

NECROTIZING FASCIITIS:

THE DIFFICULT TO TREAT BACTERIAL INFECTIONS
IN SURGICAL PATIENTS

Pisake Boontham M.D., Ph.D.

Department of Surgery

Phramongkutklao Hospital



Infectious disease 2018:
Now and Next



Infectious disease 2018:
Now and Next



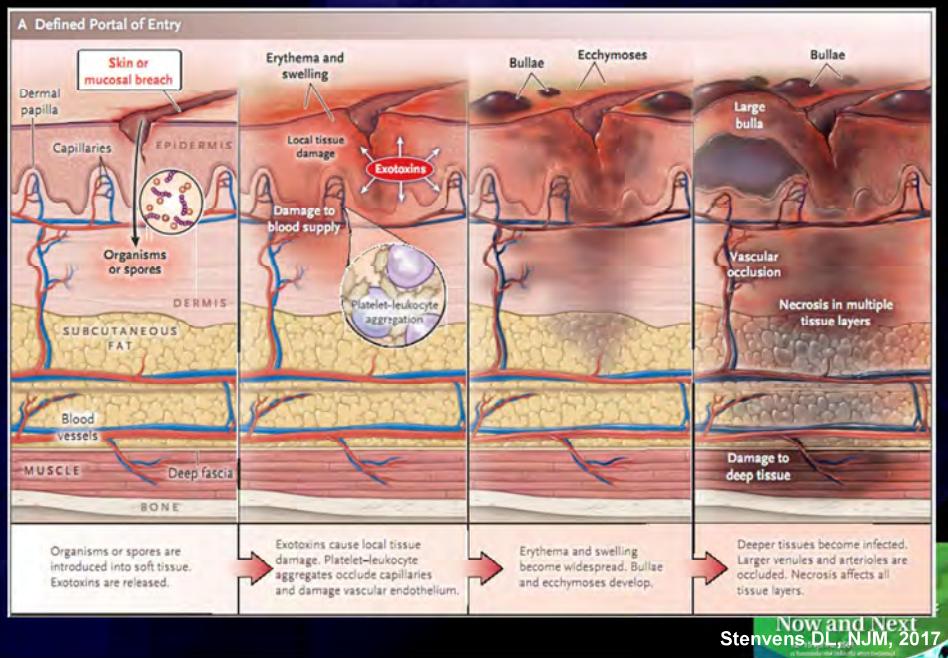
Infectious disease 2018:
Now and Next



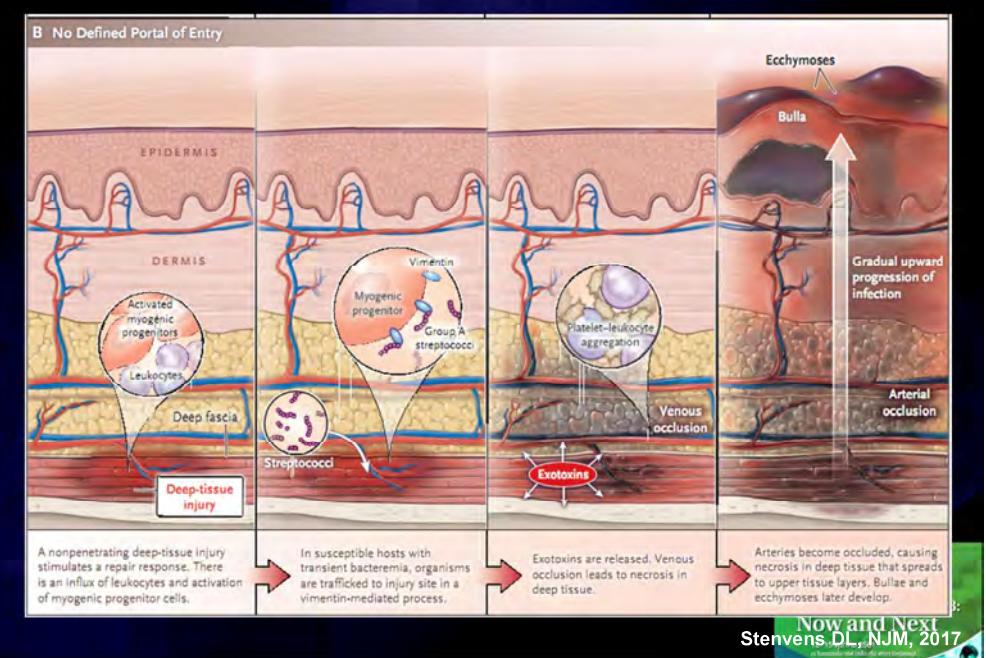
Infectious disease 2018:
Now and Next



Pathogenesis



Pathogenesis



Clinical Presentation

Pain out of proportion to exam and systemic toxicity
should suggest possibility of NF

Fascial necrosis occurs with involved fascia

Table 3. Symptoms/Signs Associated with Necrotizing Soft-Tissue Infection at the Time of Admission

| Finding | Percent of patients ⁶ (n = 89) | Percent of patients ³¹ (n = 192) | Percent of patients ³² (n = 22) |
|---|--|--|---|
| Erythema | 100 | 66 | 95 |
| Pain or tenderness beyond margins of erythema | 98 | 73 | 95 |
| Swelling | 92 | 75 | 86 |
| Crepitus or skin necrosis | 13 | 31 | 0 |
| Induration | 12 | 45 | |
| Bullae | 45 | 23 | 41 |
| Fluctuance | 11 | | |
| Fever | 53 | 32 | |
| Hypotension | 18 | 11 | |

Table 2

Physical findings on admission (Wong et al, 2003)

| Physical finding | Patient (%) |
|---------------------------------|-------------|
| Tenderness | 97.8 |
| Erythema | 100 |
| Warm skin | 96.6 |
| Bullae | 45 |
| Crepitus | 13.5 |
| Necrosis of skin | 13.5 |
| Hypotension | 18 |
| Fever (temp over 38°C) | 52.8 |
| Tachycardia (pulse over 100bpm) | 74.2 |

TABLE 4

**The Laboratory Risk Indicator
for Necrotizing Fasciitis score**

| Value | Points |
|---|--------|
| C-reactive protein, mg/dL | |
| <150 | 0 |
| >150 | 4 |
| White blood cell count, $\times 10^9/L$ | |
| <15 | 0 |
| 15–25 | 1 |
| >25 | 2 |
| Hemoglobin level, g/dL | |
| >13.5 | 0 |
| 11–13.5 | 1 |
| <11 | 2 |
| Sodium level, mmol/L | |
| ≥ 135 | 0 |
| <135 | 2 |
| Creatinine level, mg/dL | |
| ≤ 1.6 | 0 |
| >1.6 | 2 |
| Glucose level, mg/dL | |
| ≤ 180 | 0 |
| >180 | 1 |

LRINEC

(Laboratory Risk Indicator for Necrotizing Fasciitis)

| Risk Category | Points | Probability |
|---------------|----------|-------------|
| Low | ≤ 5 | < 50% |
| Intermediate | 6–7 | 50%–75% |
| High | ≥ 8 | > 75% |

REPRINTED FROM ANAYA DA, DELLINGER EP. NECROTIZING SOFT-TISSUE INFECTION: DIAGNOSIS AND MANAGEMENT. CLIN INFECT DIS 2007; 44:705–710, BY PERMISSION OF OXFORD UNIVERSITY PRESS.



Wong CH. The LRINEC score, Crit Care Med 2004;32:1535–41
Anaya DA, Necrotizing soft-tissue infection. Clin Infect Dis 2007;44:705–10
of the American Society of Microbiology

Clinical presentations

| Clinical presentation | NNSTI | NF | p-value |
|---|--------------|-------------|------------------|
| Presenting symptoms | | | |
| Fever n(%) | 73(36.3) | 52(55.9) | 0.002 |
| Pain n(%) | 87(43.3) | 31(33.3) | 0.107 |
| Presenting signs | | | |
| Erythema n(%) | 170(84.6) | 74(79.6) | 0.289 |
| Warm n(%) | 93(46.3) | 46(49.5) | 0.610 |
| Swelling n(%) | 169(84.1) | 74(79.6) | 0.667 |
| Skin bleb n(%) | 24(11.9) | 45(48.4) | <0.001 |
| Skin necrosis n(%) | 6(3) | 34(36.6) | <0.001 |
| Tenderness n(%) | 122(60.7) | 54(58.1) | 0.669 |
| Temperature (C°) mean±SD | 36.98±3.21 | 37.39±1.19 | 0.230 |
| Pulse rate mean±SD | 87.63±16.55 | 99.08±15.56 | <0.001 |
| Systolic blood pressure mean±SD | 132.33±25.72 | 117.4±30.6 | <0.001 |
| Diastolic blood pressure mean±SD | 74.91±15.49 | 70.84±17.26 | 0.046 |

Demographic data and patient characteristics (Total n=294)

| Characteristics | | NNSTI | NF | p-value |
|---------------------------------|-------------|------------|------------|--------------|
| Gender | Male n(%) | 115 (57.2) | 59(63.4) | 0.313 |
| | Female n(%) | 86(42.8) | 34(36.6) | |
| Age year (mean±SD) | | 59.11±18.5 | 58.23±16 | 0.691 |
| Diabetic mellitus n(%) | | 65(32.3) | 45(48.4) | 0.008 |
| Chronic kidney disease n(%) | | 34(16.9) | 14(15.1) | 0.688 |
| Hypertension n(%) | | 112(55.7) | 47(50.5) | 0.407 |
| Cirrhosis n(%) | | 10(5) | 8(8.6) | 0.233 |
| Body mass index (BMI) mean±SD | | 27.07±8.62 | 24.86±5.87 | 0.019 |
| Duration of onset day (mean±SD) | | 4.81±3.41 | 3.86±2.75 | 0.020 |



Laboratory presentations

| Laboratory presentation | NNSTI (mean±SD) | NF (mean±SD) | p-value |
|---------------------------------------|------------------|------------------|------------------|
| WBC (/ μ L) | 13,238.5±6941.64 | 18,973.19±7967.5 | <0.001 |
| Neutrophil (%) | 76.17±14.51 | 86.34±7.79 | <0.001 |
| Hemoglobin (g/dL) | 11.82±2.31 | 11.07±2.97 | 0.036 |
| Platelet ($\times 1000/\mu$ L) | 263.31±150.43 | 255.45±161.41 | 0.908 |
| Na ⁺ (mEq/L) | 134.41±4.81 | 131.48±5.6 | <0.001 |
| K ⁺ (mEq/L) | 3.55±1.18 | 3.68±0.96 | 0.609 |
| Cl ⁻ (mEq/L) | 98.5±9.43 | 94.44±11.93 | 0.003 |
| HCO ₃ ⁻ (mEq/L) | 25.72±9.45 | 21.81±4.7 | <0.001 |
| BUN (mg/dL) | 20.03±15.93 | 25.49±19.06 | 0.020 |
| Cr (mg/dL) | 1.28±0.9 | 1.64±1.3 | 0.020 |
| Alb (mg/dL) | 3.36±0.56 | 2.86±0.63 | <0.001 |
| BS (mg/dL) | 145.72±79.02 | 167.36±104.17 | 0.277 |



Imaging

Plain x-ray; not sensitive

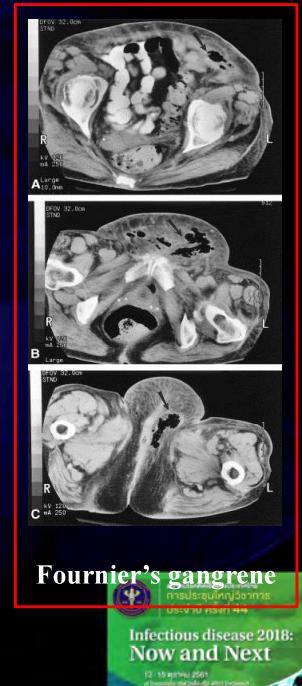
CT scan; more sensitive fascial thickening on CT had 80% sensitivity for diagnosis, IV contrast not helpful

MRI has a sensitivity of 90% to 100%, but specificity of only 50% to 85%

Ultrasonography detect superficial abscesses, not sufficiently sensitive/specific for diagnosis not be routinely used



Soft tissue gas from invasive Gr. A *Streptococci*



Fournier's gangrene

Bedside finger test

This is carried out under local anaesthesia, with an incision of 2 cm down to the deep fascia.

Gentle probing with the index finger is performed at the level of the deep fascia.

Signs of NF

lack of bleeding

Malodorous "dishwater pus"

Lack of normal tissue resistance to blunt finger dissection



Table 3
Microbiologic organisms recovered from original wounds

| Organism | N | n | % |
|---------------------------------------|-----|----|------|
| Aerobic | | | |
| Streptococci | 182 | 83 | 45.6 |
| Enterococci | 182 | 61 | 33.5 |
| Staphylococci | 182 | 64 | 35.2 |
| <i>Escherichia coli</i> | 182 | 57 | 31.3 |
| <i>Proteus</i> spp. | 182 | 38 | 20.9 |
| Other gram-negative rods ^a | 182 | 76 | 41.8 |
| Anaerobic | | | |
| Peptostreptococci | 131 | 45 | 34.4 |
| <i>Bacteroides</i> species | 128 | 70 | 54.7 |
| <i>Clostridium perfringens</i> | 129 | 12 | 9.3 |
| Other clostridial species | 128 | 17 | 13.3 |
| Other anaerobic species | 128 | 27 | 21.1 |
| Fungal species | 171 | 9 | 5.3 |

Elliott DC, Ann Surg 1996;224:672-83.

Microbiology of necrotizing fasciitis

| Gram positive | n (%) | Gram negative | n (%) |
|-----------------------------------|------------|------------------------------------|----------|
| <i>Staphylococcus aureus</i> | 16 (14.82) | <i>Escherichia coli</i> | 4 (3.70) |
| <i>Staphylococcus aureus-MRSA</i> | 2 (1.85) | <i>Escherichia coli -ESBL</i> | 8 (7.41) |
| <i>Staphylococcus epidermidis</i> | 4 (3.70) | <i>Klebsiella pneumoniae</i> | 7 (6.48) |
| <i>Streptococcus pyogenes</i> | 16 (14.82) | <i>Pseudomonas aeruginosa</i> | 9 (8.33) |
| <i>Streptococcus</i> spp. | 5 (4.63) | <i>Pseudomonass</i> spp. | 2 (1.85) |
| <i>Streptococcus viridan</i> | 2 (1.85) | <i>Acenitobacter baumaneii</i> | 2 (1.85) |
| <i>Streptococcus agalactia</i> | 5 (4.63) | <i>Acenitobacter baumaneii-MDR</i> | 2 (1.85) |
| <i>Streptococcus bovis</i> | 1 (0.93) | <i>Proteus mirabilis</i> | 4 (3.70) |
| <i>Streptococcus pneumoniae</i> | 1 (0.93) | <i>Citrobacter</i> spp | 1 (0.93) |
| <i>Enterococcus faecalis</i> | 10 (9.26) | <i>Enterobacter Cloacae</i> | 1 (0.93) |
| <i>Bacillus</i> spp. | 2 (1.85) | <i>Samonella</i> gr B | 1 (0.93) |
| | | <i>Aeromonas hydrophilia</i> | 1 (0.93) |
| | | <i>Morganella moeganii</i> | 1 (0.93) |
| | | <i>Edwardsiella tarda</i> | 1 (0.93) |

Infectious disease 2018:
Now and Next
12-19 January 2018
of Infectious Disease and Therapy

Microbiology

| Type | Bacterial cause | Region |
|----------------------------|--|----------------------------|
| 1. Polymicrobial infection | Aerobe and anaerobe <i>E.coli</i> , <i>Klisisella</i> , <i>Proteus</i> , <i>Bacteroides</i> , <i>Clostridia</i> , <i>Streptococcus</i> , <i>Staphylococcus</i>) | Abdomen Perineum Leg |
| 2. Monomicrobial infection | Streptococcal pyogenes <i>Staphylococcus aureus</i> <i>Clostridial</i> species | Arm Leg |
| 3. Monomicrobial infection | Marine vibrios <i>Aeromonas hydrophilia</i> | Arm Leg |

Sarani B, J Am Coll Surg. 2009 Feb;208(2):279-88

Distinguishing features of necrotizing soft tissue infections

| | Depth of involvement | Usual pathogens | Predisposing event | Incubation period | Rate of progression | Characteristic features |
|--|----------------------|--|-----------------------|--------------------|---------------------|--|
| Polymicrobial necrotizing fasciitis (type I) | fascia and muscle | obligate and facultative anaerobes | wound | long (48-96 h) | hours to days | foul-smelling drainage |
| Streptococcal gangrene (necrotizing fasciitis type II) | skin, fascia, muscle | group A>C>B streptococci | minor cut or abrasion | short (6-48 h) | a few hours | distinct margins |
| Gas gangrene (clostridial myonecrosis) | muscle | traumatic: <i>C. perfringens</i> > <i>C. novyi</i> traumatic: <i>C. septicum</i> | contaminated wound | short (6-48 h) | a few hours | extreme systemic toxicity |
| Non-clostridial myonecrosis | muscle and fascia | obligate and facultative anaerobes or <i>A. hydrophilia</i> | insult wound | variable (12-96 h) | hours to days | soft-tissue gas when polymicrobial aetiology |

DiNubile MJ, Lipsky BA. J Antimicrob Chemother. 2004;53(suppl 2):i37-ii50

Infectious disease 2018:
Now and Next
12-19 January 2018
of Infectious Disease and Therapy