

PK-PD and TDM for Dose Optimization: case-based scenario

Preecha Montakantikul
Faculty of Pharmacy, Mahidol University

Case 1

- 42 y/o male, wt 64 kg, ht 175 cm Admit:22/06/2563 Consult ID: 1/7/2563
- CC: fever dyspnea
- PI: fever 2 day PTA, cough, white sputum, dyspnea, urine with sediment, diarrhea x2
- PMH:
 - U/D AIHA with cirrhosis child A (Dx 1/2562)
 - Last adm: 11/4/63-6/6/63: active AIHA, ceftriaxone-resistant *P. vulgaris*/E. coli- UTI tx with ertapenem, XDR-AB, KP colonization in the sputum (20/5/63)
- Current medication: prednisolone (5) 2x1 pc, Azathioprine (50) 1x1 pc

Case 1

- **PE:** V/S T 38.5 HR 110 BP 89/56 RR 30 O₂SAT 92 (room air)
 - HEENT, Heart, Abd, neuro: normal
 - Lung: rhonchi, wheezing both lower lungs
- **CXR:** infiltration both lower lobe
- **Lab:**
 - CBC: WBC 14800, PNM 89%, Lym 10%, Mono 1%, Hb 11, Hct 32, plt 267000
 - Electrolyte: Na 143, K 3.5, CL 104, HCO₃ 20
 - Scr 0.89, BUN 13, AST 90, ALT 55, ALP 130, TB 0.5, DB 0.3, ID 0.2
 - Lactate 2.5
 - Nasal swab for Influenza A/B/RSV-PCR: pending
 - Sputum g/s: moderate gram pos rod, few gram neg rod, PMN numerous, epithelium numerous
 - H/Cx2: pending
 - U/A: WBC 1-2, RBC 3-5
 - U/C: pending
- Dx: severe CAP with septic shock in immunocompromised host

Case 1

- **21/6/2563:** ผู้ป่วยใส่ tube admit ICU
- **Start Empirical Treatment**
 - NE (8:250) rate 10 microdrop/min
 - Meropenem 2 g + nss 100 ml drip in 1 h then 1 g + Nss 100 ml drip in 1 h q 8 h
 - Azithromycin (250) 2x1 ac
 - Oseltamivir (75) 1x2 pc
 - Continue: prednisolone 10 mg/d, Azathioprine 50 mg/day
- Clcr = 97.87 mL/min

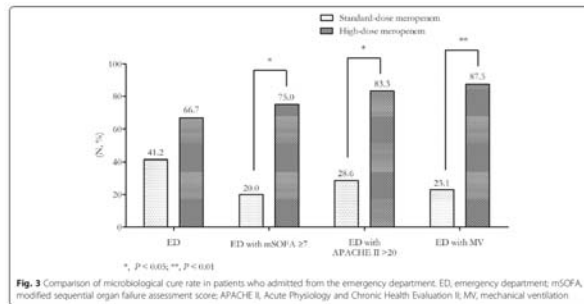
RESEARCH

Open Access

Clinical outcomes of empirical high-dose meropenem in critically ill patients with sepsis and septic shock: a randomized controlled trial

Tonpon Lertwattanachai¹, Preecha Montakantikul¹, Viratch Tangsujaritvut^{2,3}, Pitsucha Sanguanwit⁴, Jitjamnong Suejai⁵, Saranya Auparakkitanon⁵ and Pitchaya Dilokpattanamongkol⁵

- n = 79
- high-dose meropenem (2-g infusion over 3 h every 8 h) versus the standard-dose meropenem (1-g infusion over 3 h every 8 h) in sepsis and septic shock patients.



25/6/2563

- 25/6/2563: ผู้ป่วยย้ายออกจาก ICU with off ETT มาที่วอร์ดสามัญ
- PE: v/s T 37.3 HR 80 BP 110/75 RR 18 O₂SAT 99 (room air)
- Lab
- Nasal swab for Influenza A/B/RSV-PCR: negative
- Sputum
 - G/S: moderate gram pos rod, few gram neg rod, PMN numerous, epithelium numerous
 - C/S: normal flora
- H/Cx2: no growth
- U/C: mix organism

26/9/2563

- ผู้ป่วยมีไข้ ชีพจร ปกติไม่ตื่น ใส่ ETT ใหม่
- PE: V/S T 39 HR 105 BP 96/64 RR 30 O₂SAT 90 (room air)
 - HEENT, Heart, Abd: normal
 - Lung: rhonchi and wheezing at right lower lobe
 - Neuro: E2VTM3, alteration of conscious
- CXR: new infiltration at right middle lobe
- Lab:
 - CBC: WBC 21600, PNM 85%, Lym 13%, Mono 2%, Hb 10, Hct 29, plt 147000
 - Electrolyte: Na 140, K 4.3, CL 105, HCO₃ 25
 - Scr 1.2, BUN 15, AST 120, ALT 60, ALP 150, TB 1.3, DB 0.8, ID 0.5, Alb 2.4
 - Lactate 1.3
 - Sputum g/s: pending, H/Cx2: pending, U/A: WBC 1-2, RBC 5-10, U/C: pending

26/9/2563

- r/o HAP with sepsis in immunocompromised host
- Empirical Treatment:
 - NSS 1000 ml load
 - Meropenem 2 g + nss 100 ml drip in 1 h then 1 g + Nss 100 ml drip in 1 h q 8 h
- CrCl = 72 mL/min

1/7/2563

- **Lab**
- **Sputum**
 - G/S: moderate gram neg coccobacilli, PMN numerous, epithelium rare
 - C/S: *Acinetobacter baumannii* (XDR)
 - Susceptibility: Tigecycline (MIC = 1)
 - Intermediate: Colistin (MIC \leq 1)
- **H/C**
 - ขวดที่ 1: no growth
 - ขวดที่ 2 at 11 h 23 min: *Acinetobacter baumannii* (XDR) (AST – Phoenix®)

ATB	MIC	SIR
Amikacin	>32	R
Ampicillin/sulbactam	>16	R
Cefoperazone/sulbactam		R
Cefepime	>16	R
Ceftazidime	>16	R
Ciprofloxacin	>2	R
Colistin	<=1	I
Gentamicin	>8	R
Fosfomycin	>1024 (E-test)	ไม่มีมาตรฐาน CLSI ในการแปลผล
Imipenem	>8	R
Meropenem	>16	R
Piperacillin/tazobactam	>64	R
Tigecycline	4	R
Sitafloxacin	-	Zone site = 19 mm
Sulbactam	64 (E-test)	ไม่มีมาตรฐาน CLSI ในการแปลผล

Antibiotics for *A. baumannii*

Antibiotics	MIC	CLSI 2020 BP
Colistin	≤ 1	I ≤ 2
Sulbactam	MIC >16, = 64 (E-test)	Amp/sulb R $\geq 32/16$
Meropenem	>16	R ≥ 8
Tigecycline	4	NA
Sitafloxacin	Zone site 19 mm	NA



Article

In Vitro Activities of Colistin and Sitafloxacin Combinations against Multidrug-, Carbapenem-, and Colistin-Resistant *Acinetobacter baumannii* Using the Broth Microdilution Checkerboard and Time-Kill Methods

Vipavee Rodjun ¹, Jantana Houngsaitong ^{2,*}, Preecha Montakantikul ², Taniya Paiboonvong ³, Piyatip Khuntayaporn ², Pattareeya Yanyongchaikit ² and Pusana Sriyant ²

Table 1. Activity of colistin and sitafloxacin against *A. baumannii* as single agents and in combination.

Agent	MDR-AB (263 Isolates)						CRAB (258 Isolates)						CoR-AB (43 Isolates)					
	Alone			In Combination			Alone			In Combination			Alone			In Combination		
	MIC Range (mg/L)	MIC _{50/90} (mg/L)	%S	MIC Range (mg/L)	MIC _{50/90} (mg/L)	%S	MIC Range (mg/L)	MIC _{50/90} (mg/L)	%S	MIC Range (mg/L)	MIC _{50/90} (mg/L)	%S	MIC Range (mg/L)	MIC _{50/90} (mg/L)	%S	MIC Range (mg/L)	MIC _{50/90} (mg/L)	%S
colistin	0.5–16	2/4	86.7	0.06–8	0.5/1	99.6	0.5–16	2/4	87.2	0.06–8	0.5/1	99.6	4–16	8/8	0	0.05–8	1/2	95.4
sitafloxacin	0.02–8	1/2	96.6	0.01–4	0.5/1	99.2	0.02–8	1/2	96.5	0.01–4	0.5/1	99.2	0.02–8	0.5/1	95.4	0.02–2	0.25/1	100

MDR-AB, multidrug-resistant *Acinetobacter baumannii*; CRAB, carbapenem-resistant *Acinetobacter baumannii*; CoR-AB, colistin-resistant *Acinetobacter baumannii*; MIC_{50/90}, the minimum inhibitory concentration at which 50% and 90% of the isolates are inhibited; mg/L, milligrams per liter; %S, percentage susceptibility; MIC, minimal inhibitory concentration; MIC_{50/90}, the minimum inhibitory concentration of the 50th and 90th percentiles.

Pharmacokinetics and Penetration of Sitafloxacin into Alveolar Epithelial Lining Fluid in Critically Ill Thai Patients with Pneumonia

Taniya Palboonvong,* Wichit Nosoongnoen,* Korbtham Sathirakul,* Viratch Tangsujaritvijit,* Jaipak Kaemapairoj,* Pramote Tragulpiankit,* Preecha Montakantikul*

PHARMACOLOGY

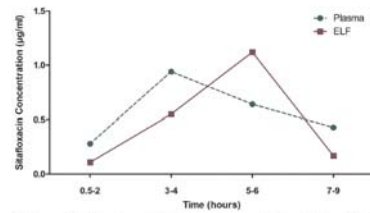


FIG 1 The median of sitafloxacin concentration-time profiles in plasma and ELF after a single dose of 200 mg during 0.5 to 2, 3 to 4, 5 to 6, and 7 to 9 h.

TABLE 3 Concentrations of sitafloxacin in plasma and epithelial lining fluid

Time (h)	Concentration [mean \pm SD (median) μ g/ml]			ELF to plasma ratio [mean \pm SD (median)]	
	Total plasma	Unbound plasma	ELF	Total	Unbound
0.5–2	0.60 \pm 0.46 (0.43)	0.39 \pm 0.28 (0.28)	0.19 \pm 0.20 (0.11)	0.30 \pm 0.20 (0.37)	0.45 \pm 0.28 (0.59)
3–4	1.37 \pm 0.51 (1.56)	0.81 \pm 0.34 (0.94)	0.48 \pm 0.29 (0.55)	0.32 \pm 0.11 (0.35)	0.54 \pm 0.17 (0.59)
5–6	1.99 \pm 2.34 (1.01)	1.32 \pm 1.58 (0.64)	1.07 \pm 0.93 (1.12)	0.63 \pm 0.42 (0.42)	0.98 \pm 0.66 (0.63)
7–9	0.85 \pm 0.77 (0.67)	0.55 \pm 0.49 (0.43)	0.61 \pm 0.77 (0.17)	0.67 \pm 0.38 (0.89)	1.02 \pm 0.58 (1.33)

Antimicrobial Agents and Chemotherapy 2019;63(10):e00800-19.

Case 2

- ผู้ป่วยชายไทย อายุ 82 ปี น้ำหนัก 55 kg ส่วนสูง 170 cm **Admit** 25/04/2563, **Consult ID** 25/04/2563
- CC: ไข้ ซึมลง
- PI: ไข้ ซึมลง บัสสาวะมีตะกอน หลัง D/C 3 วัน
- PMH: U/D DLBCL CD20⁺
 - Last admit** 25/3/2563 – 22/4/2563 มาด้วย prolong fever: 1st diagnosis DLBCL CD20⁺ Treatment: CHOP regimen cycle 1 (17/4/2563) then dexamethasone 4 mg iv q 6 h (10 -22/4/2563), fever unknown origin Empiric ATB: meropenem 1 g iv q 8 h (24/3 – 8/4/63)
- Current medication: prednisolone (5) 3x2 pc (22/4 – now), cyclophosphamide (50) 1x1 pc (22/4-now)

Case 2

- PE: v/s T 39 HR 80 BP 100/70 RR 22 O₂SAT 95 (room air)
 - HEENT, Heart, Abd, lung: normal
 - Neuro: E3V3M5, motor power grade 4 all
- CXR: no new infiltration
- Lab:
 - CBC: WBC 100, PNM 0%, Hb 8, Hct 26, plt 140000
 - Electrolyte: Na 138, K 3.3, CL 100, HCO₃ 18
 - Scr 0.72, BUN 14, AST 45, ALT 50, ALP 100, TB 0.4, DB 0.3, ID 0.1
 - H/Cx2: pending
 - U/A: WBC 2-3, RBC 3-5
 - U/C: pending
- Dx: fever with UTI in immunocompromised host

Case 2

- Empirical Treatment:**
 - Meropenem 2 g + nss 100 ml drip in 1 h then 1 g + Nss 100 ml drip in 1 h q 8 h
 - Continue: prednisolone 15 mg/d
- 27/4/2563
 - H/C (25/4)
 - ขวดที่ 1: at 14 h 8 min: gram negative bacilli
 - ขวดที่ 2 at 11 h 51 min: gram negative bacilli
 - U/C (25/4): *Klebsiella pneumoniae*

ATB	MIC	SIR
Amikacin	<=8	S
Ampicillin/sulbactam	>16	R
Ampicillin	>16	R
Cefepime	>16	R
Ceftazidime	>16	R
Ceftriaxone	>4	R
Ciprofloxacin	>2	R
Ertapenem	>1	R
Gentamicin	<=2	S
Imipenem	>8	R
Meropenem	>16	R
Piperacillin/tazobactam	>64	R
Cotrimoxazole	>4	R
Ceftazidime/avibactam	>8	R
Colistin	<=1	I

Dx: *Klebsiella pneumoniae* (CRE) UTI with GNB bacteremia in immunocompromised host

28/4/2563

• H/C (25/4)

- ไข้ 1: at 14 h 8 min: *Klebsiella pneumoniae* (CRE)
- ไข้ 2 at 11 h 51 min: *Klebsiella pneumoniae* (CRE)

ATB	MIC	SIR
Amikacin	>32	R
Ampicillin/sulbactam	>16	R
Ampicillin	>16	R
Cefepime	>16	R
Ceftazidime	>16	R
Ceftriaxone	>4	R
Ciprofloxacin	>2	R
Ertapenem	>1	R
Gentamicin	<=2	S
Imipenem	>8	R
Meropenem	>16	R
Piperacillin/tazobactam	>64	R
Cotrimoxazole	>4	R
Ceftazidime/avibactam	>8	R
Colistin	<=1	I
Tigecycline	= 4	ไม่มีมาตรฐาน CLSI ใน
Fosfomycin	48	การแปลผล

ATB	MIC	SIR
Amikacin	>32	R
Ampicillin/sulbactam	>16	R
Ampicillin	>16	R
Cefepime	>16	R
Ceftazidime	>16	R
Ceftriaxone	>4	R
Ciprofloxacin	>2	R
Ertapenem	>1	R
Gentamicin	<=2	S
Imipenem	>8	R
Meropenem	>16	R
Piperacillin/tazobactam	>64	R
Cotrimoxazole	>4	R
Ceftazidime/avibactam	>8	R
Colistin	<=1	I
Tigecycline	= 4	ไม่มีมาตรฐาน CLSI ใน
Fosfomycin	48	การแปลผล

Treatment

- **Off:** meropenem
- **Add** colistin 300 mg in nss 100 ml drip in 30 min then 150 mg in nss 100 ml drip in 30 min q 12 h
- **Add** fosfomycin 6 g in D5W 200 ml drip in 4 h q 8 h
- **Continue:** prednisolone 15 mg/d
- Crcl = 61.54 mL/min

Dosage regimens of colistin for CRE

- Empirically predict the right dosage regimen for the whole population and specific dosage regimen for each MIC



Article

Pharmacokinetic/Pharmacodynamic (PK/PD) Simulation for Dosage Optimization of Colistin Against Carbapenem-Resistant *Klebsiella pneumoniae* and Carbapenem-Resistant *Escherichia coli*

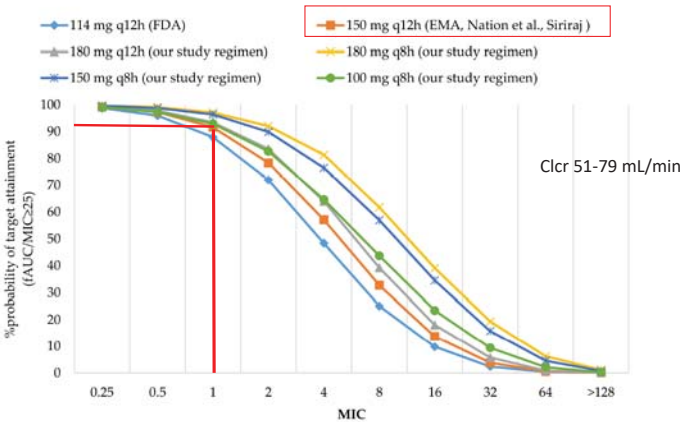
Kamonchanok Jitree ¹, Korbtham Sathirakul ¹, Jantana Houngsaitong ¹, Orarik Asuphon ²,
Weerayuth Saelim ³, Visanu Thamlikitkul ^{4,*} and Preecha Montakantikul ^{5,*}

Jitree K. Antibiotics **2019**, *8*, 125; doi:10.3390/antibiotics8030125

MIC Distribution of CRE at Siriraj Hospital

Table 4. Minimum inhibitory concentrations (MICs) distribution of colistin.

MIC (mcg/mL)	0.25	0.5	1	2	4	8	16	32	64	>128	MIC ₅₀ (mcg/mL)	MIC ₉₀ (mcg/mL)
All isolates (n = 116)	3	55	19	14	4	5	10	4	1	1	1	16
<i>n</i> ₅₀	2.58	47.41	16.38	12.07	3.45	4.31	8.6	3.45	0.86	0.86	CoRO = 21.53%	
Colistin-Susceptible Isolates (MIC ≤ 2 mcg/mL)												
<i>K. pneumoniae</i> (n = 74)	3	40	18	13	-	-	-	-	-	-	0.5	2
<i>E. coli</i> (n = 17)	-	15	1	1	-	-	-	-	-	-	0.5	0.5
Colistin-Resistant Isolates (MIC > 2 mcg/mL)												
<i>K. pneumoniae</i> (n = 22)	-	-	-	-	3	4	10	3	1	1	16	32
<i>E. coli</i> (n = 3)	-	-	-	-	1	1	-	1	-	-	8	32



(B)

Jitaree K. Antibiotics 2019, 8, 125; doi:10.3390/antibiotics8030125

Jitaree K. Antibiotics 2019, 8, 125; doi:10.3390/antibiotics8030125

Colistin Dosage Regimens

Table 5. The recommended dose based on the ability to achieve PTA target at various MICs.

Creatinine Clearance (mL/min)	MIC 0.5 mcg/mL Daily Dose (CBA)	MIC 2 mcg/mL Daily Dose (CBA)	MIC 8 mcg/mL Daily Dose (CBA)
≥80	150 mg every 12 h (EMA, FDA)	Not recommended	Not recommended
51–79	114 mg every 12 h (FDA)	180 mg every 8 h (our study)	Not recommended
30–50	150 mg every 24 h (FDA)	150 mg every 12 h (our study)	Not recommended
11–29	60 mg every 24 h (FDA)	150 mg every 12 h (our study)	150 mg every 8 h (our study)
≤10	60 mg every 24 h (FDA)	120 mg every 24 h (EMA)	180 mg every 12 h (our study)

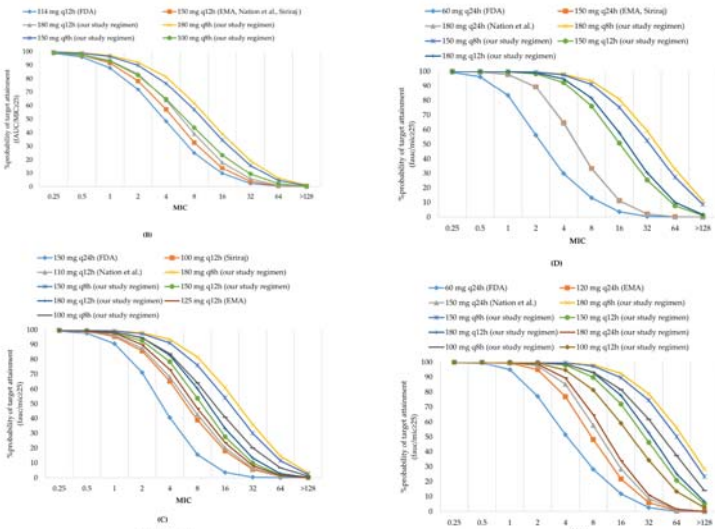


Figure 1. Cont.

Jitaree K. Antibiotics 2019, 8, 125; doi:10.3390/antibiotics8030125

Jitaree K. Antibiotics 2019, 8, 125; doi:10.3390/antibiotics8030125

Fosfomycin

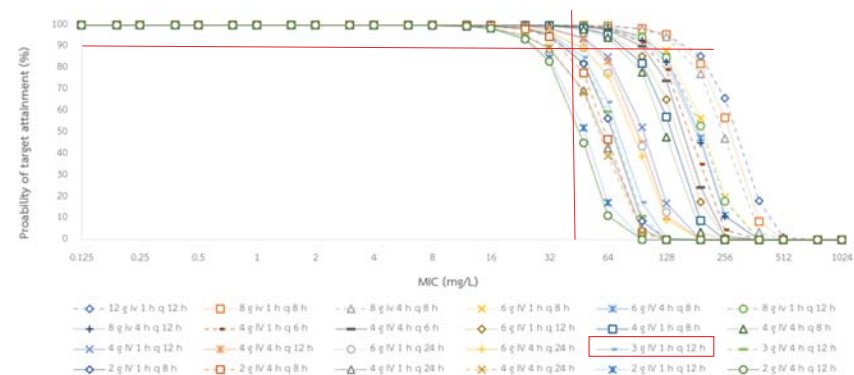
- Empirical dosage regimen and specific dosage regimen for each MIC
- MIC distribution: CRE from King Chulalongkorn Memorial Hospital 2016-2018.



Article Evaluation of Intravenous Fosfomycin Disodium Dosing Regimens in Critically Ill Patients for Treatment of Carbapenem-Resistant Enterobacterales Infections Using Monte Carlo Simulation

Panee Leelawattanachai ^{1,2}, Thitima Wattanavijitkul ³, Taniya Paiboonvong ⁴, Rongpong Plongla ^{5,6}, Tanitha Chatsuan ^{6,7}, Sang Usayaporn ³, Wichit Nosoongnoen ¹ and Preecha Montakantikul ^{1,*}

Antibiotics 2020, 9, 615; doi:10.3390/antibiotics9090615



ภาพที่ 12 ร้อยละของ PTA ของยาฟอสโฟไมซิน โดไซด์ในผู้ป่วยที่มีค่า CLCr 60 มิลลิกรัมต่อนาที และน้ำหนัก 50 กิโลกรัม ที่ค่าเป้าหมายทางเภสัชจลนศาสตร์และเภสัชพลศาสตร์คือ AUC/MIC ≥ 21.5

Antibiotics 2020, 9, 615; doi:10.3390/antibiotics9090615

Fosfomycin

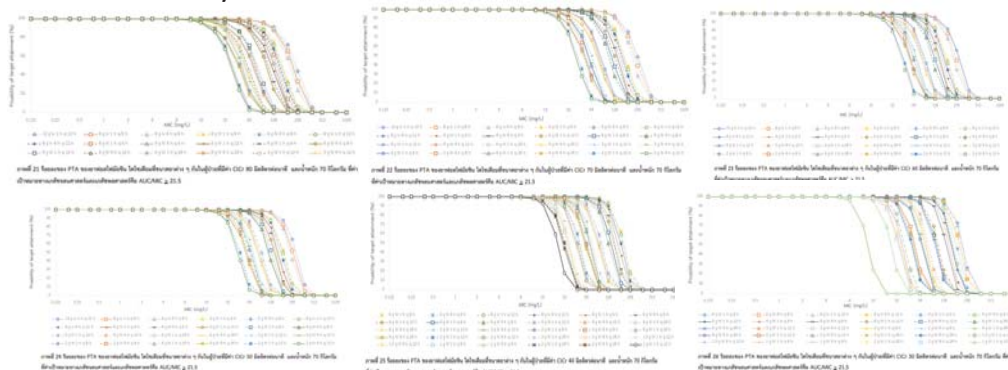


Table 2. Daily dosing suggestions for intravenous fosfomycin disodium to treat carbapenem-resistant Enterobacterales infections, according to CLSI and EUCAST breakpoints.

CLCr (mL/min) ^a	Daily Doses Suggestion		Dosage Adjustments
	CLSI Breakpoints ^b	EUCAST Breakpoints ^c	
≥ 80	16 g per day (in 2 or 4 divided doses) (1 h or 4 h infusion)	8 g per day (in 2 divided doses) (1 h or 4 h infusion)	Initial dosage
50 to <80	12 g per day (in 2 to 3 divided doses) (1 h or 4 h infusion)	6 g per day (in 1 to 3 divided doses) (1 h or 4 h infusion)	Reduce maintenance dosage by 25%
30 to <50	8 g per day (in 2 divided doses) (1 h or 4 h infusion)	4 g per day (in 1 to 2 divided doses) (1 h or 4 h infusion)	Reduce maintenance dosage by 50%
15 to <30	6 g per day (in 1 to 2 divided doses) (1 h or 4 h infusion)	3 g per day (in 1 to 2 divided doses) (1 h or 4 h infusion)	Reduce maintenance dosage by 62.5%
<15	4 g per day (in 1 divided doses) (1 h infusion)	2 g per day (in 1 divided doses) (1 h infusion)	Reduce maintenance dosage by 75%

^a Creatinine clearance (CLCr) estimated by Cockcroft-Gault Equation. ^b Clinical and Laboratory Standards Institute (CLSI) breakpoints (MICs ≤ 64 mg/L) to treat urinary tract infection caused by carbapenem-resistant *Escherichia coli*. ^c European Committee on Antimicrobial Susceptibility Testing (EUCAST) breakpoints (MICs ≤ 32 mg/L) to treat carbapenem-resistant Enterobacterales infection.

Antibiotics 2020, 9, 615; doi:10.3390/antibiotics9090615

Antibiotics 2020, 9, 615; doi:10.3390/antibiotics9090615

Conclusion

- PKPD is a useful tool to help predict the appropriate dosage regimens for MDR to enhance efficacy and reduce side effects