans



Cumulative Infection Rates in RV144 ("Thai Trial") – modified ITT Analysis



- Modest 31% reduction in infection
- limited duration

Proof of concept for a protective vaccine

ARV-BASED BIOMEDICAL HIV PREVENTION

- Global effort to scale up access to ART have largely focused on the life-saving benefits of treatment
- More recently, increased attention has been given to the use of ART to prevent HIV infection: 4 interventions.

1. PMTCT

2. TasP

3. PrEP

4. PEP

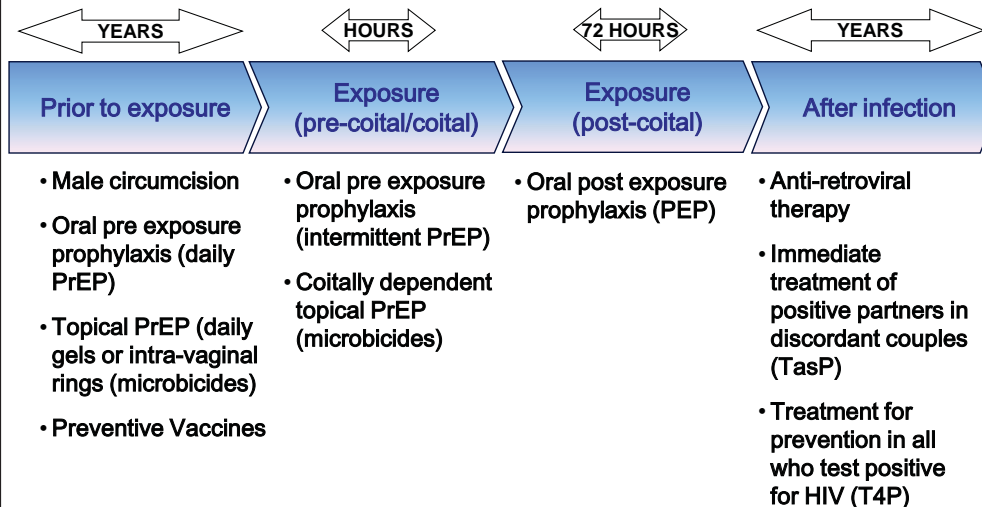
ARV given to HIV-infected individual

ARV-Based Biomedical Prevention

ARV given to HIV-uninfected individual

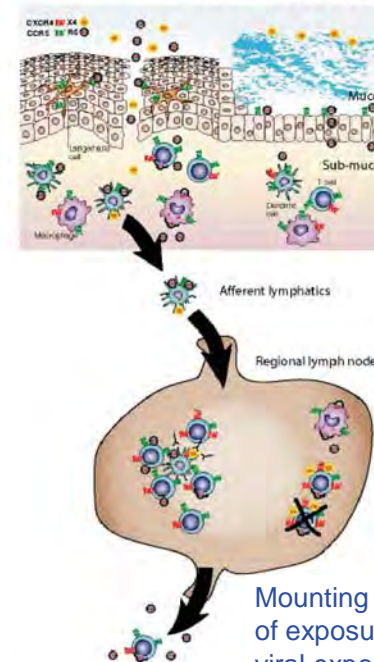
WHO strongly recommended as part of a comprehensive HIV prevention package of evidence-based interventions

Opportunities for HIV Biomedical Interventions



All have a behavioral and structural components

The time to act is short !



Exposure: 30-60 mins

DC-T cell transfer 1-4 hours
(virological synapse)

Localized infection: 16-72 hours

Dissemination to draining LN: 24-72 hours
(virological synapse)

Induction of memory responses: 3-5 days

Mounting a protective immune response within hours of exposure is a biological challenge, particularly if viral exposure is high

HIV

Post-Exposure Prophylaxis (PEP)

Occupational exposure PEP (oPEP)

- ◆ Percutaneous exposure ➔ *needle stick*
- ◆ Mucous membrane exposure
- ◆ Non-intact skin exposure

Non-occupational exposure PEP (nPEP)

- ◆ Sexual exposure
 - Consensual
 - Sexual assault (rape)
- ◆ Others - IVDU, Bite, Needle stick, blood Tx

Global epidemiology of sharp injuries

- Among millions of s in regions, there were **millions** s exposed to at least percutaneous injury with a sharp object contaminated with , , and
- The annual incidence rate of sharp injuries was **per year**

*Estimation of the global burden of disease attributable to contaminated sharps injuries among health-care workers :
Am J Ind Med. 2005 Dec;48(6):482-90.*

HCWs with HIV Infection after Occupational Exposure in USA

Occupation	Occupational HIV Infection	
	Documented (n = 57) (%)	Possible (n = 138) (%)
Nurse	24 (42)	35 (25)
Clinical LAB technician	16 (28)	17 (12)
Physician, non surgical	6 (11)	12 (9)
Non clinical LAB technician	3 (5)	0
House keeper	2 (4)	13 (9)
Surgical technician	2 (4)	2 (1)
Embalmer	1 (2)	2 (1)
Nurse Assistant	1 (2)	15 (11)

Healthcare Workforce Surveillance for occupationally Acquired HIV Infection as of December

HCWs with HIV Infection after Occupational Exposure in USA

Occupation	Occupational HIV Infection	
	Documented (n = 57)	Possible (n = 140)
Respiratory therapist	1 (2)	2 (1)
HD technician	1 (2)	3 (2)
Dental Personnel	-	8 (4)
ER Personnel	-	12 (9)
Surgeon	-	6 (4)
Other technicians	-	9 (7)
Other HCWs	-	6 (4)

Healthcare Workforce Surveillance for occupationally Acquired HIV Infection as of December

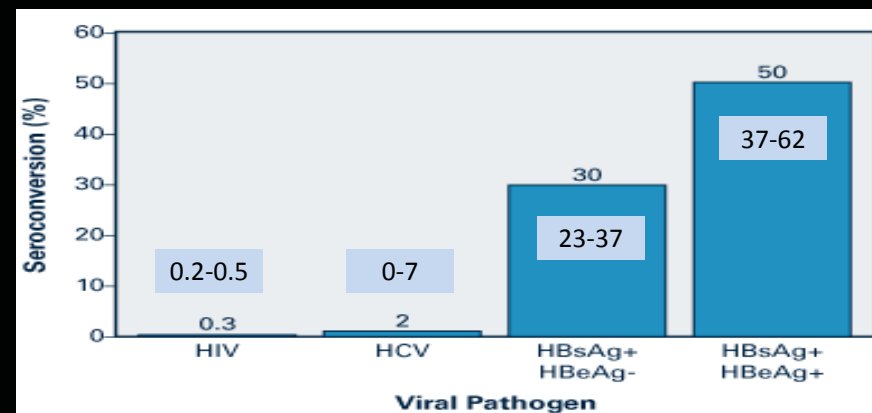
Occupational Exposures to HIV

- The global number of infections among health care workers attributable to sharps injuries has been estimated to be , cases range, , per year

<http://wwwnc.cdc.gov/travel/yellowbook> chapter the pre travel consultation occupational exposure to hiv



Estimated Pathogen-Specific Seroconversion Rate Per Exposure for Occupational Needlestick Injury



Occupational Infection Risk

HBV : HCV : HIV ~ 30: 3: 0.3 or ~ 100 : 10 :1

- MMWR. 2005; 54 (No. RR-09): 1-24.
- MMWR. 2001; 50 (No. RR-11): 1-42.
- Gerberding J. N Engl J Med 2003;348:826-33
- Henderson D. Clin Microbiol Rev 2003;16:546-68.

2013 USPHS Occupational PEP Guidelines Recommendations for Arv Regimens

Recommended Antiretroviral Regimens for oPEP (28-Day Duration)

Preferred Regimen		
ISI	RI	Ill Burden
Raltegravir (<i>Isentress</i>) 400 mg twice daily or Dolutagravir (<i>Tivicay</i>) 50 mg once daily	Tenofovir emtricitabine <i>Truvada</i> 1 pill daily	

Source: Kuhar DT, et al. Infect Control Hosp Epidemiol. 2013;34:875-92.

ALTERNATIVE REGIMENS

Combine drug or drug pair from left column with RI pair from right column

ategravir arunavir ritonavir travirine ilpivirine Atazanavir ritonavir lopinavir ritonavir	tenofovir emtricitabine tenofovir lamivudine idovudine lamivudine idovudine emtricitabine
Dolutagravir cobicistat tenofovir emtricitabine tribild	

Source: Kuhar DT, et al. Infect Control Hosp Epidemiol

HIV PRE-EXPOSURE PROPHYLAXIS

PrEP



ประสิทธิภาพของ PrEP จากการศึกษาในกลุ่มประชากรต่าง ๆ แสดงตาม adherence ในการกินยา

การศึกษา	กลุ่มประชากร	ยา PrEP ที่ใช้	ประสิทธิภาพโดยรวม	Adherence ในการกินยา	ประสิทธิภาพเมื่อมี adherence สูง
Partners PrEP	Serodiscordant heterosexual couples	FTC/TDF	75%	81%	90%
		TDF	67%		86%
TDF2	Heterosexual men and women	FTC/TDF	63%	79%	78%
iPrEX	Men who have sex with men	FTC/TDF	44%	51%	92%
Bangkok TDF	People who use drugs	TDF	49%	84%	74%
FEM-PrEP	Women	FTC/TDF	6%	35-38%	No protection
VOICE	Women	FTC/TDF	-4%	<30%	No protection
		TDF	-49%		No protection



Pragmatic Open-Label Randomised Trial of Pre-Exposure Prophylaxis: the PROUD study

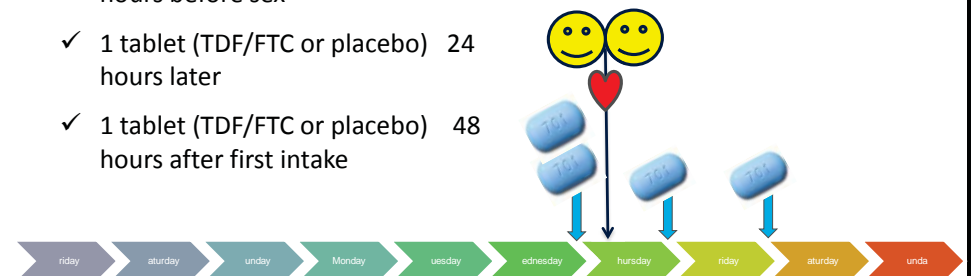
Re exposure Option for reducing in the U immediate or eferred

- To determine whether PrEP worked as well as iPrEx in this setting (44% reduction in HIV)
- Possibility that effectiveness might be less in real world



Ipergay : Event-Driven iPrEP

- ✓ 2 tablets (TDF/FTC or placebo) 2-24 hours before sex
- ✓ 1 tablet (TDF/FTC or placebo) 24 hours later
- ✓ 1 tablet (TDF/FTC or placebo) 48 hours after first intake



Key Challenges and Priorities in HIV/AIDS today

IMPLEMENTATION

- Test, treat and retain..
- Prevent new infections in uninfected people

SCIENTIFIC DISCOVERY

- Co-mortalities
- Vaccine discovery...
- Novel strategies to cure HIV-infected individuals on treatment (and prevent non infected people)...



กรมส่งเสริมสุขภาพ กระทรวงสาธารณสุข 41 - การป้องกันและควบคุมโรคติดต่อ
ศูนย์วิจัยโรคเอดส์ สภากาชาดไทย 25 สุขุมวิท กรุงเทพฯ 10110



THANK YOU FOR
YOUR ATTENTION